



St. Mark – Ocean Park Anglican Church

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E-PULSE **NEWSLETTER OF** **ST. MARK OCEAN PARK** **MARCH 6, 2022**

Pathways to Reconciliation - The topic will be Lynda Gray's book "First Nations 101 – tons of stuff you need to know about First Nations people". This Saturday March 5 - 1:30pm to 4:30pm in the Parish Hall at St. Mark's. This event is free of charge. If you missed the registration, email mhussen@gmail.com to see if there is space.

COFFEE HOUR will resume Sunday March 6. Please stay after church if you are able, for coffee or tea and a cookie. I am happy to announce that **Lynne Brownridge** has agreed to take over the duties of coordinating Coffee Hour after the 10am service on Sundays. Lynne and I have agreed to keep the schedule as published until April and she will be contacting everyone before it is completed. If you would like to join a team please contact Lynne. It has been my privilege to serve you as coordinator of this ministry for the past 6 years and I'm confident you will give Lynne your loyal support going forward. Thanks everyone. – Isabel Chernoff

MEN'S CLUB IS BACK - Tue. March 15 with beef stroganoff, Pie Guy's pies and some tasty appetizers. Guest speaker: John Finley who will tell us about his work keeping the railways running. We start at 6pm with a Happy Hour. Upcoming meetings will be on Tue. April 12 with guest musician Kerry O'Donovan and Tue. May 10 with guest speaker Massimo Savino. Let's have fellowship again with the wonderful men of St. Mark's!!

SAVVY SENIORS resume meeting th Wednesday, March 16 from 1-3:30pm with a Celtic party - real Celtic fiddle entertainment, quizzes, socializing and refreshments! Please register by this Wednesday March 9 so we can cater appropriately and to ensure your place as numbers are limited to 40 in order to have safe distancing. All must provide proof of vaccination and wear masks except when seated with food and drink. Cost of entry is by donation. Our regular Savvy Senior Get together will resume with chat, bridge and Rummicube in the church hall Wednesday March 30 from 1-3:30pm and continue alternate Wednesdays thereafter. Contact: Sue Indridson sinder@shaw.ca 604-531-4931

THE LUNCH BASKET FOR HUNGRY CHILDREN – is provided by Chris and Leslie Ann Hebb to the Glory of God out of gratitude for Jesus – our bread of life – and with thanksgiving for our healthy children and grandchildren. This comes with our prayers for all children in the world who live with hunger each day.

FOOTPRINTS TO FAITH - We will be gathering in the outside chapel rain or shine so please dress appropriately. We plan to have a canopy tent in place. look forward to seeing you again. PLUS: we are in search of a used laptop with adequate processing speed to be kept on site for use by the Parish Council recording secretary. PC or Mac OS are acceptable.

READINGS FOR NEXT SUNDAY – March 13 – Genesis 15:1-12, 17-18. Psalm 27, Philipians 3:17-4:1, Luke 13:31-35

PURDY'S FOR EASTER – 41550

St. Mark's Ladies Guild invites you to participate in our Purdy's Chocolates Fundraiser for Easter 2022. It's easy – just follow the instructions below to sign onto the Purdy's website to make your selections, pay online and we will deliver the products to you.

1. Sign in or create a new supporter account by visiting fundraising.purdys.com
2. If you're creating a new account, please enter our number – **41550** – on the registration page.
3. If you're signing into an account, you previously created, enter our number – **41550** – into the search bar that will come up after you've signed in.
4. Click on JOIN CAMPAIGNmore information on other side

Paper catalogues are available in the Narthex along with order forms. The two contacts for questions or order submission are:

isabelchernoff@telus.net 604-531-6828 or lindaodee@hotmail.com 604-536-7983

IMPORTANT DATES:

NEXT SUNDAY - March 13 – Last day to submit orders for 2022

Sunday, March 27 – Delivery at St. Mark's or by arrangement

Thanks everyone for your support.

UPCOMING WORSHIP SERVICES

Monday March 7	8am Morning Prayer
Wednesday March 9	10am Eucharist
Sunday, March 13	8am Eucharist
Sunday, March 13	10am Eucharist

- Hand sanitizing and social distancing are encouraged.
- The BC Provincial Health Officer has mandated that masks be worn in all public indoor spaces.
- Anyone attending our liturgies (worship services) to show proof of vaccination (double vaccinated).

WE CONTINUE TO...

