



St. Mark – Ocean Park
Anglican Church

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E-PULSE
NEWSLETTER OF
ST. MARK OCEAN PARK
SEPTEMBER 20, 2020



Greetings!

I look forward to meeting with you all very soon. Your lay leaders have done an amazing job during the vacancy and I am looking forward to complementing their ministry over the coming months.

I come to you from St Clement's, North Vancouver where I was Interim for 14 months. Previously, I was an Interim and Associate priest at Christ Church Cathedral and before that I was a parish priest in England for 13 years.

Many blessings and please, keep me in your prayers, as I pray for you.

Philippa
The Rev'd Philippa Segrave-Pride
Interim Priest-in-Charge

FLOWERS FOR THE ALTAR are given today by Barbara and Charles Carington Smith in Memory of all our loved ones who are gone from us but will always live in our hearts.

PRAYER CHAIN – The Coordinator for the Prayer Chain is Maggie Ferguson who can be reached at maggieferguson@telus.net, or by calling 604.538.6160. Please give your prayer requests and updates to Maggie who will forward them to the twenty men and women on the Prayer Chain to pray for your requests daily.

THE LUNCH BASKET for Hungry Children is provided this week by Kathy Chambers to the Glory of God and in thanksgiving for God's many blessings.

The Lunch Basket for Hungry Children provides funding for lunches to five single Mothers and nine children. Please help support these families by choosing a date to support these families and have a dedication in the weekly E Pulse. E mail or phone Darlene W. or Barb G. with your dedication. The suggested donation of \$60 can be made by E-transfer, the Donation Station, or by dropping off a cheque in the mailbox at the church office.

September		October		November		December	
		4	Betty-Ann Bainbridge	1		6	Joyce McQuarrie
		11	Barbara Grantham	8		13	
		18	Higginson Family	15		20	
27	Ann Thiessen	25	Lynne Brownridge	22		27	
				29			

LET'S TURN TRASH INTO CASH FOR THE LOVE OF GOD!.....METAL RECYCLING

Let's take advantage of our last opportunity to clear out the garage, crawl space, junk drawers...send broken-down lawn furniture, the old BBQ, battered pots, pans and pails, hardware, chains picture frames, bed frames, costume jewellery, cutlery and kitchen utensils off to a good cause! **Creation Care** ... because God so loves the world SATURDAY, NOVEMBER 14, 2020 Last Metal Recycling Event

Drop-Off behind the Church from 9 to 11am Nov. 14 only (otherwise by appointment)

Sorting & Loading 9am to 12noon

Lighter work:

- Bring along a magnet to sort iron from non-iron
- Remove bulbs from strings of lights
- Flatten & consolidate bags/boxes
- Guide those arriving for drop off

Many Hands Make Light Work. Please join us: we need 3 pick-up trucks or 2 pick-ups and a van or a trailer. Please NO appliances (fridge/stove, etc.

CONTACT = Anne Schreck 604.536.0072 OR anne_schreck@shaw.ca

We have special thanks to share with our parishioners, for two people who have been leading our worship services, online and in-person, over the past 4 months.

Particular thanks goes to the Venerable Louis Engnan who, during this time, stepped up as our Priest-in-Charge, and did all our pre-recorded services in June, July, and on Aug 2. He's done a lot of work for us from June until now, while having many other responsibilities with his other two parishes, St Michael's and Christ the Redeemer, and as Archdeacon in the Fraser "zone", that it will be nice for him to have our parish "off his plate" so to speak. That being said, during our ongoing canonical process, the Venerable Louie will continue to guide us, for which are very grateful. We're glad that you're still with us in this way. God bless you.

Also many thanks go to Reverend Dr. Tellison Glover for filling in, in-person, so we could re-open our church, and start having our services in St Mark's sanctuary once more. It's been wonderful to have him with us, listening to his inspiring messages. We'll never forget about "messy church" or his dedication to us. On Sunday Aug 30, he even commuted to St Mark's from South Pender Island where he and wife were on their honeymoon. Sunday, September 13 was Tellison's last Sunday here. Thank you so much for your words full of guidance and the Holy Spirit, each week during the last 2 months. We know the parish will really miss you! God bless.

FLOWERS FOR THE ALTAR Anyone wishing to donate Flowers for the Sanctuary after please contact Kathryn of the Altar Guild at hkmasmith@shaw.ca or phone the office at 604.535.8841 and leave a message.

We are open for in-person services at 10am, maximum 50 persons.

Please register each week through the [eventbrite](#) link posted on www.stmarkbc.org or call 604-535-8841 by Friday noon. The safety protocols we were required to put in place can be found on the Church's website.

The Celebration of Holy Eucharist

To keep all healthy there are strict safety protocols.

The celebrant will be the only communion administrant so there is less chance of transmission. There are strict sanitizing procedures for the celebrant for their safety and for the congregation's safety.

Communion will be in one kind only for the congregation. Theologically it is considered that consuming in one kind is to have received both bread and wine. Bread will be in the form of wafers only (regular and gluten-free). Only the celebrant will consume wine.

Following the greeters' directions, those receiving communion should come forth one at a time from the center aisle, being careful to maintain physical distancing between themselves and all others as they come forward. Please remain standing. (You will see physical distancing reminders on the floor.) All coming forward must be masked.

After receiving a wafer, communicants should return to their seats as directed by directional signage and by the greeters, using the outside aisles, moving to the back of the sanctuary, before coming up the aisle back to their seat.

Once back in their seats, communicants should remove their mask, consume the wafer, and after consuming their wafer, put their mask back on.

Any who comes forth for a blessing should also be masked (unless the person is an infant who cannot be masked). Any blessing that the celebrant gives will not involve touching.

Anointing with oil is not permitted at this time.

The direct link of the complete document sent out from the Archbishop August 10, 2020:

<https://files.constantcontact.com/a9c022f9001/c52647f3-285d-4f52-94eb-5e2382265dbd.pdf>

To access the online Service:

- onto the Church's website: www.stmarkbc.org
- on the page that opens, click on where it says: "St. Mark Ocean Park Online Sunday Worship Services".

Next Sunday's Service Holy Eucharist.