



St. Mark – Ocean Park Anglican Church

12953 20TH Ave., Surrey, BC, V4A 1Z1, Tel: 604-535-8841
email office@stmarkbc.org, www.stmarkbc.org

A Shared Coffee/Tea Time at 9am on Sunday, August 16-we will be having a shared coffee/tea time (and yummy cookies) at 9am on Sunday, August 16, for both our 8am and 10am congregations to meet together for fellowship. For that one Sunday there won't be a coffee/tea time after the 10am service. Summer is a good time of year for a shared coffee/tea time as there is no regularly scheduled choir or Sunday School. Mark August 16 at 9am on your calendar and we hope to see you there.

Watering the Garden-Due to the recent watering restrictions we have had to shut down most of our automatic sprinkler system. We need volunteers to hand-water our flower gardens. Without this help there is a real possibility we will be unable to enjoy our beautiful flowers throughout the summer. If you are interested and have some free time to help out, please contact:

Roberta Braddock 604-538-8642,

braddock@telus.net

or Brian Switzer 604-612-5022, swit@telus.net

Prayer Chain Contact- is Michael Weller. He can be reached with your requests at 604-538-9334 or at weller301@shaw.ca

The Lunch Basket for Hungry Children- is provided this week by Carol Scott to the Glory of God and in thanksgiving for God's many blessings.

St. Mark's Youth-Tuesday evening youth nights will resume on September 8. Join our Facebook page or sign up for our newsletter at www.stmarkbc.org/youth/ to hear about special summer activities!

Next Sunday's Bible Readings-2 Samuel 18:5-9, 15, 31-33, Psalm 130, Ephesians 4:25-5:2, John 6:35, 41-51

"PARISH PULSE" NEWSLETTER OF ST. MARK'S CHURCH

SUNDAY, AUGUST 2, 2015

Library News - What Are You Afraid Of? by Dr. Davis Jeremiah identifies and explains what is at the heart of nine of our greatest fears and lays out a biblical plan for overcoming each one of them. A very thought provoking read.



Seniors News-“Get Togethers” are alternate Wednesday afternoons. The next one is this Wednesday, **August 5**. There will be a short break for the rest of August until the next get together on Wed. September 9. Contacts are:

sinder@shaw.ca 604-531-4931 (Sue) and

acormode@shaw.ca 604-531-9585 (Janet)

ST. MARK'S WOMEN'S RETREAT

God: In Us, With Us, For Us

September 11-13, 2015

Bethlehem Retreat Centre

2371 Arbot Road, Nanaimo, B.C.

Open to all the women of St. Mark's; 25 spots available;

Cost: \$280 per person plus ferry costs (carpooling will be encouraged). Fee includes 5 meals, accommodation and program;

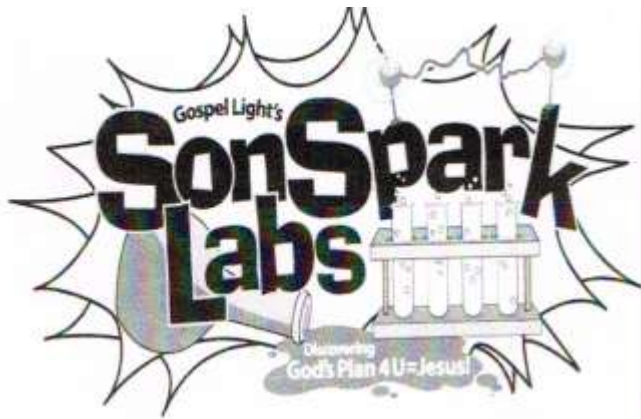
To register: Contact Janet Scott at church or by phone at 778-828-8974;

Facilitator: Esther Hizsa MDiv; is a Spiritual Director and a writer from Burnaby, B.C. She completed her Master of Divinity degree from Regent College in 2005. She worked part-time in parish ministry from 2006-2014. She was trained as a Spiritual Director through SoulStream from 2007-2010. In 2013, she went on to train to give the Ignatian Spiritual Exercises. She is a member of the SoulStream

Community and a facilitator of its spiritual formation course, 'LivingFrom the Heart'. Her first book, 'Stories of an Everyday Pilgrim' will be available in the Fall of 2015. She is married, has two adult children and two grandchildren.

If you are interested in helping out on the Retreat Planning Committee, please contact Janet.

If you are yearning to deepen your daily walk with God, please join us for a weekend that promises to be rich!



WHERE: St. Mark's Ocean Park
WHEN: August 24-28, 2015
COST: FREE for kids 4-12 years
(Jr. Leaders In Training-10 & 11 years)
(Youth Leaders - 12 - 18 years)

Come join us for a great time where we will explore The amazing SonSpark Labs. We will trace God's life-changing plan as it's revealed from Creation to the present and on into the future. We'll find answers to life's most important questions. We will discover that God loves us and that through Jesus we can be members of God's family and personally experience God's plan for each of us - God's Plan for You is Jesus!

OFFICE HOURS

9am to 3pm Mon. through Thurs.
10am to 1pm Friday

Upcoming Events

Monday, August 3

The OFFICE IS CLOSED

Tuesday, August 4

2pm – Memorial Service for Audrey Ker, with Reception in the Parish Hall to follow

Wednesday, August 5

10am – Service – Sanctuary

1pm – Seniors Get Together – Hall & Family Room

Friday, August 7

9am Exercise – Parish Hall

