

12953 20<sup>TH</sup> Ave., Surrey, BC, V4A 1Z1, Tel: 604-535-8841 email office@stmarkbc.org, www.stmarkbc.org

# "PARISH PULSE" NEWSLETTER OF ST. MARK OCEAN PARK SUNDAY, NOVEMBER 10, 2019

#### **Contemplative Evening Prayers Tonight**

With Sat. November 2nd being All Soul's Day, and Mon. November 11th being Remembrance Day, it is fitting that we give ourselves time with God to pause and remember those who have gone before us. Please join us this evening for Lectio Divina, quiet music and silence as we draw close to God in community. We will gather at 7pm in the Family Room. All are welcome! - Janet Scott and Sandra Lumb, Contemplative Prayer Ministry



<u>The Rev. Canon Roger Simpson</u> will be speaking at St. Mark's Anglican Church on Sunday, December 1st, 2019 at the 8am and the 10am Services.

Rev. Simpson is a gifted pastor and evangelist who is passionate about sharing the gospel of Jesus Christ. In his early years he was mentored by Rev. John Stott at All Souls Langham Place. As a young priest he took a redundant parish in Edinburgh and grew a thriving congregation of 900. In 1995 Roger moved his family to Vancouver to become the rector of Holy Trinity on Hemlock Street. That parish saw exciting growth under his ministry. While there Roger used the church as a hub to launch the Alpha ministry across Canada. He went on to serve as the Vicar of St Michael le Belfrey in York for 11 years. During that time he was appointed by the Rt. Rev. John Sentamu as the Archbishop's Evangelist for northern England, a position he still holds. He has led University and Parish missions all over the UK and abroad. Most recently he has been developing house churches in Vietnam. Roger and Ursula have been married for 41 years and they have raised five children into full-time active Christian ministry.

Attention Children's Ministries! There is a meeting for Sunday School Teachers, Assistants, Music Ministry helpers, Pageant Leaders, helpers, and any other interested folks on SUNDAY, NOVEMBER 17 at 11:45am (after church) in the Family Room. We will be discussing the Advent Season. Please RSVP to Barb Walks at <a href="mailto:bdwalks@gmail.com">bdwalks@gmail.com</a> or (604)538-3568

<u>PURDY'S CHOCOLATES</u> are available for Christmas from the Ladies Guild. Catalogues are available in the Hall. **ORDERS DUE next Sunday November 17.** 

Delivery date is December 7 or 8. Questions? isabelchernoff@telus.net or lindaodee@hotmail.com

Save The Date! Friday, December 13 will be the Annual St. Mark's Seniors Lunch. Details to follow.

#### **Bible Readings for November 17**

Malachi 4:1-2a, Psalm 98, 2 Thessalonians 3:6-13, Luke 21:5-19



#### Trash Into Cash for the love of God!

St. Mark's 9<sup>th</sup> Metal Recycling Event Visit the "Green" Table in the Hall!! A Win! Win! Re-Use rather than melt down. Make a donation and re-purpose any item.

Remember that all lengths & gauges of wire or electrical cord is acceptable.

Come and lend a hand <u>Saturday</u>, <u>Nov. 16</u>
Drop-off 9-11am Loading 9-12noon
Anne Schreck 604.536.0072



#### Souper Sunday News

If you have any jars from our previous soup sales, would you please return them to the Church Kitchen -- please include the sealing ring with the jar. Thank you! The next SOUPER SUNDAY is November 24<sup>th</sup>!

#### **Community Outreach Ministry**

The Outreach Ministry appreciates all financial support to help those in need in our community. This is accomplished through Souper Sunday, Lunch Basket Donations and any offering to the Outreach Ministry in general.

Please see our brochure in the Narthex to show all the various ways we give. If you are a PAD User and feel the Holy Spirit calling you to give to this Ministry, either use the Donation Station in the Narthex, or use a pew envelope and designate the funds accordingly. It is not mandatory but it is helpful to have your PAD# listed on the envelope. Your name is sufficient. We thank you for your generosity!

<u>The Lunch Basket For Hungry Children</u> is provided this week by Debbie and David Emery to the Glory of God and in thanksgiving for continued health and well being of their whole family.

#### Flowers for the Altar "Lest We Forget"

They shall grow not old, as we that are left grow old; Age shall not weary them, nor the years condemn. At the going down of the sun and in the morning We will remember them.

