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Baby Shower!

Let's bless Annabelle, our Music Director with a baby shower on Sun., Aug. 27 right after Church. Please bring some sandwiches, vegetables or fruit to share, if possible. Grab a coffee from the Hall and we'll meet in the Family Room.

Help Sought – by Jean and Sterling Cunningham. They are expecting a house guest, and are hopeful someone in the Parish has a mattress OR a futon OR an air mattress that they can lend to them for a period of three weeks. If you can help out, please call: 778.292.0300

Beginner's ESL Bible Study - on Tuesday evening, September 19, a new ESL class for beginner English speakers will be starting at St. Mark's. For information or to sign up please contact Holly hollybt58@gmail.com or Lois stanloisbell@hotmail.com

<u>Prayer Chain Contact</u> – The coordinator for the Prayer Chain is Michael Weller. He can be reached at <u>weller301@shaw.ca</u> or by calling 604.538.9334

Bible Readings for August 27

Exodus 1:8-2:10, Romans 12:1-8, Matthew 16:13-20, Psalm 124

Seniors Trip To Chemainus

Overnight, Tues. Sept. 19 – Wed. Sept. 20 to see "Jeeves Takes A Bow" at the theatre in Chemainus. Leaving the Church early on the Tues. morning, we take the mid-island ferry to Duke Point, have a bit of a tour to Qualicum Beach and arrive at the Best Western for 4pm. There we have a lovely buffet breakfast included, and buffet lunch at the theatre before seeing the play. Cost is \$250 with 2 sharing a room; \$80 more for a single supplement. There are several places available and we'd love to fill the bus as we have such a wonderful time together! If people are interested please let Sue know by Mon. August 21.

Contemplative Prayer - You are warmly invited to attend A Change of Heart on Sunday evening, August 27 for an hour of Contemplative Prayer facilitated by Miriam Tolhurst. All are welcome to this quiet peaceful hour of reflection whether you have been able to attend in the past or not. We meet in the Family Room from 7-8pm. We look forward to seeing those of you able to attend.

"PARISH PULSE" NEWSLETTER OF ST. MARK OCEAN PARK

SUNDAY AUG. 20, 2017

Library News



In **Goliath Must Fall**, **Louie Giglio** uncovers a newfound twist in the classic story of David and Goliath. The key to living free from our giants is not better slingshot accuracy, but keeping our eyes on the one and only giant-slayer - Jesus. Let him silence your giant once and for all.

The Lunch Basket for Hungry Children is provided this week by Debbie and David Emery to the Glory of God and in thanksgiving for wonderful family and friends and God's answers to prayers.

<u>Flowers For The Altar</u> – Are given this week by Ingrid and Brian Switzer, to the Glory of God, and in thanksgiving for His many blessings.

A Quick Look Ahead

Sat. Sept. 16 -- 5:30pm Men's Club Salmon BBQ

Wed. Sept. 20 -- 10am Healing Service

Sat. Sept. 23 -- Screening in Faith

Sun. Sept. 24 -- Souper Sunday

Tue. Sept. 26 -- 7pm Parish Council

Sun. Oct. 8 -- Thanksgiving Sunday

Tue. Oct. 10 6pm -- Men's Club Guest speaker:

Shell Busey

Wed. Oct. 18 -- 10am Healing Service

Sun. Oct. 22 -- Souper Sunday

Tue. Oct. 24 -- 7pm Parish Council

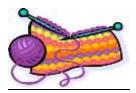
Sat. Nov. 4 -- Remembrance Day concerts

Tue. Nov. 14 6pm -- Men's Club Guest speaker:

David Young from Sources

Wed. Nov. 15 -- 10am Healing Service

Sat. Nov. 18 -- Metal Recycling



Mystery Knit-a-Long

Once again St. Mark's has a specially designed Prayer Shawl Knit-a-Long that will entice you to bring out your knitting needles. Join the fun with your fellow parishioners. Pick up your supply list in the library and get ready for the first clue on Sunday, Sept. 10, with the last clue on Sunday, Nov. 5, so you can have your shawl finished before Christmas.



St. Mark's "First Fruits" Garden Project (Verina Musherure)

This year, first Fruits will be done by me and all the money will be going to a non-profit organization called "The Hot Potato Initiative". This non-profit organization is completely student-run and their goals are to help raise awareness about the negative stigma and stereotypes surrounding the homeless people of the downtown eastside along with providing them food. You can purchase any of the flowers or crops from me after Church. It is all by donation. If you would like to donate your crops to us, please come to the Church at 9:30am to deliver your crop to us. If you would like to volunteer for one of the Sundays in the near future to sell crops along with me, there will be a sign-up sheet with me at the table. Thank you so much and God bless!

St. Mark's "First Fruits" Garden Project (Anne Schreck)

There have always been very avid and very generous gardeners within the parish. In 1992 there was need for an innovative fundraising venture which would involve as many parishioners as possible without cutting into existing fundraising initiatives. Putting these facts together & being based on Prov. 3: 9; "Honour the Lord with your wealth, with the first fruits of all your crops..." The First Fruits Garden Project came to fruition.

During the summer months some of our gardeners harvest fruit, vegetables, herbs, flowers, windfalls etc. and donate them to the garden table that follows the 8 & 10 a.m. services each Sunday. Other parishioners & visitors donate to take these fresh offerings home to enjoy.

In the years from 1992 – 2000 Monies were sent to help those suffering the humanitarian crises of Bosnia/Herzegovina and Rwanda as well as those affected by natural catastroph's of fire, earthquake, floods & famine.

The project was re-started in 2008 to raise funds to refurbish St. Marks Memorial Garden. Over the past 9 years funds have supported St. Mark's Ministries & Capital Campaign as well as sending relief for people hit by the drought in the Horn of Africa & Ethiopia, earthquakes in Japan, Ecuador &Nepal. This initiative also supported 2 of St. Mark's youth on a mission trip to Africa, helped victims of the floods in Pakistan & Kingcome Inlet, and has continued to send aid to the people of Syria & our Syrian Refugee families.

Funds raised have generally been directed through the Anglican Primate's World Relief & Development Fund or through Doctors Without Borders.

August 2017 Verina Musherure, one of St. Mark's young people has taken on this project to raise funds for the people of Vancouver's Downtown Eastside. Let's all support Verina & other youth in this venture through our prayers and donations and by understanding the intent of this initiative.

Upcoming Events

Monday, August 21

9am - noon - VBS in the Hall

Tuesday, August 22

9am - noon - VBS in the Hall

7pm - Parish Council Mtng - Family Room

Wednesday, August 23

9am - noon - VBS in the Hall

10am - Service - Sanctuary

Thursday, August 24

9am - noon - VBS in the Hall

1pm - Outreach Comm. Mtng. - Education Centre

7pm - Mandarin Bible Study - Family Room

Friday, August 25

9am - noon - VBS in the Hall

Noon - 3pm - Crew takes down VBS - Hall