



St. Mark – Ocean Park Anglican Church

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"PARISH PULSE" NEWSLETTER OF ST. MARK OCEAN PARK SUNDAY FEB. 4, 2018

SHROVE TUESDAY PANCAKE SUPPER

St. Mark's has a deal for you!! Hot pancakes right off the grill, with fruit toppings, sausages and ham for only \$10. Youth 13-18: \$5.

Kids free. Proceeds are shared between the Men's Club and the Ladies Guild to further their mission work. Come and celebrate with our church family and our neighbours.

Tue. Feb. 13 5:30-6:45 pm. Tickets available after church from Les and at the door from Kerry Zeal. See you there!!!!

Parish Council Nominations for 2018

In the Narthex you will see a poster listing nominations for Parish Council for 2018. Should you have a person that you would like to suggest to run for Parish Council, and that person has agreed to let his/her name stand, please contact Catherine Featherstone, Barbara Carington Smith or David Soy with your nomination.

The Nominations Committee will then contact that person, provide him/her with the Ministry Description and other paper work, and add him/her to the nominations list. We will also take nominations from the floor at Vestry, but we would prefer to have names in advance to help us prepare for an election. Thank you.

LENTEN LUNCHES

This year Lent begins on Wed. Feb. 14 and once again a number of area churches are hosting a Lenten Lunch at noon on Thursdays. We are the organizing church this year and would really like to see members of St. Marks parish participating in these special times of fellowship and worship. The first lunch will be on Thurs. Feb. 22 at Mount Olive Lutheran Church at noon. Please join us.

Linda O'Donovan. 604-536-7983

BIBLE READINGS FOR SUNDAY, FEB. 11

2 Kings 2:1-12, Psalm 50:1-6
2 Corinthians 4:3-6, Mark 9:2-9

BIBLE READINGS FOR ASH WED., FEB. 14

7pm Holy Eucharist Service at St. Mark's:
Joel 2:1-2, 12-17, Psalm 51:1-17
2 Corinthians 5:20b-6:10, Matthew 6:1-6, 16-21

2017 ANNUAL REPORT – The Annual Report for 2017 is available in the Narthex today, February 4, and next Sunday, February 11, and Vestry Sunday, February 18. We have printed only enough copies to provide one Annual Report for each family. When you pick up a copy, please add your name and signature to the "Pick-Up" sheet provided. Please read your Annual Report and bring it to the February 18 Vestry Meeting. If you wish, you may download a digital copy of the 2017 Annual Report from our St. Mark Ocean Park website (www.stmarkbc.org) or facebook place. Thank you and God bless. – Your Wardens

Vestry Notice Letter

VESTRY MEETING

Sunday, February 18, 2018

The Annual Vestry Meeting of St. Mark Ocean Park will take place on Sunday, February 18, 2018 following a combined Morning Prayer Service at 10am, and a lunch in the Parish Hall.

During the past weeks we collected email addresses after Sunday services. On Friday, January 26 the Office emailed the Vestry Notice Letter to those parishioners who provided their email address. If you are one of those people, please check your email for your Vestry Notice.

Paper copies of the Vestry Notice Letter are available, in alphabetical order, in the Narthex. Please pick up your copy of the Notice Letter today to help us reduce mailing costs. Any Vestry Notices not picked up today will be mailed out on Monday, February 5, 2018.

We encourage every member to attend our Vestry, and pray for this annual business meeting, as it is an important time to gather as a community and make important decisions based on where we see the Lord leading us as a Parish.



Library News

Did you know that Philippians 4:6-7 is the most underlined passage in the Bible? If it is underlined in your Bible or speaks to you the **Max Lucado's** new book **anxious for nothing** is a must read for you. This book will help you discover a life that is calm and will equip you to face anxiety.

LADIES GUILD....JARS

The Ladies Guild would appreciate the return or donation of canning jars. We mainly use 250ml jars or smaller. We already have a member preparing for this year's event!

They can be put on the counter in the Guild/Flower room anytime. Thank you

THE LUNCH BASKET FOR HUNGRY CHILDREN

is provided this week by Jef and Shannon Poulsen to the Glory of God and in joy and thanksgiving for granddaughter Lily, February 3, son Christopher, February 5, and Jef, February 6.

