



St. Mark – Ocean Park Anglican Church

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E-PULSE NEWSLETTER OF ST. MARK OCEAN PARK **OCTOBER 10, 2021**

UPCOMING WORSHIP SERVICES

Hand sanitizing and social distancing are encouraged.

Mask Mandate

The BC Provincial Health Officer has mandated that masks be worn in all public indoor spaces. The Parish of St Mark – Ocean Park requires that masks be worn inside our facilities. Thank you for your cooperation.

- Sunday, October 17 – 8am BCP Holy Communion & 10am BAS Holy Communion

St. Mark's Online - the First Few Months video:

April 5, 2020 was our first pre-recorded online service. The way we do things was changed. The support from the Parishioners of St. Mark's is the only reason we were able to overcome many challenges and get a service online. At times our services were hard to hear or see but over time we edged our way towards something that made us proud. We invited people into our homes and lives, nothing fancy or fake, just the family taking risks filming themselves and sharing with the community. If you would like to take a look back at our online beginnings you can find a video on our youtube site with a link from our website.

Please note the following information – there is no 10am Eucharist Service on Wednesday October 13.

THANK YOU to all who contributed through the "First Fruits Garden Project" to UNICEF'S # **GiveAVax Campaign** to raise \$8.300,000 **to be matched by the Canadian Federal Government** to enable more than 3.4 million people to be fully vaccinated against Covid 19. These are frontline healthcare workers who might otherwise have waited years to receive life-saving protection from a pandemic that is far from over. This Federal Matching campaign has ended but the **The Vaccine Equity Fund** through **PWRDF** continues.

OFFICE HOURS NEXT WEEK:

- Oct. 11 Monday – Office Closed for Thanksgiving Monday
- Oct. 12 Tuesday – 9am to 12noon
- Oct. 13 Wednesday – 9am to 12noon
- Oct. 14 Thursday – 9am to 12noon
- Oct. 15 Friday – Office Closed

THE LUNCH BASKET FOR HUNGRY CHILDREN – is provided this week by Barb and Jamie Grantham to the Glory of God in Thanksgiving and gratitude for the gift of family and friends.

REVEREND BILLY'S EMAIL is: stmarks.op.rector@gmail.com

People wishing to meet with Rev. Billy are directed to this email to make an appointment to see him. Those with no access to email can call the Church Office to make an appointment: 604.535.8841

READINGS FOR NEXT SUNDAY'S SERVICES – October 17 – The Feast of St. Luke The Evangelist
Son of Sirach (Wisdom) 38:1-4, 6-10, 12-14, Psalm 147:1-7, 2 Timothy 4:5-13, Luke 4:14-21

FLOWERS FOR THE ALTAR - are given today by Hilda Smith to the Glory of God and in Loving Memory of her husband Les and son Derrick.

Flowers are also given today by Lyn Reynolds and are “dedicated to the memory of our wonderful brother, husband, father, grandad, and uncle Alan”.

WANT TO BE INCLUDED IN SUNDAY INTERCESSIONS? If so please contact the Office at 604.535.8841 OR call or email Michael Klaver: 604.541.9598 klaverfamily@shaw.ca

PRAYER CHAIN – The Coordinator for the prayer chain for the months of September, October and November will be Maggie Ferguson who maybe reached at 604-538- 6160 or via email at maggieferguson@telus.net. Please convey your requests to Maggie for inclusion on the prayer chain for two weeks or longer if you have updates.

PARISH LIFE – If you are a child who wants to be Confirmed, or are an adult who wants to be Affirmed, please contact Reverend Billy: stmarks.op.rector@gmail.com



TURN TRASH INTO \$Cash\$ - keep it out of the landfill!

As part of our Baptismal Covenant "To strive to safeguard the integrity of creation and sustain and renew the life of the earth"; St. Mark's will hold a **Metal Recycling Event Saturday November 20**

9am to 11am = drop off and sorting behind the Church

11am to 12noon = load and transfer to Depot

Accepted items: all metal (please no large appliances nor heavy machinery)
all electrical cord (yes, strings of Christmas/patio lights)
metal lawn chairs etc.

Full Details later, or, email Anne Schreck anne_schreck@shaw.ca

WE CONTINUE TO...

- LIVE STREAMING our Sunday Worship.
- **To access the online Service:** Log onto the Church's website: www.stmarkbc.org Go to the page that opens, click on where it says: "St. Mark Ocean Park Online Sunday Worship Services" alternatively you can use this link:
tinyurl.com/St-Mark-Online-Video-Channel
OR
<https://www.youtube.com/watch?v=W8dCqYrh-8E>
- If you would like to watch or listen to **some of our older Services** you may go into the archives of your YouTube services through our Parish website at: www.stmarkbc.org

A QUICK LOOK AHEAD Please e-mail the Church Office or brian.walks@gmail.com and we will add your event to the list of events. Double check with the Office to make sure the date and time that you want is available.

