



## St. Mark – Ocean Park Anglican Church

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**Men's Club** – The first regular meeting of the Men's Club will be held on Tues. Oct. 11 at the regular time of 6pm. Our speakers are Brian & Karen (Art Tucker's daughter) Shaben, founders of the World Wide Life Humanitarian Partnership Society. They have worked with a number of social organizations including the Mission for Seamen, International Humanitarian Hope Society, and have been doing hands-on humanitarian work overseas since 2008 in such countries as Thailand, Cambodia, and Vietnam. In 2014 they heard the call to work full time with the youth of the Hill Tribes in Thailand and have been there since Nov. 2015. Please let Brian Walks know if you are attending.

### **Readers Ministry**

If you would like to read the lectionaries at the 10am Service for the next calendar year, please contact Roberta Braddock at 604-538-8642.

**Deacon Steve Says** - The Diocese is holding a **Vocations Information Day** on Saturday, October 22 at the Synod Office. Anyone who wants further information on exploring a call to ordained ministry can pick up an information card from Deacon Steve...and

**Five Ways of Engaging the Heart** is a five session exploration of different faith traditions. It is sponsored by the diocesan Ecumenical and Multi-faith Unit. Registration can be done through the diocesan web site. Information cards are available from Deacon Steve.

**Bible Readings for Next Sunday** – Deuteronomy 26:1-11, Psalm 100, Philippians 4:4-9, John 6:25-35

**Newcomers Luncheon** - Calling all folks who are 'newer' to St. Mark's – today there is a light luncheon after church. It will be held in the Family Room and include meeting some of the leaders of St. Mark's and orientation to the church.

## "PARISH PULSE" NEWSLETTER OF ST. MARK'S CHURCH

### **SUNDAY, OCTOBER 2, 2016**

**Lunch Basket for Hungry Children** – is provided this week to the Glory of God and in loving memory of Blanch Biddle.

**Flowers for the Altar** – are given today by Jef and Shannon Poulsen in honour and Glory to God in thanksgiving for family and friends.

**Prayer Chain Contact** - The Coordinator for the Prayer Chain is Maggie Ferguson. Call her at 604-538-6160. Or email [magferg@telus.net](mailto:magferg@telus.net)

**Back Forest Party** – *No work party on Tues. Oct. 4.* Hopefully we shall complete the work on the cedars in the west gravel parking lot on Tues. Oct. 11. – Anne Schreck

**ESL Bible Study** started on Tuesday, Sept. 27, at 7:20pm in the Education Centre downstairs, and will continue each Tuesday until the end of November.



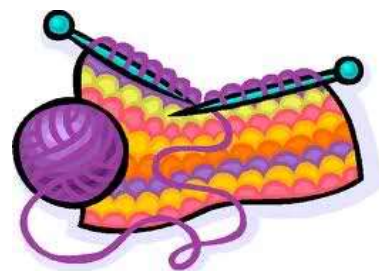
### **YOUR COMMUNITY OUTREACH MINISTRY THANKS YOU!**

Souper Sunday sales were \$465. Thank you all for your generosity in purchasing the Delicious Italian Minestrone soup last week! This will enable Your Community Outreach Ministry to purchase several pairs of new Pajamas and slippers for the residents of AMA House. This first stage safe home is for senior women who are escaping abuse.

Next Souper Sunday is October 16!



**Library News** - Shunned for the many sins of her mother, Mara, a Samaritan, struggles against the constant threats of starvation or exile. Her life is changed forever with the arrival of Shem, who is from Caesarea, and Jesus. As Mara and Shem embark on a journey to seek the help of Jesus see how their lives are transformed and unexpected love is found. **The Well** by **Stephanie Landsem** will have you cheering Mara through her struggles.



## **Mystery Knit-A-Long** **Clue 2 Available**

Clue 2 is ready for pick up in the Library. Bring what you have already knit for show-and-tell when you come for clue 2. If you haven't started yet join the fun and the mystery with your fellow parishioners. Everyone is welcome, Novice to Advanced knitters. The pattern is easy enough for the less experienced but interesting enough to keep the more experienced involved. Pick up Clues from the Library or Mary Brown. Help will be available on Sundays in the Hall or Library.



**The First Fruits Garden Table** – REPRIEVE! The table will continue until Sun. Oct. 2. So there's still time for you to donate at the table to support our refugee families.

### **Upcoming Events**

#### **Monday, October 3**

9am – Exercise – Hall

#### **Tuesday, October 4**

9:30am – Bible Study – Family Room

1pm – Prayer Shawls – Family Room

7pm – Youth Meeting – Youth Room

7:15pm – ESL Bible Study – Education Centre

#### **Wednesday, October 5**

9am – Exercise – Yoga – Education Centre

10am – Service – Sanctuary

1pm – Seniors Get-Together – Family Room & Hall

7:30pm – Choir Practice – Sanctuary

#### **Thursday, October 6**

1pm – Pain Management Class – Family Room

#### **Friday, October 7**

9am Exercise – Hall

#### **Monday, October 10**

OFFICE is CLOSED

#### **Office Hours**

Monday	9am – noon
Tuesday	9am to 3pm
Wednesday	9am to 3pm
Thursday	9am to 3pm
Friday	9am to noon

**Essentials Of Modern Health:** Mental Health for a Modern World With Dr. Mark Davies, Thursdays from 7pm – 9pm in the Family Room:

Oct. 20	-	Anxiety
Nov. 3	-	Depression
Nov. 24	-	Positive Psychology

For more information please call:  
Rev. Craig Tanksley  
604-525-8841, ext 103

**The Men's Club acknowledges with thanks  
the following SPONSORS who generously  
supported the September Salmon BBQ  
event:**

Mum Plant	A Friend of St. Mark's
Ice Cream Log	Dairy Queen
Medium Pizza & Garlic Bread	Little Caesar's Pizza
Bag of Coffee Stuff	Starbucks
Flower	Ocean Park Flowers
Gift Certificate	M & M Meats
\$25 Gift Certificate	Superstore
Large Pizza	Panago
Mum Plant	a Friend of St. Mark's
Children's Wooden Farm Puzzle	
\$25 Gift Certificate	Ocean Park Fine Meats
Mum Plant	A Friend of St. Mark's
A Special Cushion	Precious Linens
A Really Big basket of Candy	Sticky's Candy
	Everything Wine

**And...the Men's Club also acknowledges  
with thanks the following DONORS who  
generously supported the successful  
September Salmon BBQ event:**

Boy's Bicycle & Girl's Bicycle	Bea Ross
Food Basket	Safeway
\$25 Gift Certificate	Morrison Café
Free Oil Change	Quick Lane
Manicure & Pedicure	Ocean Park Nails
Lamp	Ocean Pacific Lighting
Electric	Rona
Watkins Products	Kathryn Smith
Party Basket of Wine etc.	A Friend of St. Mark's
\$30 Gift Certificate	Ricky's Country
Pogo Stick	A Friend of St. Mark's
BBQ	Canadian Tire