

# "PARISH PULSE" NEWSLETTER OF ST. MARK OCEAN PARK SUNDAY, OCTOBER 20, 2019

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# **Bible Readings for October 27**

Jeremiah 14:7-10, 19-22, Psalm 84:1-7 2 Timothy 4:6-8, 16-18, Luke 18:9-14

Flowers For The Altar are given today by Janet Scott to the Glory of God and with gratitude for the life of her beloved husband, Ian Scott.

The Lunch Basket For Hungry Children is provided this week by Patti and Don Boyd to the Glory of God and in thanksgiving for God's many blessings.

<u>Contact for the Prayer Chain</u> –the Coordinator for the Prayer Chain is Maggie Ferguson. Please send your prayer requests and updates to Maggie at <a href="maggieferguson@telus.net">maggieferguson@telus.net</a> or call 604.538.6160.

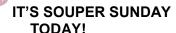
Holly Berry Fair – The Ladies Guild, ACW and Men's Club are planning for this fun annual event. We will accept donations of treasures, antiques and collectibles, and Christmas items at any time until the week of the Fair. If you would like further information or to be involved as a volunteer please email me, Linda O'Donovan, at lindaodee@hotmail.com

(Date of Fair: Sat. Nov. 30)

#### **New Offering: Centering Prayer**

Come join others for an hour tonight, October 20 at 7:00 in the Family Room to learn more about the ancient and ongoing Christian practice of Centering Prayer. This method of prayer is designed to cast a new light and depth on other kinds of contemplative prayer. It is a surrendering to God in the silent simplicity of meditation. It is a movement beyond conversation with Christ to communion with Him. It is resting in God's presence and action within. Our hour together will include a time of learning and a time of practice. Another evening of Centering Prayer will also be offered on Sunday, November 17. For more information email Sandra Lumb at: slumb@telus.net - Janet Scott and Sandra Lumb

<u>Choir Director Elizabeth Gilchrist</u> would like to meet today with any children interested in singing in a Children's Choir after the 10am Service.



# After the 8:00 am and 10:00am services

Proceeds of the sale will be donated to THE LAUNCHING PAD, a non-profit agency working with recovering adult male alcoholics and addicts. The Launching Pad helps young men as they work towards achieving and maintaining sobriety. They learn to be employable and to develop supportive relationships with family and friends.

- Your Community Outreach Ministry

#### Be Grateful And In Thanksgiving

After the Thanksgiving services all of the fruit and vegetables from the beautifully decorated Altar were packed up and delivered to the 'Launching Pad'. All of these food items are used to help feed the men who reside in this facility. Your Community Outreach Ministry supports this non-profit organization throughout the year.

#### A Remembrance Day Musical Tribute

Langley First Capital Chorus
Saturday, November 9 at 2pm and again at 7pm
At St. Mark Ocean Park
All tickets are \$20
(Forces Veterans = Free Entry)
Tickets available by calling Denny at
604.536.7983

# "Celebration of Life" Services -

2pm on Sat. October 26 for Valerie White 2pm on Sat. November 2 for Cathy Teskey

The Mission for Seafarers drive is now underway. We are looking for work socks (must have some wool in them), toques, work gloves, toiletries (male and female: razors, lotion, toothbrushes, toothpaste, shampoo, conditioner etc.), small stuffed animals, puzzles (adult and children's) and magazines (National Geographic, Readers Digest, magazines about BC and Vancouver). The purpose of this drive is to be sure that no Seafarer in the Port of Vancouver (this includes Delta Port) doesn't get a Christmas present. The small stuffed animals and children's puzzles are so that Seafarers who are heading home can pick up something for their children.

#### **Upcoming Events**

# Monday, October 21

6am to 10pm – the Hall is in use as a Federal Election Voting Place

### Tuesday, October 22

9-11am – Gardens & Grounds Work Party
9:30am – Bible Study – Family Room
7pm – Parish Council Meeting – Family Room
7:30pm – Bible Study – Office

#### Wednesday, October 23

9am – Yoga – Education Centre 10am Service – Sanctuary 1pm – Seniors Get-Together – Hall & FR 7:30pm – Choir Practice - Sanctuary

# Thursday, October 24

8:30am – The Kitchen is in use by the Peace Arch Hospital Aux. for food preparation 7:30pm – Mandarin Bible Study – Family Room

# Friday, October 25

8:30am – 4:30pm – The Kitchen & Hall are in use by the Peace Arch Hospital Aux. for a fundraising event
9am – Exercise – EdC

#### Saturday, October 26

9am – Gardens & Grounds Work Party 2pm – Celebration of Life for Valerie White in the Sanctuary

#### **QUICK LOOK AHEAD**

- Sun. Oct. 20 7pm Contemplative Evening Prayers
- Mon. Oct. 21 -- 6 am-9 pm Federal Election. Hall is booked as a Voting Place for the day.
- Tues. Oct. 22 Parish Council Meeting
- Wed. Oct. 23 Seniors Get Together
- Sat. Oct. 26 2pm Valerie White Celebration of Life
- Sun. Nov. 3 7pm Contemplative Evening Prayers
- Sat. Nov. 2 2pm Cathy Teskey Celebration of Life
- Tues. Nov. 5 Prayer Shawls
- Wed. Nov. 6 Seniors Get Together
- Sat. Nov. 9 -- Denny's Annual Remembrance Day concerts
- Sun. Nov. 10 -- Remembrance Sunday
- Tues. Nov. 12 ACW Meeting
- Tue. Nov. 12 -- 6 pm Men's Club Dinner Meeting Guest Speaker: Rev. Craig Tanksley (the pre-"refirement" tour)
- Sat. Nov. 16 Metal Recycling Event
- Wed. Nov. 20 Seniors Get Together
- Nov. 22 and 23 = Friday and Saturday = Vita Retreat at St. Mark's
- Sun. Nov. 24 7pm Contemplative Evening Prayers
- Tues. Nov. 19 Ladies Guild Meeting
- Sun. Nov. 24 -- Souper Sunday
- Tues. Nov. 26 Parish Council Meeting
- Thurs. Nov. 28 & Fri. -- Nov. 29 Set up for Holly Berry Fair
- Sat. Nov. 30 -- 11 am-2 pm Holly Berry Fair
- Sat. Nov. 30 10am to 4:30pm Christmas on the Peninsula Festival at White Rock Community Centre
- Sun. Dec. 1 White Gift Sunday
- Sun. Dec. 1 7pm Contemplative Evening Prayers
- Wed. Dec. 4 8:30am -4pm Decorate the Hall for Christmas
- Wed. Dec. 4 Seniors Get Together
- Sun. Dec. 8 7pm A Dickens Christmas with the Young People's Opera Society, and special guests the St. Mark's Choir
- Sun. Dec. 15 Sunday School Pageant
- Wed. Dec. 18 Seniors Get Together
- Sun. Dec. 22 Lessons and Carols Sunday
- Sun. Dec. 22 7pm Debra daVaughn, Chris Simmons and Cassandra's annual Christmas concert
- Tues. Dec. 24 5pm Family Communion
- Tues. Dec. 24 7pm and 11pm Candlelight
  - Communions
- Wed. Dec. 25 10am Christmas Day Service