



St. Mark – Ocean Park Anglican Church

12953 20th Ave., Surrey, BC, V4A 1Z1, Tel: 604-535-8841 email office@stmarkbc.org, www.stmarkbc.org

"PARISH PULSE" NEWSLETTER OF ST. MARK OCEAN PARK SUNDAY JAN. 28, 2018



Souper Sunday News

If you have any jars from previous soup sales, would you please return them to the Church Kitchen. Please include the sealing ring with the jar. Thank you!

Parish Council Nominations for 2018

In the Narthex you will see a poster listing nominations for Parish Council for 2018. Should you have a person that you would like to suggest to run for Parish Council, and that person has agreed to let his/her name stand, please contact Catherine Featherstone, Barbara Carington Smith or David Soy with your nomination.

The Nominations Committee will then contact that person, provide him/her with the Ministry Description and other paper work, and add him/her to the nominations list. We will also take nominations from the floor at Vestry, but we would prefer to have names in advance to help us prepare for an election. Thank you.

LENTEN LUNCHES

This year Lent begins on Wed. Feb. 14 and once again a number of area churches are hosting a Lenten Lunch at noon on Thursdays. We are the organizing church this year and would really like to see members of St.Marks parish participating in these special times of fellowship and worship. The first lunch will be on Thurs. Feb. 22 at Mount Olive Lutheran Church at noon. Please join us.

Linda O'Donovan. 604-536-7983

LADIES GUILD....JARS

The Ladies Guild would appreciate the return or donation of canning jars. We mainly use 250ml jars or smaller. We already have a member preparing for this year's event!

They can be put on the counter in the Guild/Flower room anytime. Thank you

Change of Heart Contemplative Evening

Prayers - You are invited once again to an evening of Contemplation tonight at 7pm in the Family Room. We are beginning a new series in our Change of Heart evenings where we will consider community and the gift it is to us in the Christian life. We look forward to welcoming those of you who are able to attend. This evening, Lynne Hurd will be leading us through a Thomas Merton reflection on community. - Janet Scott, Coordinator Change of Heart

Vestry Notice Letter

VESTRY MEETING

Sunday, February 18, 2018

The Annual Vestry Meeting of St. Mark Ocean Park will take place on Sunday, February 18, 2018 following a combined Service at 10am, and a lunch in the Parish Hall.

During the past weeks we collected email addresses after Sunday services. On Friday, January 26 the Office emailed the Vestry Notice Letter to those parishioners who provided their email address. If you are one of those people, please check your email for your Vestry Notice.

Paper copies of the Vestry Notice Letter are available, in alphabetical order, in the Narthex. Please pick up your copy of the Notice Letter as soon as possible, to help us reduce mailing costs. Any Vestry Notices not picked up will be mailed out on Monday, February 5, 2018.

We encourage every member to attend our Vestry, and pray for this annual business meeting, as it is an important time to gather as a community and make important decisions based on where we see the Lord leading us as a Parish.



Library News

Ronie Kenig's new book **Operation Zulu Redemption** is another page turner that you will not want to put down till you reach the last page. A series of deadly attacks leaves two members of the Zulu team dead and a third in a coma. The rest of the members are thrust into a fight for answers, redemption, and for their lives.

Forward Day-By-Day – The February-March-April edition is now available. Please see Carolyn Brown in the Narthex.

THE LUNCH BASKET FOR HUNGRY CHILDREN is provided this week by Jack and Pauline Blachford to the Glory of God and in thanksgiving for our new granddaughter Melah Rae, and with gratitude to God for our granddaughters Jada, Sofia and Piper.

THE PRAYER CHAIN Coordinator is Lynne Hurd. She can be reached at 604.542.2772 or at lynneh1@telus.net.

FLOWERS FOR THE ALTAR – are given today to the Glory of God and in thanksgiving for his many blessings.

CREATION CARE – For Metal Recycling and Garden Care dates, please see "A Quick Look Ahead" list on the reverse side.

BIBLE READINGS FOR FEBRUARY 4
Isaiah 40:21-31, Psalm 147:1-11, 20
1 Corinthians 9:16-23, Mark 1:29-39

Altar Guild Announcement – The flower chart for this year is posted in the Hall. If you have a favourite date please put your name on the chart. We want to keep it to 2 bouquets per week. When using your envelope to pay for the flowers, instead of writing on the cheque, please mark on the outside of your envelope "Altar Flowers". We will continue the price at \$50 per batch. If you want the Altar Guild to buy the flowers for you circle **YES**.

NEW PHOTO DIRECTORY - We are putting together a new photo directory, with the help of, once again, IPC Canada Photo Services. Parishioners can sign to have their photo taken, here at St. Marks, somewhere between Thursday, January 31 and Saturday, February 10, 2018. There is no pressure to buy photographs, although many people take this opportunity to have lovely new family photos taken. We encourage everyone to be involved so we can have a complete directory for use within the congregation. If you cannot make it for a sitting at that time, photos can be submitted instead. If anyone would like to help with this project, we will need a sign-up crew throughout January and hosts and hostesses during the sessions. Please speak to Catherine Featherstone, Louise Ritchie or wardens, Ken or Art.

