



St. Mark – Ocean Park
Anglican Church

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“PARISH PULSE” NEWSLETTER OF ST. MARK’S CHURCH

SUNDAY, JULY 26, 2015

A Shared Coffee/Tea Time at 9am on Sunday, August 16-we will be having a shared coffee/tea time (and yummy cookies) at 9am on Sunday, August 16, for both our 8am and 10am congregations to meet together for fellowship. For that one Sunday there won't be a coffee/tea time after the 10am service. Summer is a good time of year for a shared coffee/tea time as there is no regularly scheduled choir or Sunday School. Mark August 16 at 9am on your calendar and we hope to see you there.

Watering the Garden No. 1-Les and Karen, of the Garden Committee, need “willing waterers” and “merciful deadheaders” from Thurs. July 30 to Fri. Aug. 14. Please help us keep the hanging baskets alive; it has been a rough year for them already. Assistance is required for: 1 hour x once a week. We thank you in advance! Call Karen at 604-541-5433.



Watering the Garden No. 2- Due to the recent watering restrictions we have had to shut down most of our automatic sprinkler system. We are in desperate need of volunteers to hand-water our flower gardens. Without this help there is a real possibility we will be unable to enjoy our beautiful flowers throughout the summer. If you are interested and have some free time to help out, please contact:

Roberta Braddock 604-538-8642,
braddock@telus.net
or Brian Switzer 604-612-5022, swit@telus.net

Prayer Chain Contact- is Michael Weller. He can be reached with your requests at 604-538-9334 or at weller301@shaw.ca

The Lunch Basket for Hungry Children- is provided this week to the Glory of God and in loving memory of Blanche Biddle.

Flowers for the Altar-are given today by Deb and Brian Maxwell in loving memory of our wonderful Mums: Dorothy, Betty and Hilary. Always in our thoughts. The Maxwell and Boden family.

St. Mark's Youth-Tuesday evening youth nights will resume on September 8. Join our Facebook page or sign up for our newsletter at www.stmarkbc.org/youth/ to hear about special summer activities!

Next Sunday's Bible Readings-2 Samuel 11:26-12:13a, Psalm 51:1-12, Ephesians 4:1-16, John 6:24-35.

Forward Day By Day-The next installment (August to October) is now available. Please see Carolyn Brown in the Narthex.

Seniors News-“Get Togethers” are alternate Wednesday afternoons. The next one is this Wednesday, **August 5**. In August there will be a short break until the next get together on Wed. September 9. Contacts are:
sinder@shaw.ca 604-531-4931 (Sue) and
acormode@shaw.ca 604-531-9585 (Janet)

Library News - In **The Case For Grace**, Lee Strobel writes a compelling and highly personal account about grace, focusing on God's transforming work in the lives of men and women today. With unusual candor, Lee draws upon his own journey from atheism and explores the depth and breadth of God's redeeming love for spiritually wayward people.



ST. MARK'S WOMEN'S RETREAT

God: In Us, With Us, For Us

September 11-13, 2015

Bethlehem Retreat Centre

2371 Arbot Road, Nanaimo, B.C.

Open to all the women of St. Mark's; 25 spots available;

Cost: \$280 per person plus ferry costs (carpooling will be encouraged). Fee includes 5 meals, accommodation and program;

To register: Contact Janet Scott at church or by phone at 778-828-8974;

Facilitator: Esther Hizsa MDiv; is a Spiritual Director and a writer from Burnaby, B.C. She completed her Master of Divinity degree from Regent College in 2005. She worked part-time in parish ministry from 2006-2014. She was trained as a Spiritual Director through SoulStream from 2007-2010. In 2013, she went on to train to give the Ignatian Spiritual Exercises. She is a member of the SoulStream Community and a facilitator of its spiritual formation course, 'LivingFrom the Heart'. Her first book, 'Stories of an Everyday Pilgrim' will be available in the Fall of 2015. She is married, has two adult children and two grandchildren.

If you are interested in helping out on the Retreat Planning Committee, please contact Janet.

If you are yearning to deepen your daily walk with God, please join us for a weekend that promises to be rich!

OFFICE HOURS

9am to 3pm Mon. through Thurs.

10am to 1pm Friday

Upcoming Events

Monday, July 27

11am – Celebration of Life – Sanctuary

12noon to 1pm – Reception – Hall & Kitchen for the late Elizabeth Buburuz

Tuesday, July 28

9:30 to 11:30am – Visit by students attending the Diocesan Leadership School – Hall & Kitchen & Sanctuary & Family Room & Education Centre & Office

Wednesday, July 29

9am – Exercise – Hall

10am – Service – Sanctuary

Friday, July 31

9am Exercise – Parish Hall

The OFFICE WILL BE CLOSED ON
Monday, August 3



WHERE: St. Mark's Ocean Park

WHEN: August 24-28, 2015

COST: FREE for kids 4-12 years

(Jr. Leaders In Training-10 & 11 years)

(Youth Leaders - 12 - 18 years)

Come join us for a great time where we will explore The amazing SonSpark Labs. We will trace God's life-changing plan as it's revealed from Creation to the present and on into the future. We'll find answers to life's most important questions. We will discover that God loves us and that through Jesus we can be members of God's family and personally experience God's plan for each of us - God's Plan for You is Jesus!

