

E-Pulse: Newsletter of St. Mark, Ocean Park for Jan 15, 2023

The Prayer Corner

Confession: *"Blessed are you who give yourselves over to God"*
(Psalm 40:4)

Oh God, how difficult it is to truly give ourselves over to you! You have taught us that all things come from you and are created for your glory. You have shown us that you are good, loving, powerful, faithful and trustworthy. YET - We are tempted to put ourselves at the centre of our lives. We are tempted to take our security from things apart from you. We are tempted to try to control the future. We are distracted by so much that is easier to see; so much that seems pressing to do. We are heartily sorry for our self-centred, foolish and wandering ways. Thank you for being patient with us and forgiving of us. Help us persevere through our failings to grow in Christ-like surrender that we may receive the fullness of your blessing!



Praise and Gratitude: *"I'm setting you up as a light for the nations so that my salvation becomes global!"* (Isaiah 49:6)

Your gracious plan for global salvation, through your chosen beloved son, Jesus the Christ, makes our hearts sing with joy and praise! What a mystery that you choose us as vessels for your plan! Thank you for Jesus who covers us with His righteousness. Thank you for the gift of The Holy Spirit to be our guide. May The Holy Spirit flow mightily in us individually and as a community. May St. Mark Ocean Park be filled to overflowing!

Petition: *"We've found the Messiah (that is "Christ"). He immediately led him to Jesus."* (John 1:41)

We desire that all would have the blessing of life with you. SO - We lift to you, those who are living apart from the vine that is Christ. Where we have an active part to play in their knowing Jesus, help us to hear your call and be obedient to it.

Parish Life Announcements

Readings for next Sunday, January 22

Isaiah 9:1-4, Psalm 27:1, 4-9,
1 Corinthians 1:10-18, Matthew 4:12-23

Flowers for the Altar – A grateful acknowledgement



-On Sunday January 1 the flowers were provided by Janet Cormode to the glory of God in memory of Alex.”

-On Sunday January 8 the flowers were provided by Margot McDermott to the glory of God and in memory of her brother Ted and cousin Judy.

The Lunch Basket For Hungry Children is given this week by Simon and Sheila Johnston, to the glory of God and in thanksgiving for all His blessings bestowed upon us.

Ministry Reports for the 2022 Annual Report Thank you to the four Ministry Leaders who have kindly submitted their 2022 Reports. The deadline for submission of 2022 Ministry Reports to office@stmarkbc.org is Monday, January 16th.

SAVVY Seniors Get Together with chat, and a variety of games that include cribbage, scrabble, bridge and rummicube. in the Parish Hall. The next gathering is this **Wed. January 18** from 1pm-3:30pm. Contact: Sue Indridson, email: sinder@shaw.ca or phone



604-531-4931

The Ladies Guild will meet next on January 24 at 2 pm in the family room (a week later than usual). We welcome old and new members to our first meeting of 2023!"

Would You Like to make a Donation for our Sunday Flowers We



encourage people to donate to have flowers on the Altar. The Altar Guild is willing to purchase the flowers and have them arranged. Please contact Kathryn Smith: 604-560-1455 or e-mail hkmasmith@shaw.ca

A dedication may be made in memory or thanksgiving.

St Mark's Family, Youth and Children's Time

Do Subscribe to our youtube channel



https://www.youtube.com/channel/UCLHs8LO-SfLI0_i0FX3hJNg
or follow the link from our webpage. <http://stmarkbc.org/>

We Live Stream our Sunday Worship

To access the online Service go to our Church's website:

www.stmarkbc.org On the homepage, click on the service's video, where it says: "St Mark Online Worship Services". To watch or listen to older services, go into the YouTube archives through our Parish website www.stmarkbc.org and click on "St Mark Online Worship Services". Alternatively you can use these links:

[tinyurl.com/St-Mark-Online-Video Channel](http://tinyurl.com/St-Mark-Online-Video-Channel)

OR https://www.youtube.com/channel/UCLHs8LO-SfLI0_i0FX3hJNg