



## St. Mark – Ocean Park Anglican Church

12953 20<sup>TH</sup> Ave., Surrey, BC, V4A 1Z1, Tel: 604-535-8841  
email [office@stmarkbc.org](mailto:office@stmarkbc.org), [www.stmarkbc.org](http://www.stmarkbc.org)

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**Healing Service**-Healing Service with the Eucharist, 10am this Wednesday, May 20 – Come and experience the healing touch of our Lord Jesus. Everyone is welcome. **James 5:16** "...pray for each other so that you may be healed. The prayer of the righteous (person) is powerful and effective."

**Kitchen Coordinator**-The Kitchen Committee is pleased to announce that Isabel Chernoff will join Roberta Braddock in the positions of Co-Kitchen Coordinators. Isabel will add considerable depth of experience to our Kitchen Ministry with her background of many years of experience as a teacher of home economics. Isabel and Roberta are expected to assume their official positions effective Mon. June 1<sup>st</sup>.

**St. Mark's Discernment Process**-Please keep St Mark's in your prayers as we go through a discernment process, where we try to learn where God wants to lead us in the future. Pray that the right people would be put forward to form a Discernment Planning Team and pray for the Holy Spirit's guidance. Catherine Featherstone will have a prayer sign-up sheet in the Hall at coffee hour where you can put down your name and make a pledge to keep St. Mark's in your daily prayers. God Bless St. Mark's.

**Sunday School Today**-Focus today is on John 17:6-19. Jesus teaches the power of prayer.

**The Lunch Basket for Hungry Children**-is provided this week by Betty-Ann Bainbridge and Ian Bainbridge to the Glory of God and in gratitude for His many blessings.

**Prayer Chain Contact**- is Michael Weller. He can be reached with your requests at 604-538-9334 or at [weller301@shaw.ca](mailto:weller301@shaw.ca)

**Next Sunday's Bible Readings**-Acts 2:1-21, John 15:26-27, 16:4b-15

**St. Mark's Youth**-Youth gather on Sundays at 10am in the Youth Room for their learning series: "Burning Questions". Also join us on Tuesday evenings at 7pm for our FUN weekly evening Bible Studies as we get to know characters from the New Testament. For more information, or to sign up for our newsletter, visit [www.stmarkbc.org/youth/](http://www.stmarkbc.org/youth/)

**Flowers for the Altar**-are given today by Tim Rendell to the Glory of God and in loving memory of Arthur Stephen Rendell and Margaret Helen Buller Rendell.

## "PARISH PULSE"

### NEWSLETTER OF ST. MARK'S CHURCH

**SUNDAY, MAY 17, 2015**

**Special Guest Speaker**-On Wed., June 10 Hilary King will be at St. Mark's at 7pm to speak to us about her unique knitting project that aids African newborns. She personally takes knitted clothes to families in Rwanda. The ACW invites everyone to hear her speak and to see the premiere of her video.

**Are You A Young Adult Aged 18-40 !**-An exciting new study group has begun every other Wednesday evening! We meet at 6pm for dinner and a time of prayer and a discussion based on the Forgotten God video study by Francis Chan. Interested? Of course you are! Contact Heather Davies at: [daviesheather@hotmail.com](mailto:daviesheather@hotmail.com) to get plugged in.

**Seniors News**-"Get Togethers" are alternate Wednesday afternoons. The next one is on **Wednesday, May 27** from 1pm to 3:30pm. Games are in the Family Room, chatting in the Library, and everyone gathers for refreshments at 2:30pm. Contacts are: [sinder@shaw.ca](mailto:sinder@shaw.ca) 604-531-4931 (Sue) and [acormode@shaw.ca](mailto:acormode@shaw.ca) 604-531-9585 (Janet)

**Evening Guild's Bursary**-St. Mark's Evening Guild is pleased to once again offer the Isabel Hutchison Bursary. This award is available to any full-time member of the congregation in any level of a degree or diploma program. The candidate should already be accepted into the program when applying. Application forms are available from the church office. The deadline for applications is Monday, June 1, 2015. If you require further information call Linda O'Donovan at 604-536-7983.



