



St. Mark – Ocean Park Anglican Church

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Vacation Bible School – A list of decorating and food items has been placed on the Sunday School bulletin board, which is to the left as you enter the Hall. Please refer to the list for the decorating and food items we require for our Vacation Bible School (VBS) this year, or check with Linda Zeal, VBS Director. Many thanks to all of you for your ongoing support and contributions to this exciting community outreach program for children and youth.

Lost Item – On Fri. July 8 a casual, blue, lady's jacket was left in the Family Room. Last seen on a card table. If anyone has seen this jacket, or has mistakenly picked it up, please return it to the Family Room so the owner can claim it.



Library News

Have you ever wondered about the God of the Old Testament? In **Tough Questions about God and His Actions in the Old Testament** author **Walter C. Kaiser** deals with ten of the more difficult issues from the Old Testament. This compelling book looks at how God's work in the past is consistent with the New Testament.

Invitation To Knit – The Prayer Shawl Team has placed boxes of yarns & needles in the Library and Hall so we all have the opportunity to contribute to the knitting of our second Parish Prayer shawl. Instructions are on each box. Your stitches are welcome...please write your first name on the attached sheet each time you knit! We hope you enjoy a few minutes of prayer & knitting as you chat or enjoy coffee hour. Thank you for your participation in this Parish Project! – Blessings from the Prayer Shawl Team.

"PARISH PULSE" NEWSLETTER OF ST. MARK'S CHURCH

SUNDAY, JULY 24, 2016

Bible Readings for Next Sunday – Hosea 11:1-11, Psalm 49: 1-12, Colossians 3:1-11, Luke 12:13-21

Seniors News - Wednesday Get-Togethers for conversation and games from 1pm to 3:30pm, with refreshments at 2:30pm: Wed. August 3. For information regarding these, and other outings, please contact: sinder@shaw.ca 604-531-4931 (Sue) and janet.cormode@gmail.com 604-531-9585 (Janet)

Prayer Chain Contact-The Coordinator for the Prayer Chain is Michael Weller. You may reach Michael at 604-538-9334 or by email at weller301@shaw.ca Your prayer requests will be prayed by the members of the chain for two weeks, and if you would like them to continue, or if things change, please contact Michael with your changes.

Summer Sunday School Needs You! – The children need volunteers to lead them each week, June 24 - Sept. 4. Class plans are provided. If you feel you are being called please contact Barb Walks at Church or phone her at 604-538-3568.

Flowers for the Altar – are given today to the glory of God by Karen Buchanan in loving memory of husband Don and parents Vance and Doris Nordquist; and by the Maxwell family in memory of our Mums, Dorothy and Betty, and the Boden family in memory of Hilary Fosbrook.

Lunch Basket for Hungry Children-is given today by Kevin McDermid to the Glory of God, and in gratitude for his wife Mary.

The Next Evening Contemplative Prayer Service is this evening at 7pm in the Family Room.

Bales To The North – The A.C.W. is collecting for the Bales to the North. Of need at this time are layette items for both girls and boys up to the age of 24 months. These items must be new. The biggest need is for Baby towels and face clothes, plastic pants, burp pads and booties. They have also asked for clothing for both boys and girls from size 2 and up, especially pants, skirts, shorts and tops. They would also like small games, toys, colouring books, crayons, pencil crayons, puzzles, as well as children's books; also school supplies. For adults, as well as the clothing, towels, sheets and blankets. They would also like crossword books and small embroidery kits. Thanks for your contributions.

Upcoming Events

Monday, July 25

9am – Exercise – Hall

Tuesday, July 26

Family Room in use in the morning

Wednesday, July 27

9am – Exercise – Yoga - Education Centre

10am – Service – Sanctuary

Friday, July 29

9am – Exercise - Hall

Monday, August 1 OFFICE IS CLOSED

Office Hours

Monday 9am to noon (Closed on Aug. 1)

Tuesday 9am to 3pm

Wednesday 9am to 3pm

Thursday 9am to 3pm

Friday 9am to noon