



St. Mark – Ocean Park Anglican Church

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VBS - On behalf of all of us at Cave Quest VBS, thank you so much for all your prayers, giftings and contributions. We cannot begin to tell each and every one of you how much you are appreciated. It is because of people like you that we can provide a wonderful and exciting program that continues to be so successful year after year. Again, many, many thanks from all of us. Blessings to you all, Linda Zeal. - VBS Director

To all you wonderful VBS volunteers, many of whom have worked alongside me for a number of years, thank you for your commitment to a wonderful outreach program. It is because of volunteers like you that our VBS programs have been so successful! I am truly grateful to all of you for your ongoing support. My heartfelt blessings to you all. - Linda Zeal, VBS Director.

ACW – Welcome Back! – The St. Mark's ACW welcomes the ladies of our Parish to join us this year of giving, energy and love. We will include some of our traditional support of Parish, community and nation. Our Bales to the North have been joined by our neighbours in the Diocese of Cariboo, our international support of "Knitting for Babies" in Rwanda, and our Diocese support for our less fortunate neighbours here. It will be an exciting year, with a few surprises. We also welcome the Ladies Guild to the afternoon meeting slot. Thank you for your support in the past for our different projects. We look forward to meeting and working with you in the future. ACW meets the second Tuesday of the month at 2pm and our next meeting is September 13. See you there and God Bless us all in this new year.
– Shannon Poulsen, President of St. Mark's ACW.

The 25th Annual Salmon BBQ is Saturday, September 17 at 5:30pm. We have once again held the pricing to an unbelievable \$12.50 per person, teens are \$5.00 and children under 12 are free. The menu is Sockeye salmon, including sides, with blueberries and ice cream for dessert. The Men's Club has spared no expense bringing in world renowned entertainment for your after-dinner delight. Tickets are on sale in the Narthex after the Sunday Service.

Anglican Journal Appeal - In this month's TOPIC was the Anglican Journal Appeal. We have an excellent Diocesan newspaper that comes to us free of charge. Please support this vital tool of communication by considering a donation. This can be done via the envelope you received or via the web-site www.anglicanjournal.com and clicking 'Donate' (in the top line in the middle).

"PARISH PULSE" NEWSLETTER OF ST. MARK'S CHURCH

SUNDAY, SEPTEMBER 4, 2016

The Office is Closed on Labour Day, Monday, September 5.

Coffee Hour Roster – is now available for the next quarter. It is on the bulletin board in the Hall. You are welcome to try to find your own trade, if you cannot do your assigned date. Please let me know if you have made a trade, and also if you would like me to send a copy to you by email. -- isabelchernoff@telus.net.

Bible Study – with Betty Bear leading the study of the Book of Hebrews; in the Family Room starting on Tuesday, September 6 at 9:30am. Call Betty for further details at: 778.294.0966

#1 The Ladies Guild is pleased to announce the recipients of the Isabel Hutchison Bursary. This year's bursary is being shared between Jenna Carrier and Heather Davies. The Guild would like to congratulate our two very worthy recipients and wish them well in their studies.

#2 The Ladies Guild would like to announce that beginning at our September 20 meeting we will now meet in the afternoon instead of the evening. We would like to invite the ladies of the parish to join us on Tues. September 20 at 2pm for a special afternoon tea. Our guest speaker will be our own Dorothy Mash. If you would like to join us please RSVP to Linda O'Donovan at lindaodee@hotmail.com before Sun. September 18.

Bible Readings for Next Sunday
Numbers 21:4b-9, Psalm 98:1-5,
1 Corinthians 1:18-24, John 3:13-17

The Next Evening Contemplative Prayer Service
is tonight at 7pm in the Family Room.

Chronic Pain Self-Management – Barb Grantham and Mary Brown are in the Hall today, and for the next few Sundays, taking registration and providing information about the Chronic Pain Self-Management program, held here at St. Mark's, in the Family Room, from 1-3pm, starting on Thursday, October 6.

