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# E-PULSE NEWSLETTER OF ST. MARK OCEAN PARK NOVEMBER 8. 2020

THE Office is closed on Wednesday, November 11.

<u>SAVVY SENIORS get togethers</u> on Wednesday November 25 and Wednesday December 9, weather and health rules permitting! Please register with Sue at <u>sinder@shaw.ca</u> or by phone-604-531-4931.

# **LIBRARY NEWS**

Having made a quiet life running a used bookstore, Robin wants nothing to do with the past so she is upset when Peter makes contact with her through the gift of a book. Throughout **The Words Between Us** by **Erin Bartels** we are shown that words, spoken, read, and written have more power than we know.



The 2021 Church Calendars are in, anybody wishing one please contact Kathryn Smith at 604-560-1455 or hkmasmith@shaw.ca.

The price this year is \$8.00 each.

<u>THE LUNCH BASKET</u> for Hungry Children is provided this week by Michael Weller to the Glory of God, in gratitude for God's many blessings and in memory of his wife Jean.

<u>FLOWERS FOR THE ALTAR</u> are given today by Janet Cormode in thanksgiving for all your blessings, Lord. Flowers are also given by Pat Wiemer in remembrance of Loved Ones.

<u>PRAYERS OF THE PEOPLE</u> – If you wish the Intercessor to include the name of a loved one in Sunday's prayers, please drop an email to the Office – Monday to Thursday – and the name will be forwarded to the Intercessor in time for Sunday's Service. <u>office@stmarkbc.org</u>

<u>PRAYER CHAIN</u> – The Coordinator for the Prayer Chain is Maggie Ferguson who can be reached at <u>maggieferguson@telus.net</u>, or by calling 604.538.6160. Please give your prayer requests and updates to Maggie who will forward them to the twenty men and women on the Prayer Chain to pray for your requests daily.

Reverend Philippa Segrave-Pride's email address is: <a href="philippastmarks@gmail.com">philippastmarks@gmail.com</a>
FLOWERS FOR THE ALTAR Anyone wishing to donate Flowers for the Sanctuary after please contact Kathryn of the Altar Guild at <a href="https://hkmasmith@shaw.ca">hkmasmith@shaw.ca</a> or phone the office at 604.535.8841 and leave a message.

<u>Next Sunday's Service</u> Holy Eucharist. The Psalm and Readings for November 15 are Zephaniah 1:7, 12-18, Psalm 90:1-8, 12, 1 Thessalonians 5:1-11, Matthew 25:14-30

ST, MARK'S LADIES GUILD is again offering Purdy's Chocolates for sale this Christmas season.

If you would like to support us by purchasing Christmas gifts for friends, family and yourself there are 2 ways to do so:

- 1. On paper by picking up a catalogue at St. Mark's, or calling and we will deliver one to you (604.531.6828 OR 604.536.7983)
- 2. Online by clicking on the link below: <a href="https://fundraising.purdys.com/932138-76979">https://fundraising.purdys.com/932138-76979</a>

This link takes you to Purdy's Chocolates, and to our account at Purdy's. You will need to create your own account by entering your email address then

- click on "JOIN CAMPAIGN"
- register with your information then again click "JOIN A CAMPAIGN"
- from the Dashboard line click on "SHOP ONLINE"
- make your selections in the Marketplace
- you can modify your order by selecting "View Bag"
- complete your order by PROCEED TO CHECKOUT to enter billing information

Order deadline is <u>Sunday, November 15.</u> If you make a paper order, please drop it off at the church office or to a Ladies Guild Member, or call us (see numbers above or below) to pick it up from you.

PLEASE MAKE CHEQUE PAYABLE TO: St. Mark's Evening Guild

Orders will be available for pickup after Friday, December 4 and will be delivered to you if you wish.

Questions -- please call or email Isabel or Linda

isabelchernoff@telus.net 604-531-6828

lindaodee@hotmail.com 604-536-7983

#### MISSION TO SEAFARERS

The time has come to collect for the Seafarers. This year we have to remember that the pandemic has made these ships into isolation/quarantine sites. The Seafarers are not allowed off in any port. The items needed are socks (must have some wool in them), warm work gloves, toques and snug fitting cowls.

Also needed are stocking stuffers such as toiletries (toothpaste, toothbrush, razors, shaving cream, face cream, lotion, etc.) and small soft toys.

Candy is also appreciated; maybe you have left-over Hallowe'en candy that you don't want to eat.

To help pass the time: things like magazines, any sports magazines, or others such as the National Geographic, and any reading material representing B.C. and Canada; also new puzzles, or decks of cards.

