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# E-PULSE NEWSLETTER OF ST. MARK OCEAN PARK FEBRUARY 7. 2021

Reverend Philippa Segrave-Pride's email address is: philippastmarks@gmail.com

Sadly, due to the Provincial Health Order, our <u>worship continues to be Online only.</u>
We are LIVE STREAMING our Sunday Worship

Please join us on the Parish website or Facebook page at 10am on Sunday.

### ALSO...

we have a <u>Family, Youth and Children Time</u>
each Sunday that is generally posted to Facebook and
the Website on Saturday.

Visits to the church are possible, **but we please ask that you make an appointment** (604.535.8841) so we can keep a record of who is in the building at any time. Should you wish to visit the church in order to pray privately you are welcome to do so, but please call ahead to let the Office know of your plans.

### To access the online Service:

- onto the Church's website: www.stmarkbc.org
- on the page that opens, click on where it says: "St. Mark Ocean Park Online Sunday Worship Services"

### **ASH WEDNESDAY** 17<sup>th</sup> February 7.30pm.

We will Live Stream our Service. Ashes will be available at the church for collection from 10<sup>th</sup> February if you wish to join in at home.

WANT TO BE INCLUDED IN SUNDAY INTERCESSIONS? If so please contact the Office at 604.535.8841 OR call or email Michael Klaver: 604.541.9598 klaverfamily@shaw.ca

<u>THE LUNCH BASKET FOR HUNGRY CHILDREN</u> – is provided this week by Peter and Catherine Featherstone to the Glory of God and in thankfulness for everyone who provides loving care to those struggling during this pandemic.

<u>FLOWERS FOR THE ALTAR</u> – are given today by Janet Scott and Pat Aiken in loving memory of Wendy Aiken.

<u>MEN'S CLUB</u> - the monthly meeting will take place on Tuesday, Feb. 9 at 7pm on ZOOM. Men's Club meetings will continue on ZOOM on the 2<sup>nd</sup> Tuesday of the month until we can meet in person again.

<u>PRAYER CHAIN</u> – The Coordinator for the Prayer Chain is Lynne Hurd who can be reached at <u>lynneh1@telus.net</u> or at 604-542-2772. Please give your prayer requests and updates to Lynne who will forward them to the twenty men and women on the Prayer Chain to pray for your requests daily. Prayers are continued for two weeks or longer with updates as needed.

### **NEXT WEEK'S SERVICE**

Readings for February 14, Transfiguration of the Lord, are: 2 Kings 2:1-12, Psalm 50:1-6, 2 Corinthians 4:3-6, Mark 9:2-9

## ZOOM COFFEE TIME Sunday 14th February 11:15am

Following the morning service on the 14th we will host a virtual coffee hour on Zoom as a way of practice for the <u>vestry meeting</u> (Vestry will be on Sun. Feb. 21 at 11.30 via Zoom). If you are unfamiliar with how Zoom works, the 14<sup>th</sup> of Feb. this will be an opportunity to find out how it works!! If you would like to attend, please contact Sheila at the office and she can email you the invitation. The invitation will include a link for you to simply click and it should take you straight to where you need to be! A computer or tablet is the best way to view Zoom, a phone screen is very small!

<u>LENT IN A BAG</u> - Similar to what we did for Advent, we are putting together some Resources for Lent. The hope is they will be suitable for all ages. If you would like to receive a bag, please contact the Parish Office before Wed. 10<sup>th</sup> February.

<u>COLDEST NIGHT OF THE YEAR Sat. Feb. 20.</u> 2021 - I would like you to join the St. Mark's walkers for our 6th year of supporting the Coldest Night of the Year walk to support and serve people and families experiencing homelessness, hurt and hunger in South Surrey and White Rock. We are NOT gathering as a group this year. We are walking through our neighbourhoods for 2 or 5 km on Sat. Feb. 20 as we respect current health regulations about group activities and events. I am asking for your financial support and/or your participation in this annual event. Contact: Brian 604 538 3568 or register at

https://secure.e2rm.com/registrant/FundraisingPage.aspx?registrationID=4849188&langPref=en-CA

If your donation is \$20 or more, a separate email with your electronic tax receipt will be sent to you within 24 hours.

### PWRDF supporting food relief in Zimbabwe with Foodgrains Bank

In Zimbabwe, decreased rainfall, poor harvests, reduced opportunities to earn an income due to COVID-19 restrictions and high food prices are adding up to acute food insecurity in 35% of the population. In response, PWRDF is currently supporting an emergency food relief project, starting January 25 running through to the end of March. Log onto <a href="https://www.pwrdf.org">www.pwrdf.org</a>

### EMBRACE RWANDA INTERNATIONAL SOCIETY NEWS

Thank you, St Marks, for your ongoing financial support and prayers. The work of Embrace Rwanda has continued despite the challenges.

The fact that the Rwandan government locked down the country early on has meant low case numbers of COVID 19 (current total of cases January 11, 2021 = 9,630 and 120 deaths).

The downside of that lockdown was that the women in the program who rely on selling their products were banned from going to the market. No income meant no food! Very quickly there were food security issues to deal with. Thanks to a successful fund-raising campaign, Embrace Rwanda was able to send \$16,000 to provide emergency food. After the first month it was decided to give the women pigs and seeds so that they could grow food around their homes. This gave them an opportunity to work together at the grass roots level and they were more than motivated to plant and produce good crops collectively.



Not unexpectedly, we have seen a drop in donations throughout the year, but God has been faithful, and we have managed to fund all the operations for each quarter. One new strategy that we have is to transition into the funds being generated in Rwanda by developing more business opportunities there. This will require some capital funds to get them launched but will be the next step in having Embrace Rwanda be self-sufficient in the future. Having held a year end campaign to raise funds to expand our chicken centre we were blessed to receive over \$30,000. This will certainly give us a good start to 2021. Thank you, St Marks, for your ongoing financial support. We are most grateful for your prayers and support. www.embracerwanda.org

# FLOWERS for the ALTAR - Thank you to those who have made donations for our flowers.

We still have some gaps post-Lent. If you would like to offer flowers for the sanctuary in Memory of a Loved One, in Thanksgiving for a birthday or Anniversary we would very much appreciate it. The Altar Guild is willing to purchase the flowers and have them arranged. Please contact Kathryn Smith at 604-560-1455 or e-mail hkmasmith@shaw.ca

THE LUNCH BASKET FOR HUNGRY CHILDREN provides funding for lunches to five single Mothers and nine children. Please help support these families by choosing a 2021 date (see chart below) to support these families and have a dedication in the weekly E Pulse. email or phone Darlene W. or Barb G. with your dedication. The suggested donation of \$60 can be made by e-transfer, the Donation Station, or by dropping off a cheque in the mailbox at the church office.

February 2021		March 2021		April 2021	
		7	Betty-Ann and Ian Bainbridge	4	
14	Kathy Chambers	14	Pat Aiken and Janet Scott	11	
21	Pauline Blachford	21	Gary & Darlene Wiegand	18	
28	Bea Ross	28		25	