



St. Mark – Ocean Park
Anglican Church

12953 20th Ave., Surrey, BC, V4A 1Z1, Tel: 604-535-8841 email office@stmarkbc.org, www.stmarkbc.org

"PARISH PULSE"
NEWSLETTER OF
ST. MARK OCEAN PARK
SUNDAY MARCH 18, 2018

Upcoming Events

Monday, March 19

9am – Exercise – Hall

Tuesday, March 20

9:30am – Bible Study – Family Room
2pm – Ladies Guild -- Family Room
5:30pm – SPIRIT Meeting – Family Room
7pm – Parish Council Meeting – Family Room
7pm – Youth – Youth Room

Wednesday, March 21

9am – Yoga – Education Centre
10am – Healing Service – Sanctuary
1pm – Senior's Get-Together – Hall & Family Room
7:30pm – Choir Practice - Sanctuary

Thursday, March 22

12noon – Lenten Lunch - Hall
1:30 – Lenten Series – Education Centre
7pm – Lenten Series – Education Centre
7:30pm – ESL Bible Study – Family Room

Friday, March 23

9am – Exercise – Hall

Gethsemane: Waiting With Jesus
Sung Prayers From The Iona Community
Wednesday, March 28, at 7pm

This year during Holy Week, we invite you to pause with Jesus on His journey from the celebrations of Palm Sunday to His crucifixion on the hill at Golgotha. Come and wait awhile with Him in the garden at Gethsemane, opening your heart to experience God's presence through contemplative prayer. Through sacred readings and Sung Prayers from the Iona Community in Scotland, we invite you to pause to ready your hearts to move, with Jesus, towards the Cross and on to His resurrection.

THE PRAYER CHAIN coordinator for March, April and May is Mary Brown who can be contacted at 604.535.6408. or at marybrown@telus.net.

The Healing Service - Healing Service with the Eucharist, 10am this Wednesday, March 21 – Come and experience the healing touch of our Lord Jesus. Everyone is welcome. **James 5:16** "...pray for each other so that you may be healed. The prayer of the righteous (person) is powerful and effective."

RECTOR'S LETTER – available for pick today in the Narthex.

NewComers Fellowship - Calling all newcomers to St. Mark's! If you have started attending St. Mark's in the last year, you are welcome to join us for a NewComers Fellowship on Sunday, April 8 after the 10am service. A light luncheon will be provided. It will include an orientation to the church and meeting some of St. Mark's leaders. Please RSVP to Holly hollybt58@gmail.com or tell me in church!

LENTEN LUNCH

Noon on Thurs. March 22 at St. Mark's.

BIBLE READINGS FOR SUNDAY, March 25

Isaiah 50:4-9a, Psalm 31:9-16, Philippians 2:5-11, Mark 14:1-15, 47

THE LUNCH BASKET FOR HUNGRY CHILDREN

is provided this week to the Glory of God and in thanksgiving for God's many blessings.

Lost Keys – in the past couple of weeks one set of keys has been left at the Church. Please check at the Office. They may be your keys.



Garden & Grounds Work Parties
Sat. March 24 from 9am to 12noon
and
Tues. April 10 from 9am to 12noon

Many light tasks as well as heavier ones. Come as you can & leave when you need. All hands are welcome. See posters and list of tasks in the Hall. See Anne Schreck for details.

Our services in Holy Week are as follows:

- Sunday Mar. 25 - "Palm Sunday"
8am and 10 am services
- Wed. Mar. 28 - "Holy Wednesday"
7pm - Iona Service
- Thurs. Mar. 29 - "Maundy Thursday" -
6pm - Parish Supper, foot-washing,
short service
- Fri. Mar. 30 - "Good Friday"
9am - Walk of Faith to Laronde Park,
10:30am - Good Friday Service,
11:30am - Stations of the Cross
- Sat. Mar. 31 - "Holy Saturday" - 7pm -
Tenebrae Service
- Sunday April 1 Easter Resurrection
Sunday – 8am and 10 am services

CALL TO PRAYER

This coming week both the SPIRIT Team and Parish Council Meetings take place on Tuesday, March 20. We thank God for those He has called into leadership in our church, and look forward to what He is going to accomplish through them and us. Please pray as you are inspired and enabled by the Holy Spirit.



Library News

How many times have you thought, hopefully with your inside voice, "I wish you were more like me". **John Ortberg** shows us how to have deeper, and more meaningful relationships with friends, family, and even co-workers in his book **I'd Like You More If You Were More Like Me**. From sidestepping common relationship pitfalls to making God an active part of your everyday life this book is full of useful information that will help you have a deeper relationship with others in your life.

A QUICK LOOK AHEAD

Tues. March 20 Ladies Guild meeting

Tues. March 20 7pm Parish Council

Wed. March 21 10am Healing Service

Thurs. March 22 1:30pm "Led by the Spirit" course

Thurs. March 22 7pm "Led by the Spirit" course

Sat. March 24 9am to 12noon – Garden Work Party

Wed. March 28 7pm Holy Wednesday Service

Thurs. March 29 6pm Parish Supper, foot-washing,
short Service

Fri. March 30 Good Friday Services

Sun. April 8 11:45 am Newcomers Fellowship

Tues. April 10 9am to 12noon Gardening Party

Tues. April 10 6pm Men's Club dinner meeting; Guest
Speaker is Barbara Walks, Embrace Rwanda missionary

Sun. April 8 11:45 am Newcomers Fellowship

Sat. April 28 5:30pm Children's Ministry Missions

spaghetti Dinner Fundraiser in the Hall

Tues. May 15 6pm Men's Club dinner meeting; Guest
Speaker is Bishop Biswas from the Diocese of Calcutta;
Topic is Cathedral Relief Service (CRS) & how it delivers
empowerment programs, free education, and health care
services to families who live in Kolkata slums.

Tues. May 22 7pm Parish Council meeting

Sat. May 26 Diocesan Mission Conference

Sat. June 9 5:30 pm Men's Club Chicken Bar B Q

Sat. June 16 11 am ACW Strawberry Tea

PWRDF INFORMATION - World Water Day, on Thursday, March 22, is about focusing attention on the importance of water. The theme for World Water Day 2018 is '*Nature for Water*' – exploring nature-based solutions to the water challenges we face in the 21st century.

Damaged ecosystems affect the quantity and quality of water available for human consumption. Today, 2.1 billion people live without safe drinking water at home; affecting their health, education and livelihoods.

Sustainable Development Goal 6 commits the world to ensuring that everyone has access to safe water by 2030, and includes targets on protecting the natural environment and reducing pollution.