THE PRAYER CHAIN Coordinator is Lynne Hurd. She can be reached at 604.542.2772 or at lynneh1@telus.net.

FLOWERS FOR THE ALTAR – are given today to the Glory of God and in loving memory of Susan Jones from Barry, Caitlin and Dylan.

CREATION CARE – For Metal Recycling and Garden Care dates, please see "A Quick Look Ahead" list on the reverse side.

TO THE GOOD CITIZENS OF CHRIST

We have doctors going on a mission in March from Vancouver to Liberia to assist in the medical needs of the students at the Lord's Prayer Ministry and Pastor John Kpewoan and his wife Cecelia. We are requesting that if you have a laptop that you are not using then please donate it to St Mark's. The laptop will be wiped and the basic operating system will be retained. To see where your generosity goes please see www.tlpministries.org

Any inquiries contact John Coleridge at 778.838.8574 or talk to me after service

A QUICK LOOK AHEAD

Feb. 5-Feb.10 Pictures taken for new photo directory.

Tues. Feb. 6 1pm Prayer Shawl meeting

Sun. Feb. 11 7pm Contemplative Prayer

Sun. Feb. 11 Souper Sunday

Tues. Feb. 13 2pm ACW meeting

Tues. Feb. 13 3pm Clergy & Wardens Meeting

Tue. Feb. 13 5:30pm Shrove Tuesday Pancake Supper

Wed. Feb. 14 10am & 7pm Ash Wednesday Service

Thurs. Feb. 15 7pm "Led by the Spirit" course

Sun. Feb. 18 11:30am Annual Vestry Meeting

Tues. Feb. 20 2pm Ladies Guild meeting

Wed. Feb. 21 10am Healing Service

Thurs. Feb. 22 7pm "Led by the Spirit" course

Sun. Feb. 25 7pm Contemplative Prayer

Tues. Feb. 27 7pm Parish Council

Thurs. March 1 7pm "Led by the Spirit" course

Sat. March 3 10am to 12noon – Metal Recycling

Tues. March 6 Prayer Shawl meeting

Thurs. March 8 7pm "Led by the Spirit" course

Sat. March 10 9am – 2pm Grounds Clean-Up

Sun. March 11 7pm Contemplative Prayer

Tues. March 13 2pm ACW meeting

Tues. March 13 3pm Clergy & Wardens Meeting

Tue. March 13 6pm Men's Club dinner meeting. Guest speaker: George Garrett, CKNW investigative reporter 1956-99

Thurs. March 15 7pm "Led by the Spirit" course

Sun. Mar. 11 Souper Sunday

Tues. March 20 Ladies Guild meeting

Wed. March 21 10am Healing Service

Thurs. March 22 7pm "Led by the Spirit" course

Tues. March 27 7pm Parish Council

Tues. April 10 9am to 12noon Gardening Party

Upcoming Events

Monday, February 5

9am – Exercise – Hall

11am – 5pm - Photo Directory Photo Shoot - Hall

Tuesday, February 6

9:30am – Bible Study – Family Room

10am – 5pm - Photo Directory Photo Shoot - Hall

1pm – Prayer Shawl Meeting – Family Room

7pm – Youth – Youth Room

10am – 5pm - Photo Directory Photo Shoot - Hall

Wednesday, February 7

9am – Yoga – Education Centre

9am – 8pm – Photo Directory Photo Shoot - Hall

10am –Service – Sanctuary

11am – Altar Guild Meeting – Family Room

1pm – Senior's Get-Together – Hall and Family Room

7:30pm – Choir Practice - Sanctuary

Thursday, February 8

11am – 5pm - Photo Directory Photo Shoot - Hall

7:30pm – ESL Bible Study – Family Room

Friday, February 9

9am – Exercise – Hall

12noon – 8pm - Photo Directory Photo Shoot – Education Centre

Saturday, February 10

10am – 4pm - Photo Directory Photo Shoot – Education Centre

2pm – Funeral Service for Rea Anne Anderson – Sanctuary,
followed by a Reception in the Hall

Sunday, February 11

7pm – Contemplative Prayer Service – Family Room