



## St. Mark – Ocean Park Anglican Church

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### **E-PULSE** NEWSLETTER OF ST. MARK OCEAN PARK **NOVEMBER 1, 2020**

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#### **ODNW Service Update:**

If we can livestream the ODNW Service on Sunday (today – November 1) the Service/livestream starts at **12:30pm** (30 minutes later than the original start time of 12noon).

**THE WARDENS** are seeking contact information for EDITH SPANIER, to provide some important information to her.

#### **LIBRARY NEWS**



If you have read The Line Between and have been waiting for the next **Tosca Lee** it has arrived. “Fast-paced and taut, **A Single Light** is a breathless thriller of nonstop suspense about the risks of living in a world outside the safe confines of our closely held beliefs.”

For those who want a slower pace and have enjoyed the Sensible Shoes series **Sharon Garlough Brown’s** new book **Shades of Light** is the book for you. Wren Crawford, a social worker, is struggling with depression when she finds solace in art, spiritual formation and pastoral care. Readers are invited to move with Wren beyond pat answers and shallow theology and experience a new hope and presence.

#### **ST. MARK'S LADIES GUILD is again offering Purdy's Chocolates**

for sale this Christmas season.

If you would like to support us by purchasing Christmas gifts for friends, family and yourself there are 2 ways to do so:

1. On paper by picking up a catalogue at St. Mark's, or calling and we will deliver one to you (604.531.6828 OR 604.536.7983)
2. Online by clicking on the link below:  
<https://fundraising.purdys.com/932138-76979>

This link takes you to Purdy's Chocolates, and to our account at Purdy's. You will need to create your own account by entering your email address then

- click on "JOIN CAMPAIGN"
- register with your information then again click "JOIN A CAMPAIGN"
- from the Dashboard line click on "SHOP ONLINE"

- make your selections in the Marketplace
- you can modify your order by selecting "View Bag"
- complete your order by PROCEED TO CHECKOUT to enter billing information

Order deadline is **Sunday, November 15**. If you make a paper order, please drop it off at the church office or to a Ladies Guild Member, or call us (see numbers above or below) to pick it up from you.

PLEASE MAKE CHEQUE PAYABLE TO: St. Mark's Evening Guild

Orders will be available for pickup after Friday, December 4 and will be delivered to you if you wish.

Questions – please call or email Isabel or Linda

[isabelchernoff@telus.net](mailto:isabelchernoff@telus.net) 604-531-6828

[lindaodee@hotmail.com](mailto:lindaodee@hotmail.com) 604-536-7983

**SOURCES FOOD BANK DROP OFF:** St. Mark's is pleased to offer a Food Bank Drop Off on **Sat. Nov. 21** from 10 am-1 pm in the front parking lot. With traditional fundraisers such as concerts and seasonal community events on hold the need is greater than last year. This is the chance to help out those who are struggling at this time. This will be a great opportunity to see our St. Mark's family. Please remember social distancing will be observed. Financial donations and donations of these "Healthy choices" will be accepted.

\*\*canned protein, tuna, chicken, etc.

\*\*rice

\*\*milk powder

\*\*peanut butter

\*\*pastas

\*\*oatmeal

\*\*legumes (lentils, beans, etc)

\*\*fresh fruit and vegetables

\*\*100% fruit juice

\*\*vegetable oil

### **Mission to Seafarers**

The time has come to collect for the Seafarers. This year we have to remember that the pandemic has made these ships into isolation/quarantine sites. The Seafarers are not allowed off in any port. The items needed are socks (must have some wool in them), warm work gloves, toques and snug fitting cowls.

Also needed are stocking stuffers such as toiletries (toothpaste, toothbrush, razors, shaving cream, face cream, lotion, etc.) and small soft toys.

Candy is also appreciated; maybe you have left-over Hallowe'en candy that you don't want to eat.

To help pass the time: things like magazines, any sports magazines, or others such as the National Geographic, and any reading material representing B.C. and Canada; also new puzzles, or decks of cards.

Bins for these items will be out every day during office hours (Monday and Friday = 9am to 12noon; Tuesday & Wednesday & Thursday = 9am to 3pm), starting Monday Nov. 2 and continuing until Sunday Nov. 22. Also, on Saturday, Nov. 21, during the Food Bank Drive at St. Mark's, there will be an opportunity to donate items to the Seafarer's bins.

For further information on the Mission to Seafarers go to [www.flyingangel.ca/about](http://www.flyingangel.ca/about)

Thank you in advance for your support of this very valuable project.

**Reverend Philippa Segrave-Pride's email address** is: [philippastmarks@gmail.com](mailto:philippastmarks@gmail.com)

**THE LUNCH BASKET** for Hungry Children this week is provided this week by Betty-Ann and Ian Bainbridge in loving memory of family members and friends, and with thankfulness for our children and grandchildren.