Lunch Basket for Hungry Children – is given by Bill and Joyce Ness to the Glory of God and in Thanksgiving for God's many blessings.

Flowers for the Altar – are given today by Bill & Joyce Ness to the Glory of God and in celebration of their 66th wedding anniversary.

Prayer Chain Contact - The Coordinator for the Prayer Chain is Michael Weller. You may reach Michael at 604.538.9334 or by email at weller301@shaw.ca Your prayer requests will be prayed by the members of the chain for two weeks, and if you would like them to continue, or if things change, please contact Michael with your changes. As of Sun. Sept.11 the prayer chain Coordinator will be Maggie Ferguson.



Seniors Get-Togethers - Wednesday Get-Togethers started up on Wednesday, Sept 7 and will continue on alternate Wednesdays until Dec. 14 - Social times from 1-3:30pm; games including bridge in the Hall and chat group in the Family Room—refreshments 2:30pm in the Hall with event planning.



Mystery Knit-A-Long
Clue 1 Available

Finally here for your knitting pleasure. Unique to St. Mark's this specially designed Mystery Shawl Knit-a-Long will entice you to bring out your knitting needles. Join the fun and the mystery with your fellow parishioners. Everyone is welcome, Novice to Advanced knitters. The pattern is easy enough for the less experienced but interesting enough to keep the more experienced involved. Pick up Clue 1 from the Library or Mary Brown. Help will be available on Sundays in the Hall or Library.



Library News

A Stranger In My Skin by **Jill Aigner** is the story of one woman's journey to God. Brought up on a ranch in California, she has a love of nature, and delights in travel and meeting people from all over the world. Throughout her life she was impelled by a call to serve, to know herself, and to draw ever closer to a loving God.



The First Fruits Garden Table – on Sunday mornings needs your help. Can you help at the table one or two Sundays? Please see Anne Schreck.



The Spirit of Galatians

Friday Sept.30 - 6:30pm - 9:00pm
Saturday Oct. 1 - 9:00am - 4:00pm
St. Mark's Educational Centre

The role of the Spirit is vital to our relationship with God - yet we may struggle to understand just what His role is. Join with us to focus on Paul's instruction to the Galatians concerning the Spirit. Our hearts long for the life, freedom and maturity found in Christ by the Spirit.

We begin with dessert on Friday evening.
Please RSVP your attendance with the sign up sheet.
We look forward to being together!

SUMMER READING CLUB



Draw time is already here so make sure you have your name in for every 7 days that you read over the summer. During coffee hour we will have the draw and one lucky reader will go home with the prize. Good Luck!

General Synod Motion Re: Same-Sex Marriage

Most of you will be aware that General Synod met in July. Many wonderful things were accomplished at this Synod. One of the most controversial matters was the motion to change the canon to allow same-sex marriage. That motion was passed by a narrow margin. This was its second reading. The third and final reading will take place at the General Synod in 2019 which will be hosted by our Diocese. If it is passed at that time, it will become effective in January of 2020. Our Bishop is hosting two opportunities to ask questions or express your feelings on the matter.

- The first will take place on Tues. Sept. 20
10 am to 12 noon, St. John the Baptist, Sardis
- The second will be hosted at the Synod Office
on Wed. Sept. 21, 7pm - 9 pm.

Upcoming Events

Monday, September 5

OFFICE IS CLOSED for LABOUR DAY

Tuesday, September 6

9:30am – Bible Study – Family Room

1pm – Prayer Shawls – Family Room

7pm – Youth Meeting – Youth Room

Wednesday, September 7

9am – Exercise – Yoga – Education Centre

10am – Service – Sanctuary

1pm – Seniors Get-Together – Hall & Family Room

Friday, September 9

9am Exercise – Hall

Saturday, September 10

2pm – Memorial Service for Marian Allen

Office Hours

Monday	Sept. 5 – CLOSED – Labour Day
Tuesday	9am to 3pm
Wednesday	9am to 3pm
Thursday	9am to 3pm
Friday	9am to noon