



St. Mark – Ocean Park Anglican Church

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**"PARISH PULSE"
NEWSLETTER OF
ST. MARK OCEAN PARK
SUNDAY MARCH 4, 2018**



LAST SOUPER SUNDAY OF THE SEASON IS NEXT WEEK!

The proceeds from this last Souper Sunday will be shared by AMA House and Stepping Stones.

STEPPING STONES

This non profit organization works with mothers, and mothers-to-be when they are at their most vulnerable, and often have nowhere else to turn.

AMA TRANSITION HOUSE is a safe home for senior women who are escaping abuse. This is a first stage residential care house, where the women have safe housing, meals and counselling.

The proceeds from this sale will enable AMA House and Stepping Stones to purchase 'wish list' items.

Primates World Relief and Development Fund

We have been the parish reps for PWRDF for several years. We would like to pass this ministry along to a new person, or persons, who are passionate about global missions. If you would like to find out more about this ministry please contact Craig or Roberta Braddock 604.538.8642

PWRDF UPDATE As families continue the long and arduous process of rebuilding after the Fort McMurray wildfire parents have reported high levels of prolonged stress. So the Anglican parishes of All Saints and St. Thomas, Fort McMurray partnered with *On Eagle's Wings* (OEW) to provide Bible Camps for children ages four to 10. Camps took place over five days in August of 2016 and 2017. Each day's session was three hours, with 52 children attending over the two years.

"Parents expressed deep gratitude that the camps offered them some respite time and relaxation, confident in the knowledge that their children were having fun in a safe and spiritually enriching environment," says the Rev. Lesley Hand, Executive Director of OEW.

The camps were designed to assist children in recovery and readjustment after the trauma of the fire and subsequent evacuation, and, where homes were lost, through the rebuilding process. To make the camp as accessible as possible to all children in the community, each camp was run on a drop-in basis, with no charge. Financial support from The Primate's World Relief and Development Fund was vital in covering the cost of the camp, thus ensuring fees would not be a barrier to children participating.

LENTEN LUNCHES

The upcoming lunches are:
Noon on Thurs. March 8 at Star of the Sea Parish at 15262 Pacific Avenue, White Rock
Thurs.
Noon on Thurs. March 15 at St. Mark's, and
Noon on Thurs. March 22 at St. Mark's.

BIBLE READINGS FOR SUNDAY, March 11

Numbers 21:4-9, Psalm 107:1-3, 17-22
Ephesians 2:1-10, John 3:14-21

THE LUNCH BASKET FOR HUNGRY CHILDREN

is provided this week by Larry and Merrilee Trask to the Glory of God and in thanksgiving for their granddaughter Rebekah.

Library News



High as the Heavens by **Kate Breslin** takes place in Brussels during World War I. Evelyn is a British nurse working at the hospital during the day and for the Brussels resistance by night. Things get complicated when she finds an injured British pilot. Can they make it out of Brussels alive? You will not be able to put the book down till the last page is read.



REMINDER!!
Grounds Clean-Up Garden Party
Saturday, March 10, 9am to 2pm
Please sign up in the Hall for the work and time you would like to help.

A QUICK LOOK AHEAD

Tues. March 6 Prayer Shawl meeting
Thurs. March 8 1:30pm "Led by the Spirit" course
Thurs. March 8 7pm "Led by the Spirit" course
Fri. March 9 6pm Parish Council Retreat
Sat. March 10 9am Parish Council Retreat continues
Sat. March 10 9am – 2pm Grounds Clean-Up
Sun. March 11 Souper Sunday
Sun. March 11 7pm Contemplative Prayer
Tues. March 13 2pm ACW meeting
Tues. March 13 3pm Clergy & Wardens Meeting
Tue. March 13 6pm Men's Club dinner meeting. Guest speaker: George Garrett, CKNW investigative reporter 1956-99

Thurs. March 15 1:30pm "Led by the Spirit" course
Thurs. March 15 7pm "Led by the Spirit" course
Sun. Mar. 11 Souper Sunday
Tues. March 20 Ladies Guild meeting
Wed. March 21 10am Healing Service
Thurs. March 22 1:30pm "Led by the Spirit" course
Thurs. March 22 7pm "Led by the Spirit" course
Tues. March 27 7pm Parish Council
Wed. March 28 7pm Holy Wednesday Service
Thurs. March 29 6pm Parish Supper, foot-washing, short Service
Fri. March 30 9am Walk of Faith to LaRonde Park
10:30am Good Friday Service
11:30am Stations of the Cross

Tues. April 10 9am to 12noon Gardening Party
Tues. April 10 6pm Men's Club dinner meeting; Guest Speaker is Barbara Walks, Embrace Rwanda missionary

Tues. May 15 6pm Men's Club dinner meeting; Guest Speaker is Bishop Biswas from the Diocese of Calcutta; Topic is Cathedral Relief Service (CRS) & how it delivers empowerment programs, free education, and health care services to families who live in Kolkata slums.
Tues. May 22 7pm Parish Council meeting
Sat. May 26 Diocesan Mission Conference

Upcoming Events

Monday, March 5

9am – Exercise – Hall

Tuesday, March 6

9:30am – Bible Study – Family Room
1pm – Prayer Shawl Meeting – Family Room
7pm – Youth – Youth Room

Wednesday, March 7

9am – Yoga – Education Centre
10am – Service – Sanctuary
1pm – Seniors Get-Together – Hall & Family Room
7:30pm – Choir Practice - Sanctuary

Thursday, March 8

9:30am – Outreach Committee Meeting - Hall
1:30 – Lenten Series – Education Centre
7pm – Lenten Series – Education Centre
7:30pm – ESL Bible Study – Family Room

Friday, March 9

9am – Exercise – Hall

Sunday, March 11

Souper Sunday

Saturday, March 17

2pm – Service for Alvin Myhre, followed by a Reception in the Hall