Tues. Oct. 12 2pm	ACW Meeting
Tue. Oct. 12 6 pm	Men's Club dinner meeting: guest speaker: Robert Gilchrist.
Tues. Oct. 19 2pm	Ladies Guild
Wed. Oct 20 1pm	Savvy Seniors
Fri. Oct. 22 7pm	Movie Night for Youth (to be confirmed)
Tue. Oct. 26 7 pm	Parish Council
Fri. Oct. 29 6:30pm	Movie Night for Children & Families (to be confirmed)
Wed. Nov. 3 1pm	Savvy Seniors
Thurs. Nov. 4 7:30pm	Adult Confirmation Class
Sat. Nov. 6 7:30pm	All Souls & All Saints Memorial Service
Tues. Nov. 9 2pm	ACW meeting
Tues. Nov. 9 6pm	Men's Club meeting: guest speaker Rev. Billy Isenor
Fri. Nov. 12 7pm	Youth Confirmation Class
Sat. Nov. 13 10am	Coffee With Clergy
Tues. Nov. 16 2pm	Ladies Guild meeting
Wed. Nov. 17 1pm	Savvy Seniors
Sat. Nov. 20 9am	drop off metal
Sat. Nov. 20 11am	load metal and take to Depot
Thu. Nov. 25 9:30	Set up Holly Berry Fair
Sat. Nov. 27 11 am-2pm	Holly Berry Fair
Wed. Dec. 1 1pm	Savvy Seniors
Fri. Dec. 3	YPOS Joy to the World--A Christmas Concert
Sat. Dec. 4	Decorate Christmas trees in the Hall
Thurs. Dec. 9 7:30pm	Adult Confirmation Class
Fri. Dec. 10 7pm	Youth Confirmation Class
Sat. Dec. 11 5:30 pm	Men's Club Christmas dinner by invitation.
Wed. Dec. 15 1pm	Savvy Seniors

THE LUNCH BASKET FOR HUNGRY CHILDREN provides funding for lunches to five single Mothers and nine children. Please help support these families by choosing a 2021 date (see chart below) to support these families and have a dedication in the weekly E Pulse. Email or phone Darlene W. or Barb G. with your dedication. The suggested donation of \$60 can be made by e-transfer, the Donation Station, or by dropping off a cheque in the mailbox at the church office.

October 17	Jack and Pauline Blachford
October 24	Elli Mitchell
October 31	Darlene and Gary Wiegand

November 7	Michael Weller
November 14	Margaret and Lorne Appleton
November 21	
November 28	

Thank you to those who have made donations for our flowers.

Below are charts for October, November and December. If you would like to offer flowers for the sanctuary those months, in Memory of a Loved One, in Thanksgiving for a birthday or Anniversary we would very much appreciate it. The Altar Guild is willing to purchase the flowers and have them arranged.

Please contact Kathryn Smith at 604-560-1455 or e-mail hkmasmith@shaw.ca

October 17	Barbara and Charles Carington Smith
October 24	Janet Scott
October 31	

November 7	
November 14	Margaret Appleton
November 21	
November 28	

December 5	
December 12	Margaret Appleton
December 19	
December 24	
December 25	
December 26	

TOPS at St. Mark's

This letter was submitted to the PULSE by Lynn Pritchette, Leader of the TOPS Chapter that meets Friday mornings at in the Family Room at St. Marks:

We have resumed in-person chapter meetings of our nonprofit weight-loss support group (TOPS). After staying "safe at home" members are re-committing to continuing their healthy journeys and they invite people who have struggled with their weight to join them at a meeting.

Weekly TOPS chapter meetings are held at St. Mark's, on Fridays at 9:45am (weigh in) and 10:30am (meeting) in the Family Room.

Founded more than 73 years ago the Take Off Pounds Sensibly (TOPS) Club offers an individual approach to weight loss and overall wellness, with thousands of chapters in North America. Members learn about nutrition, portion control, meal planning, exercise and more at weekly meetings. Consistent group support, health education and recognition are all key components to successful weight management.

Our weekly meetings are the heart of TOPS support. Visitors to our TOPS chapter are welcome to attend their first meeting free of charge. Membership is affordable at \$48/year, plus a small monthly fee.

If you are interested in joining us, please contact me, Lynn by email: TOPSBC5071@gmail.com