



St. Mark – Ocean Park Anglican Church

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Bible Readings for April 21 – Easter Sunday

Isaiah 65:17-25, Psalm 118:1-2, 14-24
Acts 10:34-43, Luke 24:1-12

The Lunch Basket For Hungry Children is provided this week by Laurie and Carol Scott to the Glory of God and in loving memory of our parents, Lucy, Ted, Jo and Burr.

Farewell to Emily

Music Director Emily Worden-Kwok's last Sunday with us is May 5. Also on that date we celebrate our Patronal Festival of St. Mark. There will be cake in the Hall during Coffee Hour. Please plan to be there.

Contact for the Prayer Chain - Please send your requests for prayer to Mary Brown. Please contact her with your requests at 604.535.6408 or at marybrown@telus.net

Library News



Bob Goff's book Everybody Always shows us what can happen when we give away love like we're made of it. Whether losing his shoes while

skydiving or befriending a Ugandan witch doctor, Bob steps into life with a no-limits embrace of others that is as infectious as it is extraordinary. Everybody Always reveals how we can do the same.

Electronic Donations We encourage everyone to consider giving electronically by Pre-Authorized Donation (PAD), or via Credit/Debit card at the Electronic Donation Station (EDS) located in the Narthex. Thank you to all those who have so enthusiastically embraced this new way of giving as it helps us to best manage our ongoing monthly expenses. Donation envelopes are also provided for those who prefer to give that way.

"PARISH PULSE" NEWSLETTER OF ST. MARK OCEAN PARK SUNDAY, APRIL 14, 2019

Gethsemane: Waiting With Jesus **Sung Prayers From The Iona Community** **Wednesday, April 17th, 2019 at 7pm**

This year during Holy Week, we invite you to pause with Jesus on His journey from the celebrations of Palm Sunday to His crucifixion on the hill at Golgotha. Come and wait awhile with Him in the garden at Gethsemane, opening your heart to experience God's presence through contemplative prayer. Through sacred readings and Sung Prayers from the Iona Community in Scotland, we invite you to pause to ready your hearts to move, with Jesus, towards the Cross and on to His resurrection.

HOLY WEEK

Wednesday, April 17

Sung Prayers From the Iona Community

- 7:00pm - Sanctuary

Thursday, April 18

Maundy Thursday

- 6pm – Supper and Foot Washing in the Hall

Friday, April 19

Good Friday

- 9am – Hot Cross Buns in the Hall
- Walk to Laronde Park
- 10:30am Service – Church Sanctuary

Saturday, April 20

- 10am to 12noon Youth-Led Easter Extravaganza
- a drop-in event for families

Sunday, April 21

Easter Sunday

- 8am Service
- 10am Service

Office Closed

Good Friday, April 19

Easter Monday, April 22

FOODSAFE

We currently have 23 members of our congregation who took the FOODSAFE Level 1 course in September 2018.

FOODSAFE Level 1 is for food service establishment operators and front line food service workers such as cooks, servers, bussers, dishwashers, and deli workers. Topics include foodborne illness, receiving and storing food, preparing food, serving food, cleaning and sanitizing.

Every operator of a food service establishment must ensure that, while the operator is absent from the food service establishment, at least one employee (volunteer) present in the establishment holds the certificate.

All FOODSAFE Level 1 certificates issued before July 29, 2013 expired on July 29, 2018.

All FOODSAFE Level 1 certificates issued since July 30, 2013 are valid for 5 years and the expiry date is indicated on your certificate.

If you did not take the September course and currently have your FOODSAFE Level 1 or 2 we would love to add your name to the list or if you are interested in taking the FOODSAFE Level 1 course please contact Mari Anne at mhussen@gmail.com

QUICK LOOK AHEAD

Tues. April 16 – Ladies Guild meeting

Tue. April 23 7 pm Parish Council

Wed. April 24 – Seniors Get-Together

Sun. April 28 – Taize-Style Contemplative Prayers

Thu. May 2 - 2pm Memorial Service for Ed Prior

Sun. May 5 – Launch of Adult Sunday School

Tues. May 7 – Prayer Shawls Meeting

Wed. May 8 – Seniors Get-Together

Thurs. May 9 – Outreach Committee Meeting

Sat. May 11 – Garden Club (renter) Plant Sale

Tues. May 14 – 2pm – ACW Meeting

Tue. May 14 - 6 pm Men's Club dinner meeting

Guest speaker: Rev. Tellison Glover

Mon. May 20 – OFFICE CLOSED – Victoria Day

Tues. May 21 – Ladies Guild Meeting

Wed. May 22 – Seniors Get-Together

Fri. May 24 & Sat. May 25 - Diocesan Synod

Sat. May 25 – Fundraising Spaghetti Dinner

Sun. May 26 – Taize Service in the Evening

Tue. May 28 - 7pm Parish Council

Thurs. May 30 & Fri. May 31 – ACW sets up in the Hall

QUICK LOOK AHEAD continued...

Sat. June 1 – ACW Spring Tea

Tues. June 4 – Prayer Shawls Meeting

Wed. June 5 – Seniors Get-Together

Tues. June 11 – ACW Meeting

Thurs. June 13 – All Leader's Meeting – 7-9pm

Fri. June 14 – Men's Club Sets Up for BBQ

Sat. June 15 - 5:30 pm Chicken Bar B Q

Tues. June 18 – ACW Meeting

Wed. June 19 – Seniors Get-Together

Sun. June 23 - Taize Service in the Evening

Tue. June 25 - 7 pm Parish Council

Upcoming Events

Monday, April 15

10:30am – ACW creating gift baskets in the Hall

Tuesday, April 16

9:30am – Bible Study – Family Room

2pm – Ladies Guild Meeting

Wednesday, April 17

9am – Yoga – Education Centre

10am - Service – Sanctuary

7pm – Sung Prayers Service - Sanctuary

Thursday, April 18

6pm – Maundy Thursday Service – Hall

Good Friday, April 12

OFFICE CLOSED

9am – Hot Cross Buns – Hall

Followed by walk with the Cross to Laronde Park

10:30am – Service - Sanctuary

Saturday, April 13

10am to 12noon – Youth-led Easter Extravaganza in the Hall

Easter Monday, April 22

OFFICE CLOSED