



St. Mark – Ocean Park Anglican Church

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"PARISH PULSE" NEWSLETTER OF ST. MARK OCEAN PARK SUNDAY JAN. 21, 2018



SOUPER SUNDAY IS TODAY!

The proceeds from the January's Souper Sunday will be donated to our local FOOD BANK . This local location provides weekly support services to over 600 people in the White Rock/South Surrey area.

Sources White Rock/South Surrey Food Bank is a member of Food Banks BC and Food Banks Canada, providing community members in need a minimum of 2 days' worth of food per person per week. Extra healthy food items are also provided for each school age child as well as formula and diapers for babies.

The Food Bank also provides a mobile service for those who qualify as well as a variety of services throughout the year such as cooking classes, workshops, and other information sessions on relevant topics.

CALL TO PRAYER - This coming week Parish Council meets on Tuesday, Jan. 23, and SPIRIT meets on Thursday, Jan 25.

We thank God for those He has called into leadership in our church, and look forward to what He is going to accomplish through them and us. It is particularly important in this season of new initiatives that we lift our leaders up in prayer. Please pray as you are inspired and enabled by the Holy Spirit. Suggestions for prayer include:

- that God would protect them and their families,
- that He would equip them for the work He has called them to do,
- that love for Christ, each other, and our community would bind them together,
- that The Spirit would gift them with wisdom and courage, guide and direct their deliberations, and unite them in vision and process.

BIBLE READINGS FOR JANUARY 28

Deuteronomy 18:15-20, Psalm 111,
1 Corinthians 8:1-13, Mark 1:21-28

Vestry Notice – Email Collection

In 3 weeks, we will have the official Notice available for our upcoming Vestry. As we did last year, we would like to email the Vestry Notice, to help us save paper, envelopes, photocopying and postage. If you would like us to email the Vestry Notice to you, one of us will be in the Narthex after the Service to collect your permission to do so, and your email address. Thank you and God bless. - Wardens

Forward Day-By-Day – The February-March-April edition is now available. Please see Carolyn Brown in the Narthex.

Ministry Leaders - If you are a Ministry Leader who has not yet emailed your Report to the office, please do so no later than tomorrow,
Monday, January 22 to: office@stmarkbc.org

THE LUNCH BASKET FOR HUNGRY CHILDREN

is provided this week by Janet Cormode to the Glory of God blessing all the children.

THE PRAYER CHAIN Coordinator is Lynne Hurd. She can be reached at 604.542.2772 or at lynneh1@telus.net.

FLOWERS FOR THE ALTAR – ‘Blessed is the man who trusts in the Lord.’ With thanks to God for the long and fruitful life of my dad, Bob Bear.

CREATION CARE – Metal Recycling and Garden Care dates, please see “A Quick Look Ahead” list on the reverse side.

Altar Guild Announcement – The flower chart for this year is posted in the Hall. If you have a favourite date please put your name on the chart. We want to keep it to 2 bouquets per week. When using your envelope to pay for the flowers, instead of writing on the cheque, please mark on the outside of your envelope “Altar Flowers”. We will continue the price at \$50 per batch. If you want the Altar Guild to buy the flowers for you circle **YES**.

NEW PHOTO DIRECTORY - We are putting together a new photo directory, with the help of, once again, IPC Canada Photo Services. Parishioners can sign to have their photo taken, here at St. Marks, somewhere between Thursday, January 31 and Saturday, February 10, 2018. There is no pressure to buy photographs, although many people take this opportunity to have lovely new family photos taken. We encourage everyone to be involved so we can have a complete directory for use within the congregation. If you cannot make it for a sitting at that time, photos can be submitted instead. If anyone would like to help with this project, we will need a sign-up crew throughout January and hosts and hostesses during the sessions. Please speak to Catherine Featherstone, Louise Ritchie or wardens, Ken or Art.

Strategic Plan Implementation: email addresses.

