



St. Mark – Ocean Park Anglican Church

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"PARISH PULSE" NEWSLETTER OF ST. MARK OCEAN PARK SUNDAY MARCH 11, 2018

Upcoming Events

Monday, March 12

9am – Exercise – Hall

Tuesday, March 13

9:30am – Bible Study – Family Room

2pm – ACW Meeting -- Family Room

6pm – Men's Club Meeting – Family Room

7pm – Youth – Youth Room

Wednesday, March 14

9am – Yoga – Education Centre

10am – Service – Sanctuary

7:30pm – Choir Practice - Sanctuary

Thursday, March 15

9:30am – Outreach Committee Meeting – Hall

12noon – Lenten Lunch - Hall

1:30 – Lenten Series – Education Centre

7pm – Lenten Series – Education Centre

7:30pm – ESL Bible Study – Family Room

Friday, March 16

9am – Exercise – Hall

Saturday, March 17

2pm – Service for Alvin Myhre, followed by a Reception in the Hall

Change of Heart Sunday Contemplative Evening Prayers

We will gather this evening, Sunday, March 11, at 7pm in the Family Room for a shared experience of contemplative prayer. As we continue to reflect on the writings of Jean Vanier on community, we will consider the importance of lovingly accepting ourselves and others as we are. Please join us! All are welcome! - Janet Scott, Coordinator

LENTEN LUNCHES

The upcoming lunches are:

Noon on Thurs. March 8 at Star of the Sea Parish at 15262 Pacific Avenue, White Rock

Noon on Thurs. March 15 at St. Mark's, and

Noon on Thurs. March 22 at St. Mark's.

BIBLE READINGS FOR SUNDAY, March 18

Jeremiah 31:31-34, Psalm 51:1-12,

Hebrews 5:5-10, John 12:20-33

THE LUNCH BASKET FOR HUNGRY CHILDREN

is provided this week by Carol Scott to the Glory of God and in thanksgiving for God's many blessings.

Metal Recycling

– Well done faithful servants.

Many thanks to Tom Chernoff, Lawrie Stephenson and Merrilee Trask, and to all who donated the 1200 lbs of metal moved on Saturday, March 3. We're nearing 3 tons of metal kept out of the landfill. Thank you all!

- Creative Care Coordinator Anne Schreck.



Garden & Grounds Work Parties
Sat. March 24 from 9am to 12noon
and
Tues. April 10 from 9am to 12noon

Many light tasks as well as heavier ones. Come as you can & leave when you need. All hands are welcome. See posters and list of tasks in the Hall. See Anne Schreck for details.

Our services in Holy Week are as follows:

- Sunday Mar. 25 - "Palm Sunday"
8am and 10 am services
- Wed. Mar. 28 - "Holy Wednesday"
7pm - Iona Service
- Thurs. Mar. 29 - "Maundy Thursday" -
6pm - Parish Supper, foot-washing,
short service
- Fri. Mar. 30 - "Good Friday"
9am - Walk of Faith to Laronde Park,
10:30am - Good Friday Service,
11:30am - Stations of the Cross
- Sat. Mar. 31 - "Holy Saturday" - 7pm -
Tenebrae Service
- Sunday April 1 Easter Resurrection
Sunday – 8am and 10 am services

A QUICK LOOK AHEAD

Tues. March 13 2pm ACW meeting

Tues. March 13 3pm Clergy & Wardens Meeting

Tue. March 13 6pm Men's Club dinner meeting. Guest
speaker: George Garrett, CKNW investigative reporter
1956-99

Thurs. March 15 1:30pm "Led by the Spirit" course

Thurs. March 15 7pm "Led by the Spirit" course

Tues. March 20 Ladies Guild meeting

Tues. March 20 7pm Parish Council

Wed. March 21 10am Healing Service

Thurs. March 22 1:30pm "Led by the Spirit" course

Thurs. March 22 7pm "Led by the Spirit" course

Sat. March 24 9am to 12noon – Garden Work Party

Wed. March 28 7pm Holy Wednesday Service

Thurs. March 29 6pm Parish Supper, foot-washing,
short Service

Fri. March 30 Good Friday Services

Tues. April 10 9am to 12noon Gardening Party

Tues. April 10 6pm Men's Club dinner meeting; Guest
Speaker is Barbara Walks, Embrace Rwanda missionary

Tues. May 15 6pm Men's Club dinner meeting; Guest
Speaker is Bishop Biswas from the Diocese of Calcutta;
Topic is Cathedral Relief Service (CRS) & how it delivers
empowerment programs, free education, and health care
services to families who live in Kolkata slums.

Tues. May 22 7pm Parish Council meeting

Sat. May 26 Diocesan Mission Conference