



## St. Mark – Ocean Park Anglican Church

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**The Healing Service** with the Eucharist, 10am this Wednesday, October 19 – Come and experience the healing touch of our Lord Jesus. Everyone is welcome. **James 5:16** “...pray for each other so that you may be healed. The prayer of the righteous (person) is powerful and effective.”

**Bible Readings for Next Sunday** – Joel 2:23-32, Psalm 84:1-7, 2 Timothy 4:6-8, 16-18, Luke 18:9-14

**Lunch Basket for Hungry Children** – is provided this week by Roger and Mari Anne Hussen to the Glory of God and in thanksgiving for their families.

**Flowers for the Altar** – are provided today by Barbara and Charles Carington Smith, to the Glory of God, in thanksgiving, and to honour our parents, friends, and family.

**Prayer Chain Contact** - The Coordinator for the Prayer Chain is Maggie Ferguson. Call her at 604-538-6160. Or email [magferg@telus.net](mailto:magferg@telus.net)

**Forward Day-by-Day** – The November, December, January installment is now available. Please see Carolyn Brown in the Narthex.

**Coffee Hour and Greets Teams** - We have had quite a lot of attrition from our coffee teams so are looking for new folks to fill in some spots on the next roster which starts December 1. Please let me know if you think you might like to help with coffee once every quarter, or if you would be willing to do 2 turns each quarter. We also always have room for new team members to join one of the Greeters teams at the 10am service. New roster comes out for January 1. Please let me know if either of these opportunities appeals to you. [Isabelchernoff@telus.net](mailto:Isabelchernoff@telus.net). 604-531-6828

### **ACW & Mission to Seafarers**

ACW is collecting new wool socks, work gloves, toques, and toiletries. Seafarers also like chocolate, toothpaste, toothbrushes and make up for female seafarers. Also needed: razors, soap, shaving cream, lotion, etc. AND magazines, Readers Digest and National Geographic. All donations to be in by Sunday, November 13.

## "PARISH PULSE" NEWSLETTER OF ST. MARK'S CHURCH

**SUNDAY, OCTOBER 16, 2016**

**The Property Committee** – has purchased a steel container for storage to replace the three sheds at the back of the Church. We are looking for help on Tuesday, Oct. 18 at 9am to move tools and disassemble one shed. Please speak with Don Hamilton and/or Phil Tubbs.



### **SOUPER SUNDAY IS TODAY!**

Soup will be available in the Church Hall after both the 8am and 10am Services today.



**First Fruits** - Thank you to our Gracious God of Abundance and Beauty and to each of you who enjoyed the giving to, and receiving from, the First Fruits Project 2016. Your generous donations have allowed us to raise an additional \$530.55 in September to support our refugee families. This year your donations of \$1,585 supported recovery from the earthquakes in Japan & Ecuador, Famine Relief in Ethiopia, and support for our refugee families.

**Operation Christmas Child Project** - Pick up your shoeboxes in the Narthex! Operation Christmas Child is happening again this year, and the St. Mark's Youth invite you to fill a box with love to bring hope to children worldwide. Each box has a brochure inside with detailed instructions. If you would rather donate, the youth group can make gift purchases on your behalf to fill shoeboxes. Please email [youth@stmarkbc.org](mailto:youth@stmarkbc.org) or speak with Josh for more info. Last date for dropping off your box at the church is Sunday, November 13.

**Essentials Of Modern Health:** Mental Health for a Modern World With Dr. Mark Davies, Thursdays from 7pm – 9pm in the Family Room:

Oct. 20	-	Anxiety
Nov. 3	-	Depression
Nov. 24	-	Positive Psychology

For more information please call:

Rev. Craig Tanksley  
604-525-8841, ext 103



**Library News - Chocolate for a Teen's Soul** is full of life changing stories for young women about growing wise and strong. This collection offers 55 tales of life and love from teens of every age. Poignant, funny, and powerful there are recollections of that first kiss to tales about struggles with parents and grandparents. Something for everyone.

### **The Ladies Guild Reminder**

The Ladies Guild meeting is Tuesday, October 18 at 2pm in the Family Room. We welcome new members to join us as we listen to Reverend Steve Bailey speak on a deacon's role and Diocesan ministries.

### **HOLLY BERRY FAIR**

Yes, it's that time of the year again! We are starting to prepare for this Parish-wide event. The Ladies Guild, ACW, Men's Club, Sunday School and Youth Group invite your participation in making this event successful. We welcome your donations for the following tables:

- Treasures
- Crafts
- Jewellery
- Knitting
- Sewing
- Antiques and Collectibles

The Ladies Guild is specifically looking for scraps of Christmas fabric at this time. Donations can be brought to the Church any Sunday morning.