We will remember them.

As we also remember all who have served and still serve.

<u>Contact for the Prayer Chain</u> – the Coordinator for the Prayer Chain is Maggie Ferguson. Please send your prayer requests and updates to Maggie at <u>maggieferguson@telus.net</u> or call 604.538.6160.

<u>Holly Berry Fair</u> – The Ladies Guild, ACW and Men's Club are planning for this fun annual event. We will accept donations of treasures, antiques and collectibles, and Christmas items at any time until the week of the Fair. If you would like further information or to be involved as a volunteer please email Linda O'Donovan, at <a href="mailto:lindaodee@hotmail.com">lindaodee@hotmail.com</a> (Date of Fair: Sat. Nov. 30)

#### **New Offering: Centering Prayer**

Come join others for an hour on Sunday, November 17 in the Family Room to learn more about the ancient and ongoing Christian practice of Centering Prayer. This method of prayer is designed to cast a new light and depth on other kinds of contemplative prayer. It is a surrendering to God in the silent simplicity of meditation. It is a movement beyond conversation with Christ to communion with Him. It is resting in God's presence and action within. Our hour together will include a time of learning and a time of practice. For more information email Sandra Lumb at: <a href="mailto:slumb@telus.net">slumb@telus.net</a> - Janet Scott and Sandra Lumb

#### **Library News**

**Strands of Truth**, **Colleen Coble's** latest book is true to form combining suspense with a dash of romance. Harper Taylor lived in foster care until Oliver Jackson took her under his wing. When he is suddenly attacked his son Ridge and Harper must uncover secrets that threaten to destroy them all. A real page turner.





#### **VITA RETREAT: AN OPPORTUNITY FOR SPIRITUAL AWAKENING**

The people of St. Mark Ocean Park are invited to register now for the VITA Retreat, to be offered in our church on the evening of Fri. November 22 and the day & evening of Sat. November 23. Information about the retreat and the registration form are available on St. Mark's website:

<u>www.stmarkbc.org</u> If you do not have access to the internet, please contact Janet Scott at 778-828-8974 to register off-line or to answer any questions.

The VITA Retreat works to create an environment for people to encounter the Holy Spirit and reignite their lives of prayer and ministry. The core of the retreat is to introduce people to contemplative and creative prayer practices, provide time to reflect on their experiences, and begin and end with the daily office and worship of the Anglican tradition.

The VITA Retreat Team, headed by Rev. Eric Mason, Rector at St. Laurence Coquitlam, has facilitated this retreat at Retreat Centres over the past two years. We are blessed to welcome this Team to our parish for this two-day experience. **REGISTER NOW!** 

<u>The Mission for Seafarers</u> drive is now underway. We are looking for work socks (must have some wool in them), toques, work gloves, toiletries (male and female: razors, lotion, toothbrushes, toothpaste, shampoo, conditioner etc.), small stuffed animals, puzzles (adult and children's) and magazines (National Geographic, Readers Digest, magazines about BC and Vancouver).

The purpose of this drive is to be sure that no Seafarer in the Port of Vancouver (this includes Delta Port) doesn't get a Christmas present. The small stuffed animals and children's puzzles are so that Seafarers who are heading home can pick up something for their children.

#### TO VOTE AT VESTRY

- 9.2 The Vestry of a Parish shall consist of all baptized persons of the age of fifteen or over:
- a) who are accustomed worshippers within the Parish and:
- b) whose names have been on the Parish List of the Parish for at least the three months preceding the Vestry Meeting.
- 9.3 For the purposes of subparagraph 9.2(a) above, indicia of an "accustomed worshipper" may include, among other things, a person's:
- a) frequent attendance;
- b) material commitment of time, talents, or financial resources; or
- c) receipt of the ministrations of the Parish because of illness or other incapacity,

though the presence of such factors shall not necessarily be determinative of a person's status as an accustomed worshipper.

Benefits of being a member:

- 1) You get to vote at the Vestry (AGM) Meeting
- 2) You receive the parish e-newsletter and other important notices.
- 3) You get a free name tag.

To vote in the next Vestry (AGM) Meeting you must be registered by Saturday, November 16.

Please check in the Hall if you are on the list. If you wish to be on the membership list you must fill out a registration form. You might also want to check that your email address, and other personal information is correct.

