



St. Mark – Ocean Park Anglican Church

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E-PULSE **NEWSLETTER OF** **ST. MARK OCEAN PARK** **MARCH 13, 2022**

During Lent – the doors of the church Sanctuary are open Monday through Thursday, from 8am to 12noon, to facilitate a quiet space for prayer.

Sacred Grounds – On-Line Coffee Hour – 11:30pm this Sunday, March 13

Register in advance through the website before 11am Sunday.

After registering you will receive a confirmation email containing information about joining the ZOOM Sacred Grounds Coffee Hour. If you have registered once, you are already registered for this coffee hour.

COFFEE HOUR resumed last week. Please stay after the 8am or 10am service if you are able, for coffee or tea and a cookie. If you arrive early for the 10am service you are also welcome to join the 8am gathering.

Pat Miles is coordinating the 8am coffee hour, and I am happy to announce that **Lynne Brownridge** has agreed to take over the duties of coordinating Coffee Hour after the 10am service. The schedule will remain as distributed and both Pat and Lynne will be happy to hear from you if you would like to join this ministry. They will be contacting everyone who has helped in the past, before the next schedule is published. It has been my privilege to serve as coordinator of 10am Coffee hour ministry for the past six years, and I'm confident you will give Lynne your loyal support going forward. Thanks everyone.

- Isabel Chernoff



Library News

Yes, we are open again! Come in and browse a little. Take out one of the “new” books that have been waiting all through Covid to get into circulation. Check around your house in case there are any books hiding in your bookcase from pre-Covid times. There are quite a few missing in action.

Here are a couple of books that might be of interest:

Reading Behind Bars by **Jill Grunewald** gives us glimpse into the life of a prison Librarian. She has to quickly adapt to metal detectors, hulking security guards and colourful inmates. This funny, fascinating, and often moving book gives you a fresh perspective on why libraries are crucial in society today.

The Sky Above Us by **Sarah Sundin** will take you back to the 1940s. Violet Lindstrom is working for the Red Cross arranging entertainment for the 357th Fighter Group and setting up programs for the local children. Lt. Adler Paxton, an ace pilot in the 357th has noticed Violet. With excellent historical research.

Looking for a movie for family night? Try **The Impossible Elephant**. Daniel has the adventure of a lifetime while trying to free an Elephant he found in his backyard from the zoo where it was sent. This movie reminds us that some friendships are unexpected, magic is real and nothing is impossible.

MEN'S CLUB IS BACK - Tue. March 15 with beef stroganoff, Pie Guy's pies and some tasty appetizers. **Guest speaker: John Finley** who will tell us about his work keeping the railways running. We start at 6pm with a Happy Hour. Upcoming meetings will be on Tue. April 12 with guest musician Kerry O'Donovan and Tue. May 10 with guest speaker Massimo Savino. Let's have fellowship again with the wonderful men of St. Mark's!!

SAVVY SENIORS resume meeting this Wednesday, March 16 from 1pm-3:30pm with a Celtic party - real Celtic fiddle entertainment, quizzes, socializing and refreshments! Numbers are limited to 40 in order to have safe distancing. All must provide proof of vaccination and wear masks except when seated with food and drink. Cost of entry is by donation. Our regular Savvy Senior Get together will resume with chat, bridge and Rummicube in the church hall Wednesday March 30 from 1pm-3:30pm and continue alternate Wednesdays thereafter. Contact: Sue Indridson sinder@shaw.ca 604-531-4931

THE LUNCH BASKET FOR HUNGRY CHILDREN - is provided this week by Jef and Shannon Poulsen to the Glory of God and in thanksgiving for the joyous lives of all our families February birthdays.

READINGS FOR NEXT SUNDAY - March 20- Isaiah 55:1-9, Psalm 63:1-8, 1 Corinthians 10:1-13, and Luke 13:1-9

Today is the last day for paper Purdy's orders - If you forgot yours, please speak to Isabel Chernoff (604-531-6828) to arrange something OR complete your order online until Tuesday March 15.

PURDY'S FOR EASTER - 41550 - St. Mark's Ladies Guild invites you to participate in our Purdy's Chocolates Fundraiser for Easter 2022.

It's easy - just follow the instructions below to sign onto the Purdy's website to make your selections, pay online and we will deliver the products to you.

1. Sign in or create a new supporter account by visiting fundraising.purdys.com
2. If you're creating a new account, please enter our number - **41550** - on the registration page.
3. If you're signing into an account, you previously created, enter our number - **41550** - into the search bar that will come up after you've signed in.
4. Click on JOIN CAMPAIGN

Paper catalogues are available in the Narthex along with order forms. The two contacts for questions or order submission are: isabelchernoff@telus.net 604-531-6828 or lindaodee@hotmail.com 604-536-7983

IMPORTANT DATE:

Sunday, March 27 - Delivery at St. Mark's or by arrangement

Thanks everyone for your support.

