# "PARISH PULSE" NEWSLETTER OF ST. MARK'S CHURCH

# **SUNDAY, JANUARY 17, 2016**

**THANK YOU** The Edmonds family would like to thank our Church family for all the love, prayers and cards during this difficult time.

#### Annual Vestry Meeting Date - Sun. Feb. 21

Dear St. Mark Parishioners,

On your behalf the Clergy and Wardens have decided to postpone our Annual Vestry meeting until Sunday Feb. 21. The extra time is needed so we can include complete Financial Statements for 2015 in the Annual Report to Vestry, which is crucial information to have for that meeting. Because the official notice for the Vestry meeting hasn't been sent out yet, changing the Vestry meeting date at this time is much easier than waiting and changing the meeting date later on. For these reasons, the Annual Vestry meeting will now be held on Sunday Feb. 21, 2016. Official notice of the Vestry meeting will be distributed in the first week of February. If you have any questions about this change please feel free to speak to one of your wardens. God bless, Catherine Featherstone, Rector's Warden Roger Hussen, People's Warden & Brian Switzer, People's Warden

<u>Living The Anglican Way: A Lenten Journey, led</u>
<u>by Deacon Steve Bailey</u>-Come celebrate our

Anglican heritage and contemporary reality in this 6-part Lenten experience on the following Thursday evenings, from 7:30-9:15pm in the Family Room:

Feb. 11 & Feb. 18 & Feb. 25 & Mar. 3 & Mar. 10 & Mar. 17.

Topics include: Our Heritage of Anglican Worship Wround the World; Anglicanism as a Christian Way of Life-History and Liturgy; Anglicanism in terms of the Gospel & Historic Christianity; Being the Body of Christ-the Compass-Rose Model of Anglicanism; Anglican Spirituality - Practices to Support our Walk with Jesus; "To into all the world", Canadian & World Anglicanism in Mission; and finally, Outreach-some current issues. Contact Steve at <a href="mailto:sbailey1047@shaw.ca">sbailey1047@shaw.ca</a> or phone 604 936-9078 to sign up or for further information.

# **Guest Speakers at Ladies Evening Guild**

Meeting-David & Ruth Ullstrom are home from Taiwan and will be speaking to us about the organization they belong to = Overseas Missionary Fellowship. Our meeting is on Tues. Jan. 19 at 7pm in the Family Room, and the Ullstrom's will be speaking at 7:30pm. Ruth is the daughter of Pam & Peter Niblock and belonged to our Bible Study Group which met on Fri. mornings. If you wish to join us we would love to see you.



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**St. Mark's Hosts a 2016 Lenten Lunch** on Thurs. Feb. 25 at First United Church. We need helpers to make soup, set tables, butter buns, make tea, coffee, and/or serve. Please get in touch with Debbie Maxwell at 604-538-6319 to volunteer. On Feb. 25 all helpers need to be at First United by 10am. If you are only able to make soup, that needs to be at First United Church by 11am on Feb. 25. Thank you in advance for your participation in this wonderful fellowship.

<u>Lunch Basket for Hungry Children</u>-is provided this week to the Glory of God in thanksgiving for God's many blessings.

Next Sunday Bible Readings - Nehemiah 8:1-3, 5-10, Psalm 19, 1 Corinthians 12:12-31a, Luke 4:14-21

**2016 Flower Chart**-The flower chart is posted in the Hall. Please sign up to give flowers on a date of significance for you or maybe when your favourite flowers are in season. The flowers are given to Church members who also get to enjoy the flowers. There are no flowers during Lent but when Easter arrives we want to celebrate the living Christ with lots of colour and flowers, on Easter Sunday and for the rest of the year.



The Christian life is not static. Our souls are redeemed and equipped for motion. We are pilgrims making head way - not just towards heaven, but towards God. This journey is neither easy nor quick. We all struggle. Some find it easier to accept stagnation as the norm. We may even become adept at going through the motions of Christianity without making much progress. Lent is a season for spiritual reflection – a time to turn our hearts towards God.

For those who sense their souls have been in the same place too long or for the ones who are striding towards God, but feel alone – you are invited to meet every Sunday during Lent in the Family Room @ 7:00 pm. We will gather for silent prayer, mutual encouragement and in the hope of this grace; God will provide the very thing we seek. Join us during Lent – it's time for a "Change of Heart."

For further information, please see the poster in the narthex or speak to Lynne Hurd, Janet Scott or Scott and Miriam Tolhurst.

<u>Library News</u>-The Audio Section in the Library has just expanded greatly due to the generosity of a donor. Come in and have a look. Lots of CDs for your listening pleasure. And.....



....if you like
Fantasy/Suspense then
Patrick Carr's The Shock
of Night is for you. Willet
Dura has been asked by the
King of Bunard to
investigate a crime, but the
clues lead to contradictions
and questions without

answers. Dura is pulled into a dangerous conflict that threatens not only his city but his entire world. This one will keep you reading long into the night to find out what happens.

<u>Prayer Chain Contact</u>- Lynne Hurd is the contact and she can be reached at: 604-542-2772, or at Lynneh1@telus.net.

<u>St. Mark's Youth</u>- Youth Nights are Tuesdays at 7pm in the Youth Room. Join our Facebook page or sign up for our newsletter at <a href="https://www.stmarkbc.org/youth">www.stmarkbc.org/youth</a>.

**Seniors News**-Wednesday Get-Togethers for conversation and games from 1pm to 3:30pm, with refreshments at 2:30pm. Alternate Wednesdays. The next one Wed. Jan. 20. For information regarding other outings please contact:

<u>sinder@shaw.ca</u> 604-531-4931 (Sue) and <u>acormode@shaw.ca</u> 604-531-9585 (Janet)



### **SOUPER SUNDAY IS COMING!**

It will be available in the Church Hall after both the 8am and 10am Services, next Sun, Jan, 24.

Healing Service- with the Eucharist, 10am this Wed., Jan. 20 – come and experience the healing touch of our Lord Jesus. Everyone is welcome. James 5:16 "...pray for each other so that you may be healed. The prayer of the righteous (person) is powerful and effective."

**<u>Bible Study</u>**-Join the Tuesday Morning Bible Study with Betty Bear on Tues. morning in the Family Room; 9:30-11:30am.

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# **Upcoming Events**

#### Monday, January 18

9am - Exercise - Hall

#### Tuesday, January 19

9:30 - Bible Study - Family Room

7pm - Ladies Evening Guild Meeting - Family Room

7pm - Youth - Youth Room

#### Wednesday, January 20

9am - Exercise - Hall

10am - Healing Service - Sanctuary

1pm – Seniors Get Together – Hall & Family Room

#### Thursday, January 21

2pm - Outreach Committee - Family Room

#### Friday, January 22

9am - Exercise - Hall

#### Saturday, January 23

9am - Strategic Planning Comm. Mtng. - Family Room

9am - Soup Preparation - Kitchen

#### Sunday, January 24

Souper Sunday - Outreach Committee

#### **Office Hours**

9am to 12noon on Monday and Friday. 9am to 3pm on Tuesday & Wednesday & Thursday.