Strategic Plan Implementation: email addresses.

In an effort to improve our internal communications going forward we are proposing to make more use of email helping us address our concerns for both speedy and cost-saving communication. The plan is to use it for items such as the Rector's letters, notification of events such as Vestry, special speakers, memorial services, concerts, etc. In addition, it is hoped to start a Parish newsletter that would be delivered in this way giving more details of activities within the Church.

Email permission slips giving the Church the right to use them will be available for signing at the time of your Photo Directory appointment. Please note that your email will not be included in that public directory. It will be treated as private and maintained with the confidential Church membership list and used only by those with an official requirement to communicate. All participants will have the right to 'unsubscribe' - remove their permission - at any time. Please sign up and join us in this initiative.
- Jock Ferguson.

A QUICK LOOK AHEAD

Jan. 31-Feb.10 Pictures taken for new photo directory.

Tues. Feb. 6 1pm Prayer Shawl meeting

Sun. Feb. 11 7pm Contemplative Prayer

Sun. Feb. 11 Souper Sunday

Tues. Feb. 13 2pm ACW meeting

Tues. Feb. 13 3pm Clergy & Wardens Meeting

Tue. Feb. 13 5:30pm Shrove Tuesday Pancake Supper

Wed. Feb. 14 10am & 7pm Ash Wednesday Service

Thurs. Feb. 15 7pm "Led by the Spirit" course

Sun. Feb. 18 11:30am Annual Vestry Meeting

Tues. Feb. 20 2pm Ladies Guild meeting

Wed. Feb. 21 10am Healing Service

Thurs. Feb. 22 7pm "Led by the Spirit" course

Sun. Feb. 25 7pm Contemplative Prayer

Tues. Feb. 27 7pm Parish Council

Thurs. March 1 7pm "Led by the Spirit" course

Sat. March 3 10am to 12noon – Metal Recycling

Tues. March 6 Prayer Shawl meeting

Thurs. March 8 7pm "Led by the Spirit" course

Sat. March 10 9am – 2pm Grounds Clean-Up

Sun. March 11 7pm Contemplative Prayer

Tues. March 13 2pm ACW meeting

Tues. March 13 3pm Clergy & Wardens Meeting

Tue. March 13 6pm Men's Club dinner meeting. Guest speaker: George Garrett, CKNW investigative reporter 1956-99

Thurs. March 15 7pm "Led by the Spirit" course

Sun. Mar. 11 Souper Sunday

Tues. March 20 Ladies Guild meeting

Wed. March 21 10am Healing Service

Thurs. March 22 7pm "Led by the Spirit" course

Tues. March 27 7pm Parish Council

Tues. April 10 9am to 12noon Gardening Party

PWRDF leads \$375K food distribution project in South Sudan

Nateba Lokorio, a single mother who cares for her two daughters, her mother, and her two elderly aunts in the rural county of Kapoeta North in South Sudan, says she has received a "wonderful" gift: "My household is now guaranteed a meal each day of the week."

This was made possible by a food distribution project led by PWRDF in the state of Eastern Equatoria that is benefiting 1,799 South Sudanese households — 8,960 individuals.

Upcoming Events

Monday, January 29

9am – Exercise – Hall

Tuesday, January 30

9:30am – Bible Study – Family Room

7pm – Youth – Youth Room

Wednesday, January 31

9am – Yoga – Education Centre

10am – Service – Sanctuary

11am – 5pm – Photo Directory Photo Shoot - Hall

7:30pm – Choir Practice - Sanctuary

Thursday, February 1

11am – 5pm - Photo Directory Photo Shoot - Hall

7:30pm – ESL Bible Study – Family Room

Friday, February 2

9am – Exercise – Hall

12:30pm – 8pm - Photo Directory Photo Shoot - Hall

Saturday, February 3

10am – 5pm - Photo Directory Photo Shoot - Hall

PWRDF Voices of Hope Canada

Ada Turtle lives in Pikangikum, a remote Northern Ontario Indigenous community. She's been in the hospital for the past year because she's on dialysis. When she was being released from hospital, the doctors wanted to know if she had running water in her home. At the time she didn't know that her home had been chosen to be retrofitted with indoor plumbing in the second phase of the Pikangikum Clean Water project, funded by PWRDF and implemented by Habitat for Humanity Manitoba.

When she returned home in August 2017 she was grateful to see the new bathroom fixtures and kitchen sink. "It's so much easier now. We used to have to carry buckets of water from the tap outside. Now you turn on the tap and the water is there." Ada has four children who are all active in sports, especially hockey, broom ball and baseball. "The kids can use the bath or shower after each game," she says. "I really appreciate the installation."

Since 2013 PWRDF has supported the Pimatisiwin Nipi "Living Water" Group's work of advocacy, education, partnership and strategic giving around clean water in Indigenous communities. This work has made it possible to bring safe drinking water into 20 homes in Pikangikum.