

E-PULSE

Newsletter of St. Mark, Ocean Park

OCTOBER 22, 2023

Readings for Sunday, October 29, Feast Of Dedication

Genesis 28:10-17; Psalm 84; Revelation 21:1-4, 22-22:5; Matthew 21:12-16

Flowers for the Altar are given today with gratitude by Janet Scott “in loving memory of her husband, Ian Scott.”



!SOUPER SUNDAY IS HERE!

If you have pre-ordered soup, please pick it up this Sunday.
All the funds raised will go to the Community Outreach Ministry.

Looking Ahead for Your Calendar:

- 1) **Tuesday, October 24** – Meeting of Parish Council at 7pm
- 2) **Wednesday, October 25** - 10am Mid-Week celebration of Holy Communion
- 3) **Wednesday, October 25** – Sitar Recital in the Sanctuary early afternoon
- 4) **Wednesday, October 25** – 7:30pm Choir Practice
- 5) **Thursday, October 26** – 10:30am – Memorial for Jack Blachford at Victory Memorial Funeral Centre at 14831 28 Ave, Surrey (**not** at St. Mark Ocean Park)
- 6) **Thursday, October 26**– 1pm Pain Management Group meet in the Family Room
- 7) **Friday, October 27** – Hall is rented to the Hospital Auxiliary until 4pm
- 8) **Friday, October 27** - 7pm Senior Youth Group
- 9) **Saturday, October 28** – 9am - Celebration of Life – Doris MacKellar
- 10) **Sunday, October 29** - Dedication Sunday
- 11) **Saturday, November 11** – See Attached Poster From Our Own Denny O’Donovan re: Remembrance Day Concert in the Sanctuary at 2pm on Nov. 11th

A Lunch Basket for Hungry Children is given today by Joy Prior: “The eyes of your



understanding enlightened: that ye may know what is the hope of his calling, and what the richest of the glory of his inheritance in the saints and what is the exceeding greatness of his power to usward, who believe, according to the working of his mighty power (Ephesians 1:23) which is his body, the fulness of him that filleth all in all.

– *Ephesians 1:18-19 KJV Bible,*

Youth and Children Ministries: We have our next Messy Church on Saturday November 4th at 4pm to 6pm, in the Church Hall. It is open to all families to please come and enjoy a time of fellowship, lesson, and supper together.

Please reach out to Sarah Autio if you are able to volunteer OR help with set up and clean up OR kitchen duties needed ymautio@gmail.com

Youth groups continue to gather weekly (Fridays): Jr Youth 4-5:30pm and Senior Youth 7-9pm (in the Youth Room).

Footprints to Faith & Sr Youth Program Sundays during the 10am Service:

If you find that you are feeling called to volunteer on Sunday morning with the “Footprints to Faith” program, please speak with Sarah after the 10am Service, and she will be happy to walk you through the process.

MISSION TO SEAFARERS

The time has come to collect for the Seafarers. The items needed are socks (must have some wool in them), warm work gloves, toques and snug fitting cowls.

Also needed are stocking stuffers such as toiletries (toothpaste, toothbrush, razors, shaving cream, face cream, lotion etc.) and small soft toys.

Candy is also appreciated; maybe you have leftover Halloween candy that you don't want to eat. To help pass the time; things like magazines; any sports magazines, or others like National Geographic, Canadian Geographic, and any representing B.C. and Canada, also new puzzles, (used puzzles, if you are sure that all pieces are in the box), or decks of cards. Display for the collection of items will be out from October 15 to

November 19. For further information on the Mission to Seafarers go to www.flyingangel.ca/about

Thank you in advance for your support of this very valuable project.

SPECIAL EVENT! – St Marks Savvy Seniors invite you to a *SITAR RECITAL – Sharanjeet Singh Mand, Sitar Virtuoso, and his students.* All are Welcome. Admission by donation. WHEN? Wed. Oct. 25 at 1pm to 2:30pm, in the St. Mark's Sanctuary. Please contact Sue Indridson (sinder@shaw.ca) with any queries.



Library News – Once again we have a lot of books that are **Missing in Action.**

They seem to leap off the shelves and forget how to get back so I need your help in rounding them up and getting them home to their shelves. As a reminder, books can be taken out for 3 weeks, and DVD's for 2 weeks. They can also be renewed if you don't get them finished in that amount of time, just let us know you need more time. Please be sure to sign them out if you are in the library during the week when there is no Librarian, Name and phone number on the card. It is the only way that we know the book is being used and if to our knowledge it has not left the shelf in 5 years it will be culled and replaced with a newer or more popular book. Look on the bulletin board in the Library for these delinquent books, some have been out for a year or more and some were not signed out but were not on the shelf when asked for. Please look on your shelves, desks, coffee tables, night tables, under the beds, in the car, anywhere that a book might hide.

Thanks for your help. -- Charlie Bookworm and the Librarians

Have You Seen . . .

Out Live Your Life by Max Lucado

The Unfinished Gift by Dan Walsh

Cleaning Up Your Mental Mess by Caroline Leaf

Shades of Light by Sharon Garlough Brown

So Long Insecurity by Beth Moore

Resilient by John Eldredge

The Mountain Between Us by Charles Martin

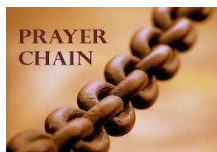
The Call of the Wrens by Jenni Walsh

Would you like to donate to 'The Lunch Basket for Hungry Children?' This provides for lunches to 8 single mothers and 14 children. Please help support these families by choosing a 2023 date on the notice board in the church hall to support these families and have a dedication in the weekly Pulse. The suggested donation of \$75 can be made by e-transfer, at the Donation Station, or by dropping off a cheque in the mailbox at the church office. email or phone Darlene W. or Barb G. with your dedication.

