

**E-PULSE**  
**Newsletter of St. Mark, Ocean Park**  

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**AUGUST 13, 2023**

**Save the Date:** We are pleased to announce and host at St Mark's the Induction Service for our new Rector, the Reverend David Taylor, on Monday, September 25th, at 7pm. Details to follow later.

**A note from your Wardens:** As you may or may not know, the tenant has moved out of the Rectory. We need to get started on clean up, repair etc and so are having a work party on Saturday starting at 9 am. Everyone is invited to help. There will be jobs to suit all skill levels!! cleaning, ripping out carpet, moving trash, prepping for painting and lots more jobs. Please consider coming to help if you can. Lunch will be provided.

**Prayer Corner August 13, 2023**

**For Personal Contemplation**

This week we read the Gospel story (**Matthew 14:22-33**) of Jesus walking on stormy waters toward the disciples who were in a boat far out at sea. Peter boldly jumps out of the boat to walk toward Jesus, but loses his nerve when he takes his eyes off Jesus and looks at the storm.

*Where in your life do you have your eyes on the storm rather than on Christ?*

As he begins to sink, Peter cries out for help. Jesus takes Peter's hand and together the two of them make their way to the boat and climb in. Then the wind died down.

*Have you asked for help in your storm? Will you ask for help?*

*How might Jesus be extending a hand of help to you?*

*Will you grab hold of it?*

Witnessing this brought confessions of faith from the disciples.

We can be a catalyst for faith by sharing stories of life with God with others.

### **Romans 10:11-13 (NIV)**

As Scripture says, “Anyone who believes in him (Jesus) will never be put to shame.” For there is no difference between Jew and Gentile—the same Lord is Lord of all and richly blesses all who call on him, for, “Everyone who calls on the name of the Lord will be saved.”

### **Romans 10:14-17 (excerpts from The Message)**

But how can people call for help if they don’t know who to trust? And how can they know who to trust if they haven’t heard of the One who can be trusted? And how can they hear if nobody tells them?  
.... unless Christ’s Word is preached, there’s nothing to listen to.

### **Psalm 105:1-4 (NIV)**

Give praise to the Lord, proclaim his name; make known among the nations what he has done.  
Sing to him, sing praise to him; tell of all his wonderful acts.

*As you sit in the presence of The Trinity are any stories of the healing – protecting – saving – loving hand of God coming to mind?  
Spend a few minutes praising God.*

### **Suggested Prayer**

Miracle working God thank you for all you have done for me. Open doors for me to share specific stories of faith with others that they would come to know you better and their trust in you would grow. Give me discernment to know who to share with and what to share that my words would be a blessing to them and bring honour to you.

### **Suggested Communal Prayer**

Thank you, God Our Father and Our Saviour, for our church. Thank you that your Word is preached and lived out here. Forgive us for the times we do not do this well. Help us to see where we need to repent and guide us along the path of new life.

Bless Rev. David Taylor and his family as they prepare to make the transition to us from St. Dunstan, Aldergrove. Bless us in our preparations to welcome them. Bless the people of St. Dunstan in the new season they will be entering.

## **Readings for Sunday, August 20 – Twelfth Sunday after Pentecost**

Genesis 45:1-15, Psalm 133, Romans 11L1-2a, 29-32, Matthew 15:21-28

**A Lunch Basket for Hungry Children** is provided this week by Gertrude Kashemeire to the Glory of God.

**Flowers for the Altar** are provided this week by Isabel and Charles Powell to the Glory of God and in celebration and restoration of our daughter Janet's health.

**Savvy Seniors Update** – We meet August 16 from 1pm to 3:30pm in the Church Hall for games, scintillating conversation and refreshments. All Seniors are welcome. Upcoming dates are: and August 30<sup>th</sup> and September 13.

## **Looking Ahead for Your Calendar:**

- 1) **Wednesday, August 2** - 10am Mid-Week celebration of Holy Communion
- 2) **SAVE THE DATE!** Saturday, August 19, 11:30am-1:30pm bring your friends and family come and join the St Mark's parish family out at Fun Fun park for a ***picnic!*** Bring your own lunch, a folding chair if you wish and join us for a relaxing time once more before we head into the Autumn. We will have games and activities for all to enjoy! Please RSVP to [yministryrsvp@gmail.com](mailto:yministryrsvp@gmail.com) if you are planning to attend. I look forward to welcoming you all!! Sarah Autio
- 3) **SAVE THE DATE** - **Saturday, Sept. 16** 5:30pm St. Mark's Men's Club 32nd Annual Salmon Bar BQ.

**Prayer Chain** The Coordinator for the prayer chain is Lynne Hurd at [lynneh1@telus.net](mailto:lynneh1@telus.net) or you may phone at 604.542.2772.



**AND... Sunday Intercessions** – Do you have a request to be included in the Sunday Intercessions? If so, please contact the Office at 604.535.8841 OR Michael Klaver at Tel:778.386.1973 or Email:[klaverfamily@shaw.ca](mailto:klaverfamily@shaw.ca)

**St Mark's Family, Youth and Children's Time Video Ministry** - To access our new weekly



online Family, Youth and Children's Time Video go to our Church's website: <http://stmarkbc.org> On the homepage, you may click on the video picture below, or click on the box "St Mark's Children, Youth and Families Service". To watch previous videos go to

<https://tinyurl.com/St-Mark-Online-Video-Channel>

## **We Live Stream our Sunday Worship**



To access our 10 am Sunday online service broadcast go to our Church's website: <http://stmarkbc.org> On the homepage, you may click on the service picture below: or click on the box "St Mark Online Worship Services". To watch previous services go to <https://tinyurl.com/St-Mark-Online-Video-Channel>

**Would you like to donate to 'The Lunch Basket for Hungry Children?'** This provides for lunches to 9 single mothers and 16 children. Please help support these families by choosing a 2023 date on the notice board in the church hall to support these families and have a dedication in the weekly Pulse. The suggested donation of \$70 can be made by e-transfer, at the Donation Station, or by dropping off a cheque in the mailbox at the church office. email or phone Darlene W. or Barb G. with your dedication.