



St. Mark – Ocean Park
Anglican Church

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"PARISH PULSE" **NEWSLETTER OF** **ST. MARK'S CHURCH**

SUNDAY, SEPTEMBER 18, 2016

Welcome to our new St Mark Choir Director - Emily Worden-Kwok

We are really excited to welcome Emily Worden-Kwok as our new choir director for our St. Mark adult and children's choirs. Emily will also be playing guitar and singing with our praise band. Emily is eager to get started and has already chosen some wonderful anthems for us to sing. Our first adult choir practice was this past Wednesday. If you are interested in singing with the adult choir this autumn, we'd love to have you join us. No previous experience or musical training is required; just a love of singing and a desire to worship our Lord. We will let everyone know soon when the first children's choir practice will be held.
God bless - Your Wardens

Healing Service – with Eucharist, 10am this Wednesday, September 21 – Come and experience the healing touch of our Lord Jesus. Everyone is welcome. **James 5:16** "...pray for each other so that you may be healed. The prayer of the righteous (person) is powerful and effective."

Server Training - After the 10am service on September 25 there will be a workshop for Eucharistic Servers and Lay Administrators. We will have lunch at 11:45am and then at 12:15pm begin the session. It should not run for more than an hour. Those who are interested in joining the Eucharistic Server/Lay Administrator team are welcome to come to see what we do. If you have any questions please contact Carel Schoch at 778-237-1062.

Bible Readings for Next Sunday

Jeremiah 32:1-3a, 6-15, Psalm 146, 1 Timothy 6:6-19, Luke 16:19-31

The Next Evening Contemplative Prayer Service

is next Sunday, September 25 at 7pm in the Family Room.

Chronic Pain Self-Management – Barb Grantham and Mary Brown are in the Hall today, and for the next few Sundays, taking registration and providing information about the Chronic Pain Self-Management program, held here at St. Mark's, in the Family Room, from 1-3pm, starting on Thursday, October 6.

Lunch Basket for Hungry Children – The Lunch Basket for Hungry Children is provided this week by Les and Jean Edmonds to the Glory of God and in thanksgiving for God's many blessings.

Flowers for the Altar – are given by Janet Scott in memory of her beloved parents, Doug, Connie, Loren, Frank and Sheila.

Prayer Chain Contact - The Coordinator for the Prayer Chain is Maggie Ferguson. Call her at 604-538-6160. Or email magferg@telus.net

Newcomers Luncheon - Calling all folks who are 'newer' to St. Mark's - on Sunday, October 2 there will be a light luncheon after church. It will be held in the Family Room and include meeting some of the leaders of St. Mark's and orientation to the church. Please let Holly know if you are coming.

**PARISH OF ST. MARK - OCEAN PARK OPERATING FUND ACCOUNT
FINANCIAL STATUS AT AUGUST 31, 2016**

	<u>Current Month</u>	<u>Year to Date</u>	<u>Budget</u>	<u>Variance</u>
TOTAL INCOME	25,742.00	249,749.90	262,633.34	(12,883.44)
TOTAL EXPENSES	31,831.49	255,951.58	262,633.34	6,681.76
SURPLUS (DEFICIT)	\$ (6,089.49)	\$ (6,201.68)	\$ -	\$ (6,201.68)

For full details on our financial disposition, please read the Treasurer's Report in the Parish Council Minutes posted on the far left bulletin board in the Parish Hall.



Library News Movie Night

Miracles from Heaven is a must see for the whole family. When their daughter is diagnosed with a rare incurable disease see how one family's faith kept them fighting for a miracle. This film, which is based on a true story, touches the heart and speaks to the soul.

SOUPER SUNDAY IS COMING !

Do you have any soup jars & seals ready to come back! Please return to church kitchen as soon as possible. Souper Sunday is September 25th!

Essentials Of Modern Health: Mental Health
for a Modern World With Dr. Mark Davies,
Thursdays from 7pm – 9pm in the
Family Room:

Sept. 22	-	Stress
Oct. 20	-	Anxiety
Nov. 3	-	Depression
Nov. 24	-	Positive Psychology

For more information please call:

Rev. Craig Tanksley
604-525-8841, ext 103



The Spirit of Galatians

Friday Sept.30 - 6:30pm - 9:00pm
Saturday Oct. 1 - 9:00am - 4:00pm
St. Mark's Educational Centre

The role of the Spirit is vital to our relationship with God - yet we may struggle to understand just what His role is. Join with us to focus on Paul's instruction to the Galatians concerning the Spirit. Our hearts long for the life, freedom and maturity found in Christ by the Spirit.

We begin with dessert on Friday evening.
Please RSVP
your attendance with the sign-up sheet.
We look forward to being together!

Upcoming Events

Monday, September 19

9am – Exercise – Hall

Tuesday, September 20

9:30am – Bible Study – Family Room

2pm – Ladies Guild – Hall

7pm – Youth Meeting – Youth Room

7pm – Strategic Planning Meeting – Family Room

Wednesday, September 21

9am – Exercise – Yoga – Education Centre

10am – Healing Service – Sanctuary

11am - Altar Guild Meeting – Family Room

1pm – Seniors Get-Together – Hall & Family Room

7:30pm – Choir Practice - Sanctuary

Thursday, September 22

1pm – Outreach Committee Meeting – Family Room

7pm – Mental Health for a Modern World With Dr. Mark Davies – Stress – Family Room

Friday, September 23

9am Exercise – Hall

Sunday, September 25

“Souper Sunday” Soup Sales

11:45am – Server Luncheon & Training – Family Room

7pm – Contemplative Prayer with Scott Tolhurst – in the Family Room

Office Hours

Monday 9am – noon

Tuesday 9am to 3pm

Wednesday 9am to 3pm

Thursday 9am to 3pm

Friday 9am to noon

The Ladies Guild would like to announce that beginning at our September 20 meeting we will now meet in the afternoon instead of the evening. We would like to invite the ladies of the parish to join us on Tues. September 20 at 2pm for a special afternoon tea. Our guest speaker will be our own Dorothy Mash. If you would like to join us please RSVP to Linda O'Donovan at lindaodee@hotmail.com by today, Sun. Sept. 18.



The First Fruits Garden Table – REPRIEVE! The table will continue until Sun. Oct. 2. So there's still time for you to donate at the table to support our refugee families.

General Synod Motion Re: Same-Sex Marriage - Most of you will be aware that General Synod met in July. Many wonderful things were accomplished at this Synod. One of the most controversial matters was the motion to change the canon to allow same-sex marriage. That motion was passed by a narrow margin. This was its second reading. The third and final reading will take place at the General Synod in 2019 which will be hosted by our Diocese. If it is passed at that time, it will become effective in January of 2020. Our Bishop is hosting two opportunities to ask questions or express your feelings on the matter.

- The first will take place on Tues. Sept. 20
10 am to 12 noon, St. John the Baptist, Sardis
- The second will be hosted at the Synod Office on Wed. Sept. 21, 7pm - 9 pm.

Small Group Bible Studies

It doesn't matter how much, or how little you know, as the whole purpose is for each member of the group to grow their faith and understanding of the Gospel.

Small Groups at the Church and in private homes provide the opportunity to get to know others in the Church and to enjoy a time of fellowship, prayer and praise.

Through Bible Study, we seek to know God, and to come to have a closer relationship with Him and with His Son, Jesus Christ, and to ascertain His will for us in our daily lives.

For information regarding other Bible Study Groups please contact:
Catherine Featherstone at 604-897-9597.