



St. Mark – Ocean Park
Anglican Church

12953 20TH Ave., Surrey, BC, V4A 1Z1, Tel: 604-535-8841 email office@stmarkbc.org, www.stmarkbc.org

Bible Readings for May 26

Acts 1:1-11, Psalm 47
Ephesians 1:15-23, Luke 24:44-53

The Lunch Basket For Hungry Children is provided this week by Ernie and Ann Thiessen to the Glory of God to the Glory of God and in thanksgiving for their Children and Grandchildren.

Flowers For The Altar are given today by Ann Colman, to the Glory of God and in memory of her mother.

Contact for the Prayer Chain - Please send your requests for prayer to Mary Brown. Please contact her with your requests at 604.535.6408 or at marybrown@telus.net

St Marks Syrian Refugees

They Arrive Friday, July 5, 2019. This long awaited event is happening!

The Syrian Refugee Project has coordinators for Furnishings and Kitchenware and all the other things our Khaldoun Family will need to start their new life in Canada.

We will be supporting them for the next year so please think about what help you can provide. Brenda Horner is the financial donations coordinator for those wishing to start or increase a pledge, or people can add to their envelope donations under a "Syrian Family" line item on their envelope. People may also use the Electronic Donation Station in the Narthex.

"PARISH PULSE"
NEWSLETTER OF
ST. MARK OCEAN PARK
SUNDAY, MAY 19, 2019

Ladies Guild - Isabel Hutchison Memorial Bursary Applications are now being accepted for our annual award. Forms will be available from Ladies Guild member Sue Indridson at the Savvy Seniors Table in the Hall after the 10am Sunday Service today. Deadline for applying is June 15, 2019. For further information please contact Linda O'Donovan at lindaodee@hotmail.com

Coffee Hour Schedule for Q2 2019 -- June, July and August -- has been sent electronically and is on the bulletin board in the Hall. Please make a note of your scheduled date and let me know if you need a trade. Thanks everyone.
Isabelchernoff@telus.net

CHILDREN'S MINISTRY FUNDRAISER
2ND ANNUAL SPAGHETTI DINNER
WHEN: SATURDAY, MAY 25, 2019
TIME: 5:30 P.M.
WHERE: ST. MARK PARISH HALL, 12953 20TH AVENUE, SURREY, B.C.
COST: \$12.50 (CHILDREN 12 AND UNDER FREE)

PROCEEDS BENEFIT FAMILIES IN RWANDA, STREET CHILDREN OF KOLKATA, LOCAL FOOD BANK "LUNCHES FOR KIDS" PROGRAM AND PROVIDING FOR A NEEDY FAMILY AT CHRISTMAS. PLEASE COME OUT AND HELP SUPPORT OUR CHILDREN BY:

"HELPING KIDS HELP KIDS "

- K - KIDS
- R - REACHING
- I – INSPIRING
- B – BUILDING



Check out the Creation Care Table!

Local Gardening Wisdom "...anything planted by the May 24 long weekend will catch up with things planted before."

Excellent scarlet runner bean seeds at the table ... for a few cents you will be helping support the Creation Care Ministry, feed yourselves, and attract the humming birds.

Drop in for a Tuesday Morning Gardens & Grounds Work Party. Come when you can - leave when you need. Coffee provided! Lots of lighter work always! 9am to 11am (loosely).

Adult Sunday School series "Together Deeper in His Word" commences today, for 8 Sundays. We meet in the education room from 9:05am to 9:45am. This season, we will study the Acts of the Apostles in celebration of the Early Church and the Great Commission. Please contact Ben at benjibert@gmail.com

A.C.W. Place is in need of blankets and afghans, double bed size and larger. These are used to wrap the bales before placement into the outer shipping bag. Any contributions would be greatly appreciated. There is also a need for baby booties and hats. Thank You for all your contributions for the Bales to the North.



LIBRARY NEWS

Three new Children's books. **The Weight of Wings** by **Bonnie Pue** is about finding freedom by being who you were made to be. Lovely illustrations accompany a well written narrative in this delightful story. **There's No Wrong Way To Pray** by **Rebecca Ninke** deals with why pray, when to pray, and how to pray. This honest, funny, and profound book will inspire kids of all ages to pray. **Do The Right Thing** is a new **Berenstain Bear** book, this one dealing with conscience. As always the subject is dealt with in a way that kids can understand and keeps your interest to the last page.