- LIVE STREAM our Sunday Worship.
- To access the online Service go to our Church's website: www.stmarkbc.org On the homepage that opens, click on the service's video, or where it says: "St Mark Online Worship Services".
- If you would like to watch or listen to some of our older services you may go into the YouTube archives through our Parish website www.stmarkbc.org and click on "St Mark Online Worship Services". Alternatively you can use these links: tinyurl.com/St-Mark-Online-Video-Channel OR https://www.youtube.com/channel/UCLHs8LO-SfLI0_iOFX3hJNg

St Mark's Family, Youth and Children's Time

- March 6: Luke 4: 1-13 - In today's lesson we learn how Jesus was tempted and see how Naomi and Ruth can be tempted too.
- March 13: Luke 13:31-35 - In this lesson we learn why Jesus referred to himself as a mother hen as we see how Pokey the Hen handles her active chicks.
- March 20: Luke 13: 1-9 - Jesus tells of the Fig Tree and the fruits of the spirit. We learn along with Naomi and Ruth when they meet Jesus in the market.
- March 27: Luke 15:11-32 - We hear the parable of the Prodigal Son and we learn that we all need God's Forgiveness.

Subscribe to our youtube channel https://www.youtube.com/channel/UCLHs8LO-SfLI0_iOFX3hJNg or follow the link from our webpage. <http://stmarkbc.org/>

PRAYER CHAIN – The Coordinator for the prayer chain is Lynne Hurd. You may reach her at 604.542.2772 or by email at lynneh1@telus.net

WANT TO BE INCLUDED IN SUNDAY INTERCESSIONS? If so please contact the Office at 604.535.8841 OR call or email Michael Klaver: 604.541.9598 klaverfamily@shaw.ca

PWRDF is supporting Ukrainians forced to flee their homes due to the Russian invasion.

A grant of \$20,000 has been issued to an ACT Alliance appeal funding the work of ACT member Hungarian Interchurch Aid (HIA). The war began on February 24. On February 27, HIA set up a 24-hour refugee support point on the Hungarian side of the border at Beregsurány, where the line of refugees trying to cross into Hungary is kilometres long, says an ACT communiqué. There is also support from local volunteers, such as a nearby Serbian bakery that is providing fresh bread, made with flour donated from Hungary.

How you can help

To make a donation to this response go to pwrdf.org/give-today and click on Response in Ukraine. You may also donate by phone at 416-822-9083 or leave a voicemail toll-free at 1-866-308-7973 and we will return your call, or mail your cheque to PWRDF, 80 Hayden, 3rd floor, Toronto, Ontario, M4Y 3G2. Please mark **Ukraine** in the memo field.

Lenten Study Schedule

Book: Forgiveness: A Lenten Study by Marjorie J. Thompson

Wednesday Schedule: All sessions begin after Holy Communion at 10am, location TBA:

Please read the book before coming to session on the respective days:

WEDNESDAYS

March 9: Chapter 2: "Self-Examination: Prelude to Forgiveness"

March 16: Chapter 3: "Honesty: Engaging the Inner Struggle"

March 23: Chapter 4: Repentance: Getting a New Mind

March 30: Chapter 5: Forgiving: Embracing Freedom

April 6: Chapter 6: Beginning Again: Reconciliation and Restoration

MONDAYS

All sessions begin in the Family Room at 7pm

and we will conclude with Compline.

Please read the book before coming to session on the respective days:

March 7: Chapter 1: "Beginnings: A Kinship Appeal"

March 14: Chapter 2: Self-Examination: Prelude to Forgiveness"

March 21: Chapter 3: "Honesty: Engaging the Inner Struggle"

March 28: Chapter 4: Repentance: Getting a New Mind

April 4: Chapter 5: Forgiving: Embracing Freedom

April 11: Chapter 6: Beginning Again: Reconciliation and Restoration

THE LUNCH BASKET FOR HUNGRY CHILDREN provides funding for lunches to five single Mothers and nine children. Please help support these families by choosing a 2022 date (see chart below) to support these families and have a dedication in the weekly Pulse. Email or phone Darlene W. or Barb G. with your dedication. The suggested donation of \$60 can be made by e-transfer, the Donation Station, or by dropping off a cheque in the mailbox at the church office.

March 13	Jef and Shannon Poulsen
March 20	
March 27	Marsha Klinger

THANK YOU TO THOSE WHO HAVE MADE DONATIONS FOR OUR FLOWERS

Due to the Season of Lent there will be no flowers for the month of March or the first two Sundays in April. However, if you would like to look ahead and have flowers on the Altar in late April OR the month of May, please see the chart below. If you would like to offer flowers for the sanctuary for the dates listed, in Memory of a Loved One, in Thanksgiving for a birthday or Anniversary, we would very much appreciate it. The Altar Guild is willing to purchase the flowers and have them arranged. Please contact Kathryn Smith at 604-560-1455 or e-mail hkmasmith@shaw.ca

No Flowers in Lent – Lent Begins Sun. March 6	
April 17	Brenda Horner
April 24	Maggie Ferguson
May 1	Kathryn Smith
May 8	Percy Smith
May 15	Bea Ross
May 22	Jef and Shannon Poulsen
May 29	