AED INQUIRY

We would like to compile a list of our parishioners who have experience and are qualified to use an **AED -- Automated External Defibrillator**. Please email Warden Isabel at isabelchernoff@telus.net if you do. If you would like to take part in a learning session of how to use this life-saving device, please reply with that information and we will consider hosting a class.

Prayer Chain: The Coordinator for the prayer chain is Lynne Hurd at lynneh1@telus.net or you may phone at 604.542.2772.



AND... Sunday Intercessions – Do you have a request to be included in the Sunday Intercessions? If so, please contact the Office at 604.535.8841 OR Michael Klaver at Tel:778.386.1973 or Email: klaverfamily@shaw.ca

The flower chart is in need of people to donate flowers, we have some spots for October, but November and December are open. Your donation of flowers brightens up the church for services. Flowers are enjoyed by people who are sick, housebound or celebrating a milestone. You can sign up on the chart in the hall, or by phoning, or emailing me: Kathryn: 778-549-0858 hkmasmith@shaw.ca

We Live Stream our Sunday Worship



To access our 10 am Sunday online service broadcast go to our Church's website: <http://stmarkbc.org> On the homepage, you may click on the service picture below: or click on the box "St Mark Online Worship Services". To

watch previous services go to <https://tinyurl.com/St-Mark-Online-Video-Channel>

St Mark's Family, Youth and Children's Time Video Ministry - To access our new weekly



online Family, Youth and Children's Time Video go to our Church's website: <http://stmarkbc.org> On the homepage, you may click on the video picture below, or click on the box "St Mark's Children, Youth and Families Service". To watch previous videos go to <https://tinyurl.com/St-Mark-Online-Video-Channel>

+++++ Prayer Corner October 22, 2023 +++++

These prayers are the prayers of my heart based on the scripture passages noted and my life experience. I offer them to you. Pray them as they are or amend them to make them true to your heart, mind and experience. May we be one IN CHRIST AS WE PRAY.

PRAYER of all PRAISE (based on Psalm 99)

I am in awe of you, God of Abraham and David, great kings of kings.
You are incomparably wonderful, powerful, just and wise.
I am in awe of you, God of Moses and Samuel, our God who listens and acts.
You avenge wrongdoing.
You forgive the repentant.
You heal, redeem and reconcile.
I am in awe of you, God of the Parish of St Mark Ocean Park.
You have made yourself known to us.
You have given us a call and an identity IN CHRIST, our Lord, Saviour and Great High Priest.

What immense blessing! What immense mystery!

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PRAYER of CONFESSION and INTERCESSION (based on Matthew 22)

You see into the hearts and minds of all people. You know our motives and our ways. You give an invitation to life in your kingdom of peace, freedom, and abundant life to all.

I grieve for those who are so distracted by the world that they do not value your gracious and generous invitation. I lament over those whose idolatry keeps them from clothing themselves in love – in Christ. I have fear and anger and sorrow because of the violence, hatred, and harm that results. Keep me from the sin these emotions can tempt me to.

(pause to reflect)

As Moses prayed for the Israelites, I pray for... (name the individuals, groups, and nations the Holy Spirit lays on your heart and mind).

Though it is more comfortable for me to see the sins of distraction and idolatry in others, I acknowledge that I am not without fault. Enlighten me and help me to believe and truly repent. (pause to reflect)

Thank you for your patience with humanity. May we all come to know you in all your splendour, may we all come to know how deep, wide, high and long is the love of Jesus.

May we all come to abide in Him and in Your Kingdom.

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PRAYER for TRANSFORMATION (based on Thessalonians 4)

Jesus said, "I came that they may have life, and have it abundantly." – John 10
"Abide in me as I abide in you." – John 15

Paul wrote to the church at Philippi instructing them on how to abide IN CHRIST, so I pray ...

With great GRATITUDE: thank you Jesus for the gift of the Holy Spirit that is the well of joy deep within me and –

- Reminds me that you are near
- Guides me in the way of kindness and gentleness
- Teaches me to turn my worry into prayer
- Encourages me by shining light on what is honourable, true, just, excellent and praiseworthy.

With great HOPE:

I desire to grow in faith and surrender to the Holy Spirit that I may more fully abide in you, Jesus, and receive your gift of abundant life, and inspire others on The Way.
Help me.

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THE LANGLEY FIRST CAPITAL CHORUS PRESENTS
It's Been a Long, Long Time

A REMEMBRANCE DAY MUSICAL TRIBUTE

WITH SPECIAL GUESTS
THE LANGLEY UKULELE ENSEMBLE

THURSDAY, NOVEMBER 9, 2023 7PM

WILLOUGHBY CHRISTIAN REFORMED CHURCH

20525 72ND AVE LANGLEY, BC

TICKETS AVAILABLE ON EVENTBRITE -

[HTTPS://BIT.LY/FCCNOV9](https://bit.ly/fccnov9)

OR BY SCANNING THIS QR CODE



SATURDAY, NOVEMBER 11, 2023 2PM

ST. MARK'S ANGLICAN CHURCH

12953 20 AVE, SURREY, BC

TICKETS AVAILABLE ON EVENTBRITE -

[HTTPS://BIT.LY/FCCNOV11](https://bit.ly/fccnov11)

OR BY SCANNING THIS QR CODE



PAPER TICKETS ARE AVAILABLE FOR PURCHASE AT
PELICAN ROUGE CAFE

15142 NORTH BLUFF RD, WHITE ROCK, BC

COMPLIMENTARY ADMISSION FOR VETERANS AND PEACEKEEPERS