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email office@stmarkbc.org, www.stmarkbc.org

The 25th Annual Salmon BBQ is Saturday, September 17 at 5:30pm. We have once again held the pricing to an unbelievable \$12.50 per person, teens are \$5.00 and children under 12 are free. The menu is Sockeye salmon, including sides, with blueberries and ice cream for dessert. The Men's Club has spared no expense bringing in world renowned entertainment for your after-dinner delight. Tickets are on sale in the Narthex after the Sunday Service.

Server Training - After the 10am service on September 25 there will be a workshop for Eucharistic Servers and Lay Administrators. We will have lunch at 11:45am and then at 12:15pm begin the session. It should not run for more than an hour. Those who are interested in joining the Eucharistic Server/Lay Administrator team are welcome to come to see what we do. If you have any questions please contact Carel Schoch at 778-237-1062.

#### **Bible Readings for Next Sunday**

Jeremiah 8:18-9:1, Psalm 79:1-9, 1 Timothy 2:1-7, Luke 16:1-13

The Next Evening Contemplative Prayer Service is this evening at 7pm in the Family Room.

<u>Chronic Pain Self-Management</u> – Barb Grantham and Mary Brown are in the Hall today, and for the next few Sundays, taking registration and providing information about the Chronic Pain Self-Management program, held here at St. Mark's, in the Family Room, from 1-3pm, starting on Thursday, October 6.

<u>Lunch Basket for Hungry Children</u> – is provided this week by Lawrence and Lynne Hurd to the glory of God and in thanksgiving for family.

Flowers for the Altar — are given by Lauren and Cam MacPherson to the glory of God as we celebrate our lovely Hannah's first birthday this week, and in great thankfulness for His incredible blessing of our three beautiful children.

<u>Prayer Chain Contact</u> - The Coordinator for the Prayer Chain is Maggie Ferguson. Call her at 604-538-6160. Or email magferg@telus.net

# "PARISH PULSE" NEWSLETTER OF ST. MARK'S CHURCH

# **SUNDAY, SEPTEMBER 11, 2016**

Essentials Of Modern Health: Mental Health for a Modern World With Dr. Mark Davies, Thursdays from 7pm – 9pm in the Family Room:

Sept. 22 - Stress
Oct. 13 - Anxiety
Nov. 3 - Depression

Nov. 24 - Positive Psychology

For more information please call: Rev. Craig Tanksley 604-525-8841, ext 103



#### The Spirit of Galatians

Friday Sept.30 - 6:30pm - 9:00pm Saturday Oct. 1 - 9:00am - 4:00pm St. Mark's Educational Centre

The role of the Spirit is vital to our relationship with God - yet we may struggle to understand just what His role is. Join with us to focus on Paul's instruction to the Galatians concerning the Spirit. Our hearts long for the life, freedom and maturity found in Christ by the Spirit.

We begin with dessert on Friday evening.

Please RSVP

your attendance with the sign-up sheet.

We look forward to being together!

The Ladies Guild would like to announce that beginning at our September 20 meeting we will now meet in the afternoon instead of the evening. We would like to invite the ladies of the parish to join us on Tues. September 20 at 2pm for a special afternoon tea. Our guest speaker will be our own Dorothy Mash. If you would like to join us please RSVP to Linda O'Donovan at <a href="mailto:lindaodee@hotmail.com">lindaodee@hotmail.com</a> before Sun. September 18.



The First Fruits Garden Table – Thank you to all who have donated to this project. To date just over \$1000 has been sent for recovery from the earthquakes in Japan & Ecuador, and for famine relief in Ethiopia. September offerings will be donated to St. Mark's Refugee Families. Sun. Sept. 18 is the last Sunday for this project.



<u>Library News</u> - Somewhere in Heaven, a decision has been made. An Angels Walking team has been assigned to a desperate mission: a broken baseball player, the love he left behind, and the miracle that might save a whole city. When angels walk, most people never know, never see. But they are there. And sometimes the stakes are so high, all of heaven stands ready. Excellent read in true **Karen Kingsbury** tradition, **Angels Walking** will have you asking for more.

#### **General Synod Motion Re: Same-Sex Marriage**

Most of you will be aware that General Synod met in July. Many wonderful things were accomplished at this Synod. One of the most controversial matters was the motion to change the cannon to allow same-sex marriage. That motion was passed by a narrow margin. This was its second reading. The third and final reading will take place at the General Synod in 2019 which will be hosted by our Diocese. If it is passed at that time, it will become effective in January of 2020. Our Bishop is hosting two opportunities to ask questions or express your feelings on the matter.

- The first will take place on Tues. Sept. 20
   10 am to 12 noon, St. John the Baptist, Sardis
- The second will be hosted at the Synod Office on Wed. Sept. 21, 7pm 9 pm.

<u>Anglican Church Women</u> – St. Mark's ACW cordially invite the ladies of our Parish to the opening meeting on Tuesday, September 13, at 2pm in the Family Room. Bring yourselves, your ideas, and we will supply all the love you need.

## **Small Group Bible Studies**

It doesn't matter how much, or how little you know, as the whole purpose is for each member of the group to grow their faith and understanding of the Gospel.

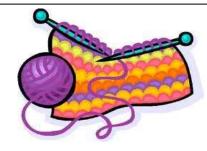
Small Groups at the Church and in private homes provide the opportunity to get to know others in the Church and to enjoy a time of fellowship, prayer and praise.

Through Bible Study, we seek to know God, and to come to have a closer relationship with Him and with His Son, Jesus Christ, and to ascertain His will for us in our daily lives.

Betty Bear's Bible Study group meets in the Family Room on Tuesday mornings at 9:30am. Call Betty for further details: 778.294.0966.

For information regarding other Bible Study Groups please contact:

Catherine Featherstone at 604-897-9597.



Mystery Knit-A-Long Clue 1 Available

Finally here for your knitting pleasure. Unique to St. Mark's this specially designed Mystery Shawl Knit-a-Long will entice you to bring out your knitting needles. Join the fun and the mystery with your fellow parishioners. Everyone is welcome, Novice to Advanced knitters. The pattern is easy enough for the less experienced but interesting enough to keep the more experienced involved. Pick up Clue 1 from the Library or Mary Brown. Help will be available on Sundays in the Hall or Library.

# **Upcoming Events**

## Monday, September 12

9am - Exercise - Hall

#### **Tuesday, September 13**

9:30am - Bible Study - Family Room

2pm - ACW Meeting - Family Room

7pm - Youth Meeting - Youth Room

#### Wednesday, September 14

9am - Exercise - Yoga - Education Centre

10am - Service - Sanctuary

7:30pm - Choir Practice - Sanctuary

#### Friday, September 16

9am Exercise – Hall

10am - Set Up The Hall for Salmon BBQ

#### Saturday, September 17

5:30pm – Salmon BBQ

## Sunday, September 18

Sunday School's "Hot Dog Sunday" Event

#### Office Hours

Monday 9am – noon
Tuesday 9am to 3pm
Wednesday 9am to 3pm
Thursday 9am to 3pm
Friday 9am to noon