



St. Mark – Ocean Park
Anglican Church

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Syrian Family Sponsorship Project

They Arrive Friday, July 5, 2019. This long awaited event is happening!

The Syrian Refugee Project has coordinators for Furnishings and Kitchenware and all the other things our Khaldoun Family will need to start their new life in Canada.

Collections for household furnishings is going extremely well. We still need only the following few items:

- 3 student desks and chairs
- Towels – bath and hand sizes
- Bedding for queen and twin beds; including blankets
- Lampshades for bedside lamps
- First-aid kit
- Broom/dustpan

Please email Isabel Chernoff if you can help with any of these items: isabelchernoff@telus.net

Thanks everyone for your continued generosity.

Bible Readings for June 9

Acts 16:16-34, Psalm 97,
Revelation 22:12-14, 16-17, 20-21, John 17:20-26

The Lunch Basket For Hungry Children is provided this week to the Glory of God in thanksgiving for all His many blessings.

Contact for the Prayer Chain – The Coordinator for the Prayer Chain for the months of June, July and August will be Michael Weller. You may send your request to him at weller301@shaw.ca or telephone him at 604.538.9334

"PARISH PULSE" NEWSLETTER OF ST. MARK OCEAN PARK SUNDAY, JUNE 2, 2019

FOODSAFE Level 1 Course taking place at St. Mark's Anglican Church on Thursday, June 6, 2019. The maximum number of students per class is 25 people. This is a group rate and will be covered by the church. We have a few spaces left. If you are interested in taking this one day course, from 8:45am to 5:00pm, please contact Mari Anne at mhussen@gmail.com or 604-531-6084.

Ladies Guild - Isabel Hutchison Memorial Bursary Applications are now being accepted for our annual award. Forms will be available from Ladies Guild member Sue Indridson at the Savvy Seniors Table in the Hall after the 10am Sunday Service today. Deadline for applying is June 15, 2019. For further information please contact Linda O'Donovan at lindaodee@hotmail.com

Adult Sunday School series "Together Deeper in His Word" commences today, for 8 Sundays. We meet in the education room from 9:05am to 9:45am. This season, we will study the Acts of the Apostles in celebration of the Early Church and the Great Commission. Please contact Ben at benjibert@gmail.com

A.C.W. Place is in need of blankets and afghans, double bed size and larger. These are used to wrap the bales before placement into the outer shipping bag. Any contributions would be greatly appreciated. There is also a need for baby booties and hats. Thank You for all your contributions for the Bales to the North.

ATTENTION Chicken lovers, The 23rd Annual Men's Club Chicken Bar B Q is the best deal in town. Sat. June 15 at 5:30 pm. For just \$12.50, you get a delicious Chicken Bar B Q, coffee, cold drinks, a chance to win door prizes and dessert. By popular demand the Langley Ukulele Ensemble are returning to entertain us after dinner. Tickets are available after church from Les. Last year, we sold out, so get your tickets in advance.

Seasonal Pause in Sunday Contemplative Evening Prayer Gatherings

May marks the beginning of a seasonal pause in Sunday Contemplative Evening Prayer gatherings at St. Mark's. There will be no gatherings from May through August this year.

We invite you to consider taking in some of the Contemplative Prayer offerings across the Fraser Valley over the coming months. The Centre for Spiritual Renewal at St. Dunstan's Anglican Church in Aldergrove has a lovely array of offerings to inspire, give rest and provide community with like-minded pilgrims:

June 8th: Introduction to Creative Journaling

June 9th: Breath as Prayer

July 21st-27th: Celtic Spirituality Retreat at Sorrento Centre

October 11th: Cultivating a Rule of Life at Westminster Abbey

November 9th: Centering Prayer Program

Consult their website at: www.st-dunstans.ca for more information.

The World Community for Christian Meditation is offering their International John Main Silent Retreat on August 5th-8th and Seminar on August 8th-11th at Quest University in Squamish.

See wccm.org for further information.

Wishing you all a blessed summer,
Janet and Sandra

QUICK LOOK AHEAD

Tues. June 4 – 9-11am Gardens & Grounds work party

Tues. June 4 – Prayer Shawls Meeting

Wed. June 5 – Seniors Get-Together

Tues. June 11 – 9-11am Gardens & Grounds work party

Tues. June 11 – ACW Meeting

Thurs. June 13 – All Leader's Meeting – 7-9pm

Fri. June 14 – Men's Club Sets Up for BBQ

Sat. June 15 - 5:30 pm Chicken Bar B Q

Tues. June 18 – 9-11am Gardens & Grounds work party

Tues. June 18 – Ladies Guild Meeting

Wed. June 19 – Seniors Get-Together

Tues. June 25 – 9-11am Gardens & Grounds work party

Tue. June 25 - 7 pm Parish Council

Tues. July 9 – 9-11am Gardens & Grounds work party

Tues. July 9 – 6 pm Men's Club BBQ/Courtyard; members & guests only

Mon. Aug. 19 – Fri. Aug. 23 – Vacation Bible School "The Mane Event", 9am to noon



Check out the Creation Care Table!

Local Gardening Wisdom "...anything planted by the May 24 long weekend will catch up with things planted before."

Excellent scarlet runner bean seeds at the table ... for a few cents you will be helping support the Creation Care Ministry, feed yourselves, and attract the humming birds.

Drop in for a Tuesday Morning Gardens & Grounds Work Party. Come when you can - leave when you need. Coffee provided! Lots of lighter work always! 9am to 11am (loosely).

Upcoming Events

Tuesday, June 4

9-11am – Gardens & Grounds Work Party

1pm – Prayer Shawls Meeting – Family Room

Wednesday, June 5

9am – Yoga – Education Centre

10am - Service – Sanctuary

1pm – Seniors Get-Together – Hall & Family Room

7:30pm – Choir Practice - Sanctuary

Thursday, June 6

9am – FoodSafe Course – Education Centre

PWRDF Update on Partner "Dare" (Drug and Alcohol Recovery and Education Network)

Pam Rogers had a hunch. Refugee camps along the Thai-Burmese border were filling with displaced Burmese people, and the Toronto-based addiction counsellor knew that was a recipe for substance abuse. Rogers had seen the impact of displacement and cultural isolation on First Nations communities, so wrote to a fellow addiction expert in Thailand asking if they needed help. Her friend wrote back quickly: "Please come." By 2000, after six months of assessing and learning and listening, Rogers and local leaders founded a recovery program with support from PWRDF, the Burma Relief Centre, and Norwegian Church Aid. By 2005, the group was renamed DARE (Drug and Alcohol Recovery and Education Network) and now operates in five camps as well as in the migrant community. In 2015, DARE expanded to villages across the border in Karen State, Burma. "The people are so happy when they recover, they didn't know they could," says Rogers. According to DARE statistics, the program has a 61% non-relapse rate. Most Western addiction recovery programs average 25%. The success of the program, says Rogers, is that it is based in the communities and run by the people of the communities.