**NEXT SUNDAY'S SERVICE** Holy Eucharist. The Psalm and Readings for Remembrance Sunday, November 8 are: Amos 5:18-24, Psalm 70, 1 Thessalonians 4:13-18, Matthew 25:1-13

**FLOWERS FOR THE ALTAR** are given today by Margaret and Lorne Appleton in memory of our parents, and to the Glory of God, with thanks for the many ways He blesses us.

**PRAYERS OF THE PEOPLE** – If you wish the Intercessor to include the name of a loved one in Sunday's prayers, please drop an email to the Office – Monday to Thursday – and the name will be forwarded to the Intercessor in time for Sunday's Service. [office@stmarkbc.org](mailto:office@stmarkbc.org)

**PRAYER CHAIN** – The Coordinator for the Prayer Chain is Maggie Ferguson who can be reached at [maggieferguson@telus.net](mailto:maggieferguson@telus.net), or by calling 604.538.6160. Please give your prayer requests and updates to Maggie who will forward them to the twenty men and women on the Prayer Chain to pray for your requests daily.

**FLOWERS FOR THE ALTAR** Anyone wishing to donate Flowers for the Sanctuary after please contact Kathryn of the Altar Guild at [hkmasmith@shaw.ca](mailto:hkmasmith@shaw.ca) or phone the office at 604.535.8841 and leave a message.

**THE LUNCH BASKET FOR HUNGRY CHILDREN** provides funding for lunches to five single Mothers and nine children.

Please help support these families by choosing a 2021 date (see chart below) to support these families and have a dedication in the weekly E Pulse.

email or phone Darlene W. or Barb G. with your dedication. The suggested donation of \$60 can be made by e-transfer, the Donation Station, or by dropping off a cheque in the mailbox at the church office.

January 2021		February 2021		March 2021		April 2021	
3		7		7		4	
10	Isabel Chernoff	14		14		11	
17		21		21		18	
24		28		28		25	
31							

**A QUICK LOOK AHEAD:**

- Wed. Nov. 4 10am Eucharist Service
- Sat. Nov. 14 9-11am Metal Recycling
- Sat. Nov. 21 10 am-1 pm Sources Food Bank Drop off & Missions to Seafarers collection of socks, toques and candies for the Seafarers.
- Sat. Nov. 28 10 am-1 pm Holly Berry Fair

## FINAL CREATION CARE SPONSORED METAL RECYCLING DRIVE

- Saturday, November 14
- Drop off behind the church 9am to 11am

If you are planning to help please let me know so that adequate vehicles and “many hands to make light work” can be assured.

[anne\\_schreck@shaw.ca](mailto:anne_schreck@shaw.ca)      604.536.0072      604.818.0618

Thank you for your enthusiastic support of this last venture.

### PWRDF Update

After the COVID-19 pandemic struck in March nobody was sure how this year’s Ride for Refuge was going to play out, but now with the Ride behind us, we are pleased to announce our most successful campaign ever!

Our original goal was to raise \$25,000 for our partner in Uganda, St. Jude Family Projects. St. Jude Family Projects teaches sustainable agriculture techniques to mostly women and youth from rural Uganda and across Africa, improving livelihoods and food security while also protecting the environment.

Undaunted by the pandemic, the Ride organizers created a Freestyle category, allowing people the flexibility to choose an activity of their choice. With two weeks left to go in the campaign, we had met the initial goal, then boosted it to \$30,000. We quickly blew past that target too and moved the finish line to \$35,000, then surpassed that as well, thanks to the overwhelming support for our participants across Canada. Our final target was \$40,000, and we are proud to say we exceeded that goal as well.

As of today, PWRDF has raised \$42,000, our largest amount ever, more than doubling what was raised last year. Out of the 128 charities across Canada that participated this year, PWRDF is currently ranked 8th. With the ride freestyle option, 59 participants undertook all kinds of activities to raise funds while staying safe and socially distant.

From the traditional walking and cycling to reading Agatha Christie mysteries and knitting baby blankets, this year’s participants really got creative. One of the biggest fundraisers was none other than Primate Linda Nicholls, who held two Facebook Live Hymn Sings, taking pledges and hymn requests raising nearly \$3,500.

**We are open for in-person services at 10am,** maximum 50 persons.

Please register each week through the [eventbrite](#) link posted on [www.stmarkbc.org](http://www.stmarkbc.org) or call 604-535-8841 by Friday noon. The safety protocols we were required to put in place can be found on the Church’s website.

The direct link of the complete document sent out from the Archbishop August 10, 2020:

<https://files.constantcontact.com/a9c022f9001/c52647f3-285d-4f52-94eb-5e2382265dbd.pdf>

**To access the online Service:**

- onto the Church’s website: [www.stmarkbc.org](http://www.stmarkbc.org)
- on the page that opens, click on where it says: “St. Mark Ocean Park Online Sunday Worship Services”.