Bins for these items will be out every day during office hours (Monday and Friday = 9am to 12noon; Tuesday & Wednesday & Thursday = 9am to 3pm), starting Monday Nov. 2 and continuing until Sunday Nov. 22. Also, on Saturday, Nov. 21, during the Food Bank Drive at St. Mark's, there will be an opportunity to donate items to the Seafarer's bins.

For further information on the Mission to Seafarers go to <a href="www.flyingangel.ca/about">www.flyingangel.ca/about</a> Thank you in advance for your support of this very valuable project.

#### REMEMBRANCE DAY

We gratefully remember all who served and the sacrifices that they made and those who paid the ultimate price. The poem below reflects some of the joys experienced by one nineteen year old, an American flying with the Royal Canadian Air Force – one of 'the few' defending the skies above England in 1941.

### **High Flight**

Oh, I have slipped the surly bonds of earth
And danced the skies on laughter-silvered wings;
Sunward I've climbed, and joined the tumbling mirth
Of sun-split clouds – and done a hundred things
You have not dreamed of – wheeled and soared and swung
High in the sunlit silence. Hovering there,
I've chased the shouting wind along, and flung
My eager craft through footless halls of air.
Up, up the long, delirious, burning blue
I've topped the windswept heights with easy grace
Where never lark, or even eagle flew
And, while with silent, lifting mind I've trod
The high untrespassed sanctity of space,
Put out my hand, and touched the face of God.



Pilot Officer John Magee was killed in flight a few months after writing this poem.

They shall grow not old, as we that are left grow old; age shall not weary them, nor the years condemn. At the going down of the sun and in the morning we will remember them

SOURCES FOOD BANK DROP OFF: St. Mark's is pleased to offer a Food Bank Drop Off on Sat. Nov. 21 from 10 am-1 pm in the front parking lot. With traditional fundraisers such as concerts and seasonal community events on hold the need is greater than last year. This is the chance to help out those who are struggling at this time. This will be a great opportunity to see our St. Mark's family. Please remember social distancing will be observed. Financial donations and donations of these "Healthy choices" will be accepted.

- \*\*canned protein, tuna, chicken, etc.
- \*\*rice
- \*\*milk powder
- \*\*peanut butter
- \*\*pastas
- \*\*oatmeal
- \*\*legumes (lentils, beans, etc)
- \*\*fresh fruit and vegetables
- \*\*100% fruit juice
- \*\*vegetable oil

<u>THE LUNCH BASKET FOR HUNGRY CHILDREN</u> provides funding for lunches to five single Mothers and nine children.

Please help support these families by choosing a 2021 date (see chart below) to support these families and have a dedication in the weekly E Pulse. email or phone Darlene W. or Barb G. with your dedication. The suggested donation of \$60 can be made by e-transfer, the Donation Station, or by dropping off a cheque in the mailbox at the church office.

January 2021		February 2021		March 2021		April 2021	
3		7		7		4	
10	Isabel Chernoff	14		14		11	
17		21		21		18	
24		28		28		25	
31							

## A QUICK LOOK AHEAD:

- Sat. Nov. 14 9-11am Metal Recycling
- Tues. Nov. 17 Ladies Guild
- Sat. Nov. 21 10 am-1 pm Sources Food Bank Drop off & Missions to Seafarers collection of socks, toques and candies for the Seafarers.
- Tues, Nov. 24 Parish Council
- Wed. Nov. 25 Savvy Seniors Get Together
- Sat. Nov. 28 10 am-1 pm Holly Berry Fair

# FINAL CREATION CARE SPONSORED METAL RECYCLING DRIVE

- Saturday, November 14
- Drop off behind the church 9am to 11am

If you are planning to help please let me know so that adequate vehicles and "many hands to make light work" can be assured.

<u>anne schreck@shaw.ca</u> 604.536.0072 604.818.0618

Thank you for your enthusiastic support of this last venture.

## We are open for in-person services at 10am, maximum 50 persons.

Please register each week through the <u>eventbrite</u> link posted on <u>www.stmarkbc.org</u> or call 604-535-8841 by Friday noon. The safety protocols we were required to put in place can be found on the Church's website.

The direct link of the complete document sent out from the Archbishop August 10, 2020:

https://files.constantcontact.com/a9c022f9001/c52647f3-285d-4f52-94eb-5e2382265dbd.pdf

#### To access the online Service:

- onto the Church's website: www.stmarkbc.org
- on the page that opens, click on where it says: "St. Mark Ocean Park Online Sunday Worship Services"