UPCOMING WORSHIP SERVICES

Monday March 14	8am Morning Prayer
Wednesday March 16	10am Eucharist
Sunday, March 20	8am Eucharist
Sunday, March 20	10am Eucharist

- Hand sanitizing and social distancing are encouraged.
- The BC Provincial Health Officer has mandated that masks be worn in all public indoor spaces.
- Anyone attending our liturgies (worship services) to show proof of vaccination (double vaccinated).

St Mark's Family, Youth and Children's Time

Subscribe to our youtube channel https://www.youtube.com/channel/UCLHs8LO-SfLI0_iOFX3hJNg or follow the link from our webpage. <http://stmarkbc.org/>

PRAYER CHAIN – The Coordinator for the prayer chain is Lynne Hurd. You may reach her at 604.542.2772 or by email at lynneh1@telus.net

WANT TO BE INCLUDED IN SUNDAY INTERCESSIONS? If so please contact the Office at 604.535.8841 OR call or email Michael Klaver: 604.541.9598 klaverfamily@shaw.ca

WE CONTINUE TO...

- LIVE STREAM our Sunday Worship.
- To access the online Service go to our Church's website: www.stmarkbc.org On the homepage that opens, click on the service's video, or where it says: "St Mark Online Worship Services".
- If you would like to watch or listen to some of our older services you may go into the YouTube archives through our Parish website www.stmarkbc.org and click on "St Mark Online Worship Services". Alternatively you can use these links: tinyurl.com/St-Mark-Online-Video-Channel OR https://www.youtube.com/channel/UCLHs8LO-SfLI0_i0FX3hJNg

PWRDF is supporting Ukrainians forced to flee their homes due to the Russian invasion.

How you can help: To make a donation to this response go to pwrdf.org/give-today and click on Response in Ukraine. You may also donate by phone at 416-822-9083 or leave a voicemail toll-free at 1-866-308-7973 and your call will be returned, or mail your cheque to PWRDF, 80 Hayden, 3rd floor, Toronto, Ontario, M4Y 3G2. Please mark **Ukraine** in the memo field.

Lenten Study Schedule

Book: Forgiveness: A Lenten Study by Marjorie J. Thompson

Wednesday Schedule: All sessions begin after Holy Communion at 10am.

Please read the book before coming to session on the respective days:

WEDNESDAYS

March 16: Chapter 3: "Honesty: Engaging the Inner Struggle"

March 23: Chapter 4: Repentance: Getting a New Mind

March 30: Chapter 5: Forgiving: Embracing Freedom

April 6: Chapter 6: Beginning Again: Reconciliation and Restoration

MONDAY Evenings

All sessions begin in the Family Room at 7pm and we will conclude with Compline.

Please read the book before coming to session on the respective days:

March 14: Chapter 2: Self-Examination: Prelude to Forgiveness"

March 21: Chapter 3: "Honesty: Engaging the Inner Struggle"

March 28: Chapter 4: Repentance: Getting a New Mind

April 4: Chapter 5: Forgiving: Embracing Freedom

April 11: Chapter 6: Beginning Again: Reconciliation and Restoration



Tuesday Morning Creation Care Work Parties are back!

9:00am - 12:00noon

Come and join us as you are able! Come when you can, stay as long as you are able and join in the conversation, fresh air and exercise as we work to fulfil our Baptismal covenant and care for the 3+ acres of the property at St. Marks.

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There is always a task your "size" and you decide according to your ability as we "Strive to safeguard the integrity of creation & sustain & renew the life of the earth."
Your time & energy is your gift.
No expectation, rather an invitation to come along!

Contact: Anne Schreck 604 -536 - 0072 anne_schreck@shaw.ca
or at the Creation Care Table in the Hall (South Wall)

THE LUNCH BASKET FOR HUNGRY CHILDREN provides funding for lunches to five single Mothers and nine children. Please help support these families by choosing a 2022 date (see chart below) to support these families and have a dedication in the weekly Pulse. The suggested donation of \$60 can be made by e-transfer, the Donation Station, or by dropping off a cheque in the mailbox at the church office.

- email or phone Darlene W. or Barb G. with your dedication.

March 20	Sue Indridson
March 27	Marsha Klinger
April 3	
April 10	
April 17	
April 24	



THANK YOU TO THOSE WHO HAVE MADE DONATIONS FOR OUR FLOWERS

Due to the Season of Lent there will be no flowers for the month of March or the first two Sundays in April. However, if you would like to look ahead and have flowers on the Altar in late April OR the month of May, please see the chart below. If you would like to offer flowers for the sanctuary for the dates listed, in Memory of a Loved One, in Thanksgiving for a birthday or Anniversary, we would very much appreciate it. The Altar Guild is willing to purchase the flowers and have them arranged. Please contact Kathryn Smith at 604-560-1455 or e-mail hkmasmith@shaw.ca

No Flowers in Lent	
April 17	Brenda Horner
April 24	Maggie Ferguson
May 1	Kathryn Smith
May 8	Percy Smith
May 15	Bea Ross
May 22	Jef and Shannon Poulsen
May 29	