



St. Mark – Ocean Park Anglican Church

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"PARISH PULSE" NEWSLETTER OF ST. MARK OCEAN PARK SUNDAY, FEBRUARY 24, 2019

Tax Receipts – for your 2018 contributions are available for pick up in the Narthex today.

Office is Closed on Monday, February 25 to accommodate a vacation day for Staff.

SAFE CHURCH Workshop

"The church must be a place of welcome, respect, and safety for all people. No one entering our community should ever have cause to fear for their well-being or the betrayal of their trust."

As part of The Screening-in-Faith, Responsible Ministry program it is required that all leaders of High and Medium risk ministries attend the SAFE CHURCH workshop – (formerly known as Diocesan Sexual Misconduct Policy Workshop) every 5 years. A workshop will be offered at St. Mark's on Saturday, March 9, from 9:30am to 12noon. So that we can be compliant and ensure the safety of all vulnerable people, we ask that you would attend this very important session. Please reply to Barb Walks, via email bdwalks@gmail.com, or 604.538.3568 so that we can be advised how many will be attending the March 9 workshop to make adequate preparations.

World Day Of Prayer – is on Friday, March 1st. Worship begins at 1pm, at Church of the Good Shepherd in Surrey, at 2250 150th Street.

LIBRARY NEWS



Freedom to Read Week is an annual event that encourages Canadians to think about and reaffirm their commitment to intellectual freedom, which is guaranteed them under the Charter of Rights and Freedoms. In many countries our library could not exist. Please enjoy our Freedom to Read.

SHROVE TUESDAY PANCAKE SUPPER: Come on, come all to the best pancake supper in South Surrey on Tue. March 5 at 5:30 pm. The Ladies Guild, the Men's Club and pancake maker extraordinaire Steve MacPherson are preparing for this annual tradition which St. Mark's has hosted for over 55 years. We are serving a variety of fruit toppings, whipped cream, syrup, ham and sausages to your taste's delight. Bring your friends and family!! Tickets are \$10 each for this wonderful treat!!!

The Lunch Basket For Hungry Children is provided to the Glory of God and in thanksgiving for God's many blessings.

Contemplative Prayer Ministry

What is Sabbath time for you? We will gather this evening, Sunday, February 24 at 7pm, in the Family Room to pray together using the contemplative spiritual practice of Lectio Divina to lead us into prayer. All are welcome! There will be no Change of Heart Contemplative Evening Prayers or Taize-Style Contemplative Evening Prayers on Sunday evenings during Lent to allow parishioners time to take in the Thursday evening Lenten Series 'A Fresh Walk on Ancient Paths': Contemplative Prayer facilitated by Dr. Mark Davies, Rev. Scott Tolhurst and Rev. Craig Tanksley. Our regular Sunday Contemplative Evening Prayers will resume on April 28th.

- Janet Scott and Sandra Lumb

Bible Readings for March 3

Exodus 34:29-35, Psalm 99
2 Corinthians 3:12-4:2, Luke 9:28-43a

Flowers for the Altar - are provided this week by Irene Snow to the honour and glory of God, and in remembrance of my beloved husband Bill.

Please Join us for

Lenten Lunches



Thursdays

12:00pm - 1:00pm

By Donation

Lenten Lunches 2019

March 14	Mount Olive Lutheran Church <u>2350 - 148 St Surrey</u>
March 21	Star of the Sea Parish <u>15262 Pacific Ave White Rock</u>
March 28	Peninsula United Church <u>Hosted at 15262 Pacific Ave White Rock</u>
April 4	St Mark's Anglican <u>12953 - 20 Avenue Surrey</u>

St. Mark's Semi-Annual Metal Recycling Event on Saturday, March 30

Guidelines:

- Christmas Lights – strings can be donated “as is”
- our primary aim is to keep metal out of the landfill, **not** to take away from existing opportunities and programs
- please put all acceptable metal in your blue bin, i.e. jar lids, mason rings, tin cans, foil tart shells, etc
- We are happy to receive these only if your collection doesn't accept them
- Please **DO NOT LEAVE ON SITE** except by arrangement with Anne Schreck close to the March or November events

Contact for the Prayer Chain - Please send your requests for prayer to Lynne Hurd at lynneh1@telus.net, or by phone at 604-542-2772. The Coordinator for the Prayer Chain for March & April & May will be Mary Brown. Please contact her with your requests at 604.535.6408 or at marybrown@telus.net

Electronic Donations We encourage everyone to consider giving electronically by Pre-Authorized Donation (PAD), or via Credit/Debit card at the Electronic Donation Station located in the Narthex. Thank you to all those who have so enthusiastically embraced this new way of giving as it helps us to best manage our ongoing monthly expenses. Donation envelopes are also provided for those who prefer to give that way.