#### **QUICK LOOK AHEAD**

Tues, Nov. 12 - ACW Meeting

Tue. Nov. 12 -- 6 pm Men's Club Dinner Meeting – Guest Speaker: Rev. Craig Tanksley (the pre refirement tour)

Sat. Nov. 16 – Metal Recycling Event

Sun. Nov. 17 – 7pm - Contemplative Evening Prayers

Tues. Nov. 19 - 8am and onward - ACW Area Meeting

Tues. Nov. 19 - Ladies Guild Meeting

Wed. Nov. 20 – Seniors Get Together

Nov. 22 and 23 = Friday and Saturday = Vita Retreat at St. Mark's

Sun. Nov. 24 -- Souper Sunday

Tues. Nov. 26 - Outreach Meeting

Tues. Nov. 26 - Parish Council Meeting

Thurs. Nov. 28 & Fri. -- Nov. 29 Set up for

Holly Berry Fair

Sat. Nov. 30 -- 11 am-2 pm Holly Berry Fair

Sat. Nov. 30 - 10am to 4:30pm - Christmas on the Peninsula Festival at White Rock Community Centre

Sun. Dec. 1 – Reverend Roger Simpson to Preach

Sun. Dec. 1 – 7pm – Centering Prayer Gathering – Family Room

Tues. Dec. 3 - 8:30am -4pm Decorate the Hall for Christmas

Wed. Dec. 4 – Seniors Get Together

Sun. Dec. 8 – White Gift Sunday

Sun. Dec. 8 – 7pm – A Dickens Christmas with the Young People's Opera Society, and special quests the St. Mark's Choir

Fri. Dec. 13 – Seniors Christmas Luncheon

Sun. Dec. 15 – Sunday School Pageant

Sun. Dec. 15 – 7pm - Blue Christmas Service

Wed. Dec. 18 – Seniors Get Together

Sun. Dec. 22 – Lessons and Carols Sunday

Sun. Dec. 22 – 7pm Debra daVaughn, Chris Simmons and Cassandra's

annual Christmas concert

Tues. Dec. 24 – 5pm Family Communion

Tues. Dec. 24 – 7pm and 11pm Candlelight Communions

Wed. Dec. 25 – 10am Christmas Day Service

Mon. Dec. 30 – 9am to noon – Hall – Take Down The

**Christmas Trees** 

#### **Upcoming Events**

#### Tuesday, November 12

9:30am - Bible Study - Family Room

- Family Room

2pm - ACW Meeting - Family Room

6pm - Men's Club Meeting - Hall

7:30pm - Bible Study - Office

#### Wednesday, November 13

10am Service – Sanctuary

7:30pm - Choir Practice - Sanctuary

#### Thursday, November 14

7:30pm - Mandarin Bible Study - Family Room

#### Friday, November 15

9am - Exercise - Hall

#### Saturday, November 16

Metal Recycling Event – 9am to 11am

#### Sunday, November 17

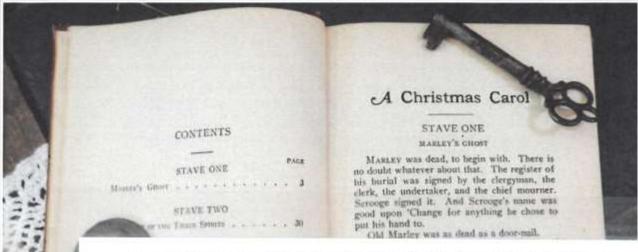
7pm – Contemplative Evening Prayers in the Family Room

PARISH OF ST. MARI FINANCIAL STATUS					ING	ACCOL	JNT	"
	Current Month				Budget		Variance	
TOTAL INCOME		30,700.85		277,557.01	33	1,071.67		(53,514.66)
TOTAL EXPENSES		27,829.54		279,201.60	33	1,071.67		51,870.07
SURPLUS (DEFICIT)	\$	2,871.31	\$	(1,644.59)	\$	(±1)	\$	(1,644.59)



## A DICKENS CHRISTMA

Featuring Dramatic Readings with English Carols co-presented with the St. Mark's Choir



### A CONCERT BENEFITTING THE ST MARK SYRIAN REFUGEE FUND



Sunday, December 8, 7:00pm St Mark's Anglican Church

12953 20th Avenue, South Surrey

Tickets at EVENTBRITE.ca

