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CHANGE OF HEART, OCTOBER 22

"Now the Lord is the Spirit and where the Spirit of the Lord is, there is freedom. And we all, who with unveiled faces contemplate the Lord's glory, are being transformed into His image with ever-increasing glory, which comes from the Lord, who is the Spirit."

2 Cor:3:18

Greetings friends. We will meet on Sunday evening in the Family Room and welcome all who would like to attend whether you have come previously or not. This week we will contemplate a series of readings that reflect on who we are becoming in Christ. Please come if you are able.

In Christ's love Lynne



Turn Trash Into Cash!

Downsizing? Decluttering? Renovating? Please remember St. Mark's Metal Recycling on Sat. November 18. Drop off from 9-11am at the Church. Please see the display in the Hall for <u>all</u> acceptable items. If you require early drop-off please arrange with Anne Schreck 604.536.0072

Garden Work Parties - Don't Forget! Tuesdays from 9am to 11am. We shall continue through to the end of October and we welcome your hands to (1) finish weeding & top dressing the Serenity Garden; and (2) putting small branches from the forest into the GREEN BINS. Come along. There may be more "work" than "PARTY" but all help is welcome.

Contact Anne Schreck

"PARISH PULSE" NEWSLETTER OF ST. MARK OCEAN PARK

SUNDAY OCT 22, 2017

Bible Readings for October 29 - Morning Prayer

Revelation 7:9-17, Psalm 34:1-10, 22 1 John 3:1-3, Matthew 5:1-12



SOUPER SUNDAY IS TODAY!

The proceeds from today's Souper Sunday will be donated to the Launching Pad.

Your COMMUNITY OUTREACH MINISTRY prepares and sells soups during the cooler months of the year. Each month the profits of the sales are donated to local community organizations who need some 'extras'.

Forward Day By Day

The next instalment is available. Please see Carolyn Brown in the Narthex.

Operation Christian Child Shoeboxes - the youth invite you to pick up a shoebox in the Narthex and fill it with toys and gifts! Last year we collected 100 boxes which were distributed to kids around the world who are also taught about God's love through local churches. The last day for collection at St. Mark's is Sunday, Nov. 5. Check the Samaritan's Purse website for other collection locations. If you prefer to donate to help the youth fill boxes, contact Josh at youth@stmarkbc.org.

<u>Flowers for the Altar</u> - The flowers are given this week by Merrilee Trask to the glory of God and in celebration of the 19th wedding anniversary of her son Brad, and daughter-in-law Bonnie.

Flowers are also given this week by Janet Scott, in gratitude to God for the life of her beloved husband, lan.



Mystery Knit-A-Long Clue 2 Available

Clue 2 is ready for pick up in the Library. I hope you are having fun so far. Don't forget if you need any help or clarification of instructions drop into the Library and we will be happy to help you. Happy Knitting.

The Prayer Shawl Team has placed baskets of yarns & needles in the Library and Hall so all may contribute to the knitting of our annual Parish Prayer shawls again this year. The simple instructions are on each basket. The shawl will be given to the next recipient of the Order of the Diocese of New Westminster. Thank you for your participation in this Parish Project!

Blessings from the Prayer Shawl Team.

Call to Prayer

This coming week our Parish Council is meeting on Tues. Oct. 24, from 7-9pm. As you are able, please hold them in prayer that the Holy Spirit would guide and direct their deliberations.

<u>Prayer Chain Contact</u> – Coordinator for the Prayer Chain is Maggie Ferguson. She can be reached by calling: 604.538.6160. Her email is: maggieferguson@telus.net

<u>The Lunch Basket for Hungry Children</u> is provided this week by Janet Cormode to the Glory of God and in thanksgiving for His many blessings.



ODNW 2018 INFORMATION & NOMINATION FORMS

Nomination information and the nomination form for the Order of the Diocese of New Westminster (ODNW) are: www.vancouver.anglican.ca The deadline for submitting a nomination is the end of November. The date and location of the next Investiture to the ODNW will be announced at a later date.





Not sure what to get that hard-to-buy-for person on your Christmas gift list? PWRDF makes it easier with World of Gifts, the annual gift guide in support of development and relief work around the world. There are also items supporting projects from Global Relations and Indigenous Ministries. Many items receive a 6:1 match from Global Affairs Canada.

Our livestock programs provide nutrition, income and greater gender equality to families. Sunday Schools can relate to purchasing goats, ducklings and chicks who will grow and provide for communities.

Roberta and John Braddock can help you with your PWRDF Christmas purchases.

The A.C.W has started our drive for the Mission to Seafarers. We learned from The Rev. Peter Smythe, that as well as the wool socks, work gloves, touques, cowls, and toiletries, they also want chocolate, candy, magazines - mostly National Geographic, Canadian Geographic, as well as any magazines that showcase our province. He also asked for puzzles, (adult and children's), games (adult and children's), stuffed animals and small toys, dolls etc. to be used as gifts for family when the seafarers are repatriated.

We have set up a table with baskets to accept your donations in the Narthex. Collection will continue until next Sunday, November 5.



Tickets for the concerts are available from Denny O'Donovan.

A QUICK LOOK AHEAD

Tue. Oct. 24 -- 7pm Parish Council

Fri. Nov. 3 – All Hallows Eve Dance Party – 6:30pm

Sat. Nov. 4 -- Remembrance Day concerts

Tues. Nov. 7 – 7pm - All Leaders Meeting

Tue. Nov. 14 6pm -- Men's Club Guest speaker:

David Young from Sources

Wed. Nov. 15 -- 10am Healing Service

Sat. Nov. 18 -- Metal Recycling

Sat. Nov. 25 11 am-2 pm Holly Berry Fair

Tue. Nov. 29 10 am-4 pm Journey of Christmas

set-up outside/hall & tree decorating inside

Wed. Nov. 30 9 am-12 noon Hall & tree

decorating in the Hall

Fri. Dec. 8 7 pm Alex Browne's reading of "A
Christmas Carol" with the St. Mark's Choir
Sun. Dec. 10 10 am Christmas Pageant
Fri. Dec. 15-Sat. Dec. 23 6-9 pm Journey of
Christmas outdoor display
Sun. Dec. 17 8 & 10 am Readings & Carols
Sun. Dec. 24 10 am Advent Morning Prayer
3:30-9 pm Journey of Christmas
5:00, 7:00 & 11:00 Christmas Eve
Services

Mon. Dec. 25 10 am Christmas Day Service Wed. Dec. 27 9 am Journey of Christmas Take down

Upcoming Events

Monday, October 23

9am Exercise - Hall

Tuesday, October 24

9:30am – Bible Study – Family Room 7pm – Parish Council – Family Room 7pm – Youth – Youth Room 7:30pm – ESL Bible Study - Office

Wednesday, October 25

9am – Yoga – Education Centre 10am –Service – Sanctuary 1pm – Seniors Get-Together – Hall and Family Room 7:30pm – Choir Practice - Sanctuary

Friday, October 27

9am Exercise - Education Centre