



## St. Mark – Ocean Park Anglican Church

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### **E-PULSE** NEWSLETTER OF ST. MARK OCEAN PARK **OCTOBER 4, 2020**

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**The Order of New Westminster Presentation** The Service for Investiture of the newest Order of the Diocese of New Westminster will take place on Sunday, November 1 at 12noon. More information to come soon.

**Reverend Philippa Segrave-Pride's email address** is: philippastmarks@gmail.com

**Parish Profile Update** We are happy to announce that our parish profile is in its final review process and will be submitted to the Diocese soon. When our Archdeacons and Bishop Melissa give it their stamp of approval it will officially be posted to the Diocese website as an advertisement for the position of permanent Rector for St. Mark's. The committee has been working very hard to get to this point. We appreciate how long this process seems to be taking, however we are months ahead of where other parishes have been at this stage. Continue to pray for this process and pray that the best applicant for our Church Rector will come to us soon.

**THE LUNCH BASKET** for Hungry Children this week is given by Betty-Ann and Ian Bainbridge to the Glory of God and with gratitude for all of God's blessings each and every day.

**Next Sunday's Service** Holy Eucharist. The Psalm and Readings for October 11 are as follows: Deuteronomy 8:7-18, Psalm 65, 2 Corinthians 9:6-15, Luke 17:11-19

#### **THANKSGIVING DECORATING**

Sunday October 11 is our Harvest Thanksgiving service - If you would like to donate produce for Harvest Thanksgiving, for the Altar Guild to decorate the Sanctuary, please put it in the basket/box provided outside the Narthex doors on Thursday Oct. 8 and Friday Oct. 9 for decorating on Saturday Oct. 10. After church donations will be given to Launching Pad.

**Flowers for the Altar** are given today by Brian and Barb Walks in thanksgiving for many years of God's presence in our marriage, celebrating our Anniversary October 5.

**PRAYER CHAIN** - The Coordinator for the Prayer Chain is Maggie Ferguson who can be reached at [maggieferguson@telus.net](mailto:maggieferguson@telus.net), or by calling 604.538.6160. Please give your prayer requests and updates to Maggie who will forward them to the twenty men and women on the Prayer Chain to pray for your requests daily.

**The Lunch Basket for Hungry Children** provides funding for lunches to five single Mothers and nine children. Please help support these families by choosing a date to support these families and have a dedication in the weekly E Pulse. E mail or phone Darlene W. or Barb G. with your dedication. The suggested donation of \$60 can be made by E-transfer, the Donation Station, or by dropping off a cheque in the mailbox at the church office.

October			November		December	
			<b>1</b>		<b>6</b>	Joyce McQuarrie
	<b>11</b>	Barbara Grantham	<b>8</b>		<b>13</b>	Arkle Family
	<b>18</b>	Higginson Family	<b>15</b>		<b>20</b>	
	<b>25</b>	Lynne Brownridge	<b>22</b>		<b>27</b>	
			<b>29</b>			

**LET'S TURN TRASH INTO CASH FOR THE LOVE OF GOD!.....METAL RECYCLING**

Let's take advantage of our last opportunity to clear out the garage, crawl space, junk drawers...send broken-down lawn furniture, the old BBQ, battered pots, pans and pails, hardware, chains picture frames, bed frames, costume jewellery, cutlery and kitchen utensils off to a good cause! **Creation Care** ... because God so loves the world SATURDAY, NOVEMBER 14, 2020 Last Metal Recycling Event

Drop-Off behind the Church from 9 to 11am Nov. 14 only (otherwise by appointment)

Sorting & Loading 9am to 12noon

Lighter work:

- Bring along a magnet to sort iron from non-iron
- Remove bulbs from strings of lights
- Flatten & consolidate bags/boxes
- Guide those arriving for drop off

Many Hands Make Light Work. Please join us: we need 3 pick-up trucks or 2 pick-ups and a van or a trailer. Please NO appliances (fridge/stove, etc.)

CONTACT = Anne Schreck 604.536.0072 OR [anne\\_schreck@shaw.ca](mailto:anne_schreck@shaw.ca)

**FLOWERS FOR THE ALTAR** Anyone wishing to donate Flowers for the Sanctuary after please contact Kathryn of the Altar Guild at [hkmasmith@shaw.ca](mailto:hkmasmith@shaw.ca) or phone the office at 604.535.8841 and leave a message.

Have you been missing your copy of **Forward Day-by-Day**? It is a short daily devotional based on the daily lectionary. Due to CoVid it is difficult to keep our system of distribution going. If you would like to receive it on-line go to: [www.ForwardMovement.org](http://www.ForwardMovement.org) or for a paper copy contact the Forward Movement, 412 Sycamore Street, Cincinnati Ohio, 45202-4195 or call 1-800-543-1813. For a 2 year subscription it costs \$26 + \$6 delivery, payable in USA or Cdn. Funds.

**We are open for in-person services at 10am,** maximum 50 persons.

Please register each week through the [eventbrite](https://www.eventbrite.com) link posted on [www.stmarkbc.org](http://www.stmarkbc.org) or call 604-535-8841 by Friday noon. The safety protocols we were required to put in place can be found on the Church's website.

### **The Celebration of Holy Eucharist**

To keep all healthy there are strict safety protocols.

The celebrant will be the only communion administrant so there is less chance of transmission. There are strict sanitizing procedures for the celebrant for their safety and for the congregation's safety.

Communion will be in one kind only for the congregation. Theologically it is considered that consuming in one kind is to have received both bread and wine. Bread will be in the form of wafers only (regular and gluten-free). Only the celebrant will consume wine.

Following the greeters' directions, those receiving communion should come forth one at a time from the center aisle, being careful to maintain physical distancing between themselves and all others as they come forward. Please remain standing. (You will see physical distancing reminders on the floor.) All coming forward must be masked.

After receiving a wafer, communicants should return to their seats as directed by directional signage and by the greeters, using the outside aisles, moving to the back of the sanctuary, before coming up the aisle back to their seat.

Once back in their seats, communicants should remove their mask, consume the wafer, and after consuming their wafer, put their mask back on.

Any who comes forth for a blessing should also be masked (unless the person is an infant who cannot be masked). Any blessing that the celebrant gives will not involve touching.

Anointing with oil is not permitted at this time.

The direct link of the complete document sent out from the Archbishop August 10, 2020:

<https://files.constantcontact.com/a9c022f9001/c52647f3-285d-4f52-94eb-5e2382265dbd.pdf>

#### **To access the online Service:**

- onto the Church's website: [www.stmarkbc.org](http://www.stmarkbc.org)
- on the page that opens, click on where it says: "St. Mark Ocean Park Online Sunday Worship Services".