The VITA Retreat - Prayer that makes us whole

- Friday – Sunday, March 22 - 24
- 4pm
- Loon Lake Retreat Centre, Maple Ridge, BC

Another opportunity to attend this excellent retreat that several in our parish have attended in the past. *A spiritual formation retreat, rooted in Anglican spirituality, where the Holy Spirit can move to personally transform participants to more actively engage in Christian prayer life and mission.*

After a successful pilot program, "The Vita Retreat" (formerly known as "Pro Vita Mundi") is ready to be fully launched as a transformative event for the diocese. The retreat is open to 25 people who desire spiritual growth and who want to explore their prayer lives in a West Coast retreat environment

This two-night retreat includes all meals/snacks and materials. The facilities are modern cabins that include a common lounge, private showers and rooms with two beds; two people per room. Clergy are welcome to attend with their parishioners.

Retreat goals:

- to support participants as they broaden and deepen their experience of prayer in their everyday lives and activities.
- to inspire the energy, creativity and commitment of the next generation of Anglicans as they engage the communities where God has placed them.

Cost:

- for 2 nights accommodation, all meals, retreat materials
- \$175
- for bursary application to cover up to 50% of cost: email jschaap@vancouver.anglican.ca
- **Deadline for registration = Thurs. Feb. 28**
- Registration website: <https://conta.cc/2TC8HAV>

QUICK LOOK AHEAD

Sun. Feb. 24 – Taize-Style Contemplative Eve. Prayers

Wed. Feb. 27 – Seniors Get Together

Tues. March 5 – Prayer Shawl Meeting

Tues. March 5 – Shrove Tuesday Pancake Supper

Wed. March 6 – Ash Wednesday 7pm Service at
Mt. Olive Lutheran Church

Thurs. March 7 – Evening Lenten Series (1st of 6)

Sun. March 10 – Newcomers Event

Sun. March 10 – Souper Sunday

Tues. March 12 – ACW Meeting

Wed. March 13 – Seniors Get Together

Thurs. March 14 – Lenten Lunch at 12noon at Mt. Olive

Thurs. March 14 – Evening Lenten Series (2nd)

Tues. March 19 – Ladies Guild Meeting

Thurs. March 21 – Lenten Lunch at 12noon at
Star of the Sea

Thurs. March 21 – Evening Lenten Series (3rd)

Tues. March 26 – Parish Council Meeting

Wed. March 27 – Seniors Get Together

Thurs. March 28 – Lenten Lunch at 12noon at
Peninsula United

Thurs. March 28 – Evening Lenten Series (4th)

Sat. March 30 – Metal Re-cycling Event

Thurs. April 4 – Lenten Lunch at 12noon at St. Mark's

Thurs. April 4 – Evening Lenten Series (5th)

Thurs. April 11 – Evening Lenten Series (6th and final)

Sun. April 14 – Palm Sunday

Wed. April 17 – Holy Wednesday

Thurs. April 18 – Maundy Thursday 6pm Family Service
and Meal

Fri. April 19 – Good Friday

Sat. April 20 – Family Easter Blast in the Hall

Sun. April 21 – Easter Sunday

Sun. April 28 – Taize-Style Contemplative Prayers

"A Fresh Walk on Ancient Paths" Contemplative Prayer Lenten Series All Are Welcome!



**Thursdays from 7 - 9 pm
March 7, 14, 21, 28 April 4 and 11, 2019**

**Facilitators: Dr Mark Davies,
Rev Craig Tanksley, Rev Scott Tolhurst**

**St Mark Ocean Park Anglican Church
12953 20 Avenue Surrey BC
604-535-8841 www.stmarkbc.org**

Please register by
emailing office@stmarkbc.org

Upcoming Events

Monday, February 25

Office Closed

Tuesday, February 26

9:30am – Bible Study – Family Room

Wednesday, February 27

9am – Yoga – Education Centre

10am - Service – Sanctuary

1pm – Seniors Get-Together

7:30pm Choir Practice – Sanctuary

Friday, March 1

9am – Exercise – Hall

Saturday, March 2

Parish Council Retreat – 8:30am – 4pm