



St. Mark – Ocean Park
Anglican Church

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BAKING REQUESTED - If you would like to bake and bring your baked goods to the ACW, they will gladly sell them as part of their Sat. June 1 Spring Tea!

Bible Readings for June 2

Acts 16:16-34, Psalm 97,
Revelation 22:12-14, 16-17, 20-21, John 17:20-26

The Lunch Basket For Hungry Children is provided this week by Barbara and Jamie Grantham to the Glory of God, in thankfulness and gratitude for all his gifts.

Flowers For The Altar are given today to the honour and glory of Almighty God by Bea, Sean, Fiona and Sheelagh Ross, in loving memory of Niall, a cherished son and brother.

Contact for the Prayer Chain - Please send your requests for prayer to Mary Brown. Please contact her with your requests at 604.535.6408 or at marybrown@telus.net

St Marks Syrian Refugees

They Arrive Friday, July 5, 2019. This long awaited event is happening!

The Syrian Refugee Project has coordinators for Furnishings and Kitchenware and all the other things our Khaldoun Family will need to start their new life in Canada.

We will be supporting them for the next year so please think about what help you can provide. Brenda Horner is the financial donations coordinator for those wishing to start or increase a pledge, or people can add to their envelope donations under a "Syrian Family" line item on their envelope. People may also use the Electronic Donation Station in the Narthex.

"PARISH PULSE"
NEWSLETTER OF
ST. MARK OCEAN PARK
SUNDAY, MAY 26, 2019

FOODSAFE Level 1 Course taking place at St. Mark's Anglican Church on Thursday, June 6, 2019. The maximum number of students per class is 25 people. This is a group rate and will be covered by the church. We have a few spaces left. If you are interested in taking this one day course, from 8:45am to 5:00pm, please contact Mari Anne at mhussen@gmail.com or 604-531-6084.

Ladies Guild - Isabel Hutchison Memorial Bursary Applications are now being accepted for our annual award. Forms will be available from Ladies Guild member Sue Indridson at the Savvy Seniors Table in the Hall after the 10am Sunday Service today. Deadline for applying is June 15, 2019. For further information please contact Linda O'Donovan at lindaodee@hotmail.com

Adult Sunday School series "Together Deeper in His Word" commences today, for 8 Sundays. We meet in the education room from 9:05am to 9:45am. This season, we will study the Acts of the Apostles in celebration of the Early Church and the Great Commission. Please contact Ben at benjibert@gmail.com

A.C.W. Place is in need of blankets and afghans, double bed size and larger. These are used to wrap the bales before placement into the outer shipping bag. Any contributions would be greatly appreciated. There is also a need for baby booties and hats. Thank You for all your contributions for the Bales to the North.

Seasonal Pause in Sunday Contemplative Evening Prayer Gatherings

May marks the beginning of a seasonal pause in Sunday Contemplative Evening Prayer gatherings at St. Mark's. There will be no gatherings from May through August this year.

We invite you to consider taking in some of the Contemplative Prayer offerings across the Fraser Valley over the coming months. The Centre for Spiritual Renewal at St. Dunstan's Anglican Church in Aldergrove has a lovely array of offerings to inspire, give rest and provide community with like-minded pilgrims:

June 8th: Introduction to Creative Journaling

June 9th: Breath as Prayer

July 21st-27th: Celtic Spirituality Retreat at Sorrento Centre

October 11th: Cultivating a Rule of Life at Westminster Abbey

November 9th: Centering Prayer Program

Consult their website at: www.st-dunstans.ca for more information.

The World Community for Christian Meditation is offering their International John Main Silent Retreat on August 5th-8th and Seminar on August 8th-11th at Quest University in Squamish.

See wccm.org for further information.

Wishing you all a blessed summer,
Janet and Sandra

Upcoming Events

Tuesday, May 28

9-11am – Gardens & Grounds Work Party

7pm – Parish Council Meeting – Family Room

Wednesday, May 29

9am – Yoga – Education Centre

10am - Service – Sanctuary

7:30pm – Choir Practice - Sanctuary

Friday, May 31

All Day - Set Up for Spring Tea – Kitchen & Hall

9am – Exercise – EdC

Saturday, June 1

Spring Tea in the Hall 11am to 2pm

QUICK LOOK AHEAD

Tues. May 28 – 9-11am Gardens & Grounds work party
Tues. May 28 - 7pm Parish Council
Thurs. May 30 & Fri. May 31 – ACW sets up in the Hall for Spring Tea
Sat. June 1 – ACW Spring Tea
Tues. June 4 – 9-11am Gardens & Grounds work party
Tues. June 4 – Prayer Shawls Meeting
Wed. June 5 – Seniors Get-Together
Tues. June 11 – 9-11am Gardens & Grounds work party
Tues. June 11 – ACW Meeting
Thurs. June 13 – All Leader's Meeting – 7-9pm
Fri. June 14 – Men's Club Sets Up for BBQ
Sat. June 15 - 5:30 pm Chicken Bar B Q
Tues. June 18 – 9-11am Gardens & Grounds work party
Tues. June 18 – Ladies Guild Meeting
Wed. June 19 – Seniors Get-Together
Tues. June 25 – 9-11am Gardens & Grounds work party
Tue. June 25 - 7 pm Parish Council
Tues. July 9 – 9-11am Gardens & Grounds work party
Tues. July 9 – 6 pm Men's Club BBQ/Courtyard; members & guests only
Mon. Aug. 19 – Fri. Aug. 23 – Vacation Bible School "The Mane Event", 9am to noon



Check out the Creation Care Table!

Local Gardening Wisdom "...anything planted by the May 24 long weekend will catch up with things planted before."

Excellent scarlet runner bean seeds at the table ... for a few cents you will be helping support the Creation Care Ministry, feed yourselves, and attract the humming birds.

Drop in for a Tuesday Morning Gardens & Grounds Work Party. Come when you can - leave when you need. Coffee provided! Lots of lighter work always! 9am to 11am (loosely).