In an effort to improve our internal communications going forward we are proposing to make more use of email helping us address our concerns for both speedy and cost-saving communication. The plan is to use it for items such as the Rector’s letters, notification of events such as Vestry, special speakers, memorial services, concerts, etc. In addition, it is hoped to start a Parish newsletter that would be delivered in this way giving more details of activities within the Church.

Email permission slips giving the Church the right to use them will be available for signing at the time of your Photo Directory appointment. Please note that your email will not be included in that public directory. It will be treated as private and maintained with the confidential Church membership list and used only by those with an official requirement to communicate. All participants will have the right to ‘unsubscribe’ - remove their permission - at any time. Please sign up and join us in this initiative. - Jock Ferguson.

HELP WANTED

ACW needs people to help with funerals and other catering jobs, especially the larger ones.

- people to make squares, cookies, or loaves
- someone to help with the dishes after the Service is over (during the Reception).
- servers and help preparing sandwiches the day before the event.
- clean-up crew for clearing the dishes, and general clean-up.

There will be a list posted in the Hall if you can help in any way, or phone Janet Van Nes at: 604-535-0818.

The “Help Wanted” segment (above) is a new feature in the PULSE. If you are a Ministry Leader, and if you are seeking volunteers, please submit content for the “Help Wanted” feature to the Office by the PULSE deadline = Wednesdays at 4pm.

A QUICK LOOK AHEAD

Sun. Jan. 21 Souper Sunday

Sun. Jan. 28 7pm Contemplative Prayer

Jan. 31-Feb.10 Pictures taken for new photo directory.

Tues. Feb. 6 1pm Prayer Shawl meeting

Sun. Feb. 11 7pm Contemplative Prayer

Sun. Feb. 11 Souper Sunday

Tues. Feb. 13 2pm ACW meeting

Tue. Feb. 13 5:30pm Shrove Tuesday Pancake Supper

Wed. Feb. 14 10am & 7pm Ash Wednesday Service

Thurs. Feb. 15 7pm "Led by the Spirit" course

Sun. Feb. 18 11:30am Annual Vestry Meeting

Tues. Feb. 20 2pm Ladies Guild meeting

Wed. Feb. 21 10am Healing Service

Thurs. Feb. 22 7pm "Led by the Spirit" course

Sun. Feb. 25 7pm Contemplative Prayer

Thurs. March 1 7pm "Led by the Spirit" course

Sat. March 3 10am to 12noon – Metal Recycling

Tues. March 6 Prayer Shawl meeting

Thurs. March 8 7pm "Led by the Spirit" course

Sat. March 10 9am – 2pm Grounds Clean-Up

Sun. March 11 7pm Contemplative Prayer

Tues. March 13 ACW meeting

Tue. March 13 6pm Men's Club dinner meeting. Guest speaker: George Garrett, CKNW investigative reporter 1956-99

Thurs. March 15 7pm "Led by the Spirit" course

Sun. Mar. 18 Souper Sunday

Tues. March 20 Ladies Guild meeting

Wed. March 21 10am Healing Service

Thurs. March 22 7pm "Led by the Spirit" course

Tues. April 10 9am to 12noon Gardening Party

Upcoming Events

Monday, January 22

9am – Exercise – Hall

Tuesday, January 23

9:30am – Bible Study – Family Room

7pm – Parish Council Meeting – Family Room

7pm – Youth – Youth Room

Wednesday, January 24

9am – Yoga – Education Centre

10am – Service – Sanctuary

1pm – Seniors Get-Together – Hall & Family Room

7:30pm – Choir Practice - Sanctuary

Thursday, January 25

7:30pm – ESL Bible Study – Family Room

Friday, January 26

9am – Exercise – Hall

Saturday, January 27

2pm – Funeral Service for Kenneth Anthony, grandson of Rea and Ken Anderson, with Reception to Follow

Sunday, January 28

7pm – Contemplative Prayer Service – Family Room