Seasonal Pause in Sunday Contemplative Evening Prayer Gatherings

May marks the beginning of a seasonal pause in Sunday Contemplative Evening Prayer gatherings at St. Mark's. There will be no gatherings from May through August this year.

We invite you to consider taking in some of the Contemplative Prayer offerings across the Fraser Valley over the coming months. The Centre for Spiritual Renewal at St. Dunstan's Anglican Church in Aldergrove has a lovely array of offerings to inspire, give rest and provide community with like-minded pilgrims:

May 25th: Meditation Walk

May 25th: Sung Evening Prayer with Cathy Hardy at Westminster Abbey

June 8th: Introduction to Creative Journaling

June 9th: Breath as Prayer

July 21st-27th: Celtic Spirituality Retreat at Sorrento Centre

October 11th: Cultivating a Rule of Life at Westminster Abbey

November 9th: Centering Prayer Program

Consult their website at: www.st-dunstans.ca for more information.

Elsewhere, Father Ron Rolheiser, author of the book 'The Holy Longing', and Dr. Michael Higgins will be facilitating a 3-hour retreat at St. Mark's Parish UBC on May 25th from 1:30-4:30. Details and registration info can be found at:

<https://www.eventbrite.ca/e/a-toolkit-for-spiritual-survival-retreat-with-fr-rolheiser-and-dr-higgins-tickets-60887769959>

The World Community for Christian Meditation is offering their International John Main Silent Retreat on August 5th-8th and Seminar on August 8th-11th at Quest University in Squamish.

See wccm.org for further information.

Wishing you all a blessed summer,
Janet and Sandra

QUICK LOOK AHEAD

Mon. May 20 – OFFICE CLOSED – Victoria Day
Tues. May 21 – Ladies Guild Meeting
Tues. May 21 – 9-11am Gardens & Grounds work party
Wed. May 22 – Seniors Get-Together
Thurs. May 23 – 11am Funeral for Adella Smith
Fri. May 24 & Sat. May 25 - Diocesan Synod
Sat. May 25 – Fundraising Spaghetti Dinner
Tues. May 28 – 9-11am Gardens & Grounds work party
Tues. May 28 - 7pm Parish Council
Thurs. May 30 & Fri. May 31 – ACW sets up in the Hall for Spring Tea
Sat. June 1 – ACW Spring Tea
Tues. June 4 – 9-11am Gardens & Grounds work party
Tues. June 4 – Prayer Shawls Meeting
Wed. June 5 – Seniors Get-Together
Tues. June 11 – 9-11am Gardens & Grounds work party
Tues. June 11 – ACW Meeting
Thurs. June 13 – All Leader’s Meeting – 7-9pm
Fri. June 14 – Men’s Club Sets Up for BBQ
Sat. June 15 - 5:30 pm Chicken Bar B Q
Tues. June 18 – 9-11am Gardens & Grounds work party
Tues. June 18 – Ladies Guild Meeting
Wed. June 19 – Seniors Get-Together
Tues. June 25 – 9-11am Gardens & Grounds work party
Tue. June 25 - 7 pm Parish Council
Tues. July 9 – 9-11am Gardens & Grounds work party
Tues. July 9 – 6 pm Men’s Club BBQ/Courtyard; members & guests only
Mon. Aug. 19 – Fri. Aug. 23 – Vacation Bible School
“The Mane Event”, 9am to noon

Upcoming Events

Monday, May 20 – OFFICE CLOSED

Tuesday, May 21

9-11am – Gardens & Grounds Work Party
2pm – Ladies Guild Meeting – Family Room

Wednesday, May 22

8:30am – ACW Prepares Reception Food - Kitchen
9am – Yoga – Education Centre
10am - Service – Sanctuary
1pm – Seniors Get-Together – Hall & Family Room
7:30pm – Choir Practice - Sanctuary

Thursday, May 23

8am – Set Up of the Hall for Reception
8am - ACW Prepares for Reception – Kitchen & Hall
11am Funeral Service for Adella Smith
12noon Reception following the Funeral

Friday, May 24

9am – Exercise – Hall
10am – Set Up in the Hall for Saturday’s event

Saturday, May 25

9am – 9pm – Event in the Hall – Spaghetti Dinner