See Linda O'Donovan in the Hall after Service or email [lindaodee@hotmail.com](mailto:lindaodee@hotmail.com) or phone 604-536-7973.

St Mark  
Ocean Park  
Anglican Church  
12953 20 Ave  
Surrey BC

**ALL HALLOWS EVE  
DANCE PARTY**  
**Sat. October 29 at 6:30 pm**  
Please join us for lots of fun music and dancing. Learn some new line dances.  
Bring a bag of chips or a snack to share.  
Bring your own soft drinks.  
Cost - \$5 each person to cover our DJ  
All Ages Welcome!  
Costumes are optional.

### **All Hallows Eve Dance Party – Saturday,**

**October 29 at 6:30pm** - Please join us in the Hall on Saturday, October 29 starting at 6:30pm for lots of fun, music and dancing. Rumour has it that someone will be teaching us a few new line dances as well. Please bring a bag of chips, or a snack to share. Tea, coffee and water will be provided so please bring your own soft drinks if you want something else. The cost is only \$5 per person to cover our wonderful DJ Frances. All ages are welcome and costumes are optional. Get set to boogie!



Fall clean-up? Downsizing? Please remember our commitment to keep as much out of the landfill as possible. Metal Recycling Project is Sat. Nov. 19 from 9am to noon. Unfortunately we cannot store your bits 'n pieces at the Church. See next week's insert for details. Contact: Anne Schreck.

# PILGRIMAGE TO THE HOLY LAND



## **Special Announcement: Holy Land Pilgrimage 2018**

Holly and I will be offering and hosting a pilgrimage to the Holy Land in April of 2018. I have been four times to Israel including the month spent on a work/study sabbatical in 2014. It has long been my desire to offer this opportunity to our parish. We have prepared a sumptuous itinerary exploring the Life and World of Jesus. We will officially be launching the tour at a presentation meeting after the 10am service on Sunday, October 30 in the Family Room.

## **Hurricane Matthew - How can you help?**

Anglicans in Canada are praying, acting and giving to those affected by Hurricane Matthew. Please watch for updates on PWRDF's response to the situation at [www.pwrdf.org](http://www.pwrdf.org).

PWRDF has announced an initial grant of \$15,000 through the [ACT Alliance](http://www.pwrdf.org) for relief efforts to support communities affected by Hurricane Matthew in Haiti. Before the storm, ACT members prepared, helping to evacuate vulnerable people, preparing hygiene and shelter kits for those displaced by the storm and distributing food to those in need. ACT continues to work with affected communities to discover the specific needs and to address them, and PWRDF will continue to support those efforts, providing food, medical aid, shelter, clean water and more. Please support PWRDF's response to this ongoing emergency!

### **Donations can be made:**

**On-line:** Go to <http://pwrdf.org/donate>

**By Phone:** For credit card donations contact:  
Jennifer Brown at 1-866-308-7973

Do not send your credit card number by email or fax.

**By Mail:** Please make cheques payable to **PWRDF, Haiti Response** and send to:  
**The Primate's World Relief and Development Fund**  
The Anglican Church of Canada, 80 Hayden Street  
Toronto, Ontario M4Y 3G2

# Upcoming Events

## **Monday, October 17**

9am- Exercise – Education Centre

## **Tuesday, October 18**

9:30am – Bible Study – Family Room

2pm – Ladies Guild Meeting – Family Room

7pm – Youth Meeting – Youth Room

7:15pm – ESL Bible Study – Education Centre

## **Wednesday, October 19**

9am – Exercise – Yoga – Education Centre

10am – Healing Service – Sanctuary

1pm – Senior's Get-Together – Hall & Family Room

7pm – Strategic Planning Committee – Family Room

7:30pm – Choir Practice – Sanctuary

## **Thursday, October 20**

1pm – Pain Management Class – Family Room

7pm - Essentials Of Modern Health: Mental Health for  
a Modern World With Dr. Mark Davies –  
Sanctuary

## **Friday, October 21**

9am - Exercise – Education Centre

## **Sunday, October 23**

Souper Sunday Soup Sales - after the 8am and the  
10am Services

7pm – Contemplative Prayer Service with Scott and  
Miriam Tolhurst – Family Room

## **Office Hours**

Monday	9am – noon
Tuesday	9am to 3pm
Wednesday	9am to 3pm
Thursday	9am to 3pm
Friday	9am to noon