### Library News

**My So-Called Life as a Proverbs 31 Wife**-by Sara Horn is the chronicle of a one year experiment to see if a 21<sup>st</sup> century woman can be a Proverbs 31 wife. Through humility and humor Sara discovers a new way to define being a godly woman, wife, and mom, how investing in family and faith brings surprising results, and how mistakes are opportunities for growth and laughter. Join Sara as she offers you full access into her one-year domestic experiment to see if this biblical model can be embraced by a modern woman...even one who can't sew.

**St. Mark's First Fruits Garden Project**—"Honour the Lord with your wealth with the first fruits of all your crops. Prov. 3:9"

**What is it?** A wonderful time of sharing God's abundance from the gardens of some of St. Mark's most avid gardeners has allowed our parish to raise in excess of \$15,000 over the past nine years. Through PWRDF, Doctors Without Borders, Loveworks and the Red Cross these monies have contributed to relief for Victims of Floods in Pakistan, Drought in Sahel, Africa, the Tsunami in Japan, Refugees in Syria and much more.

**How does it work?** Each week you may contribute flowers, fruit, vegetables, seedlings, etc. to the First Fruits table in the Parish Hall. And, following both the 8am and 10am Services we can all make a donation and take home the bounty.

**Who makes it work?** YOU! The project can only begin when we have volunteers signed up to oversee the tables on Sundays between now and September. PLEASE ... 'FILL IN THE BLANKS' ON THE FIRST FRUITS CALENDAR NOW! Thank you!

**PWRDF Nepal Earthquake Response**-PWRDF is responding to the Nepal earthquake through the ACT Alliance and its members. A second earthquake measuring 7.4 struck north-east of Kathmandu on May 12 and has caused an increase in landslides. At least 64 people were killed and 2,000 people injured. This figure is likely to rise as rescue services gain access to those affected. ACT member Lutheran World Federation (LWF) Nepal is sending an assessment team to the affected districts of Dolakha, Rasuwa and Sidhupalchowk, to identify the level of damage and emergency needs. More than 8,000 people died in the initial quake. Thanks to the generosity of concerned Anglicans and others, PWRDF has collected \$167,937 for Nepal Earthquake Relief to date. These gifts will be matched by the Canadian government, doubling their impact. **There is still time:** All donations to PWRDF between April 25 and May 25, 2015 for the Nepal earthquake relief efforts will be matched, dollar for dollar, by the Government of Canada into their Nepal Earthquake Relief Fund, which will be used to provide humanitarian relief. **NEPAL Donations**-If you wish to direct your PWRDF contribution toward relief in Nepal please clearly mark this direction on your envelope.

**Bales to the North – Special Needs/Requests:**

Blankets of all sizes; games, and small toys; baby sleepers, especially boys: sizes 6-12, 9-12, & 18-24 months; girls and boys 2 piece outfits: all sizes under size 2; girls dresses-all sizes under size 2; knitted/crocheted baby booties: blue, pink, white, yellow, green; hooded baby towels, burp pads: blue /and or green; knitted 40x40 square blankets; Vaseline (baby oil, baby lotion, shampoo, wash) all in small sizes, rattles, teething rings, brushes, combs. All items for babies under size 2 must be new. **No baby powder. No disposable diapers.** Men's clothes any type: in large or extra-large; the bales still require the usual, good used clothing from children's size 2 up, to the largest in Men's and Women's sizes. (Good coats, winter ones especially, toques, mitts, hats as well as regular clothing) Also required: bath towels, kitchen towels, blankets, quilts, duvets, afghans, and sheet sets.

**Mission Missive**-Toni Wallis is collecting articles for the next edition of the *Mission Missive*. Please contact Toni if you have an article idea.

**OFFICE HOURS**

**MON. May 18 the  
OFFICE is CLOSED**

Tues. through Thurs. 9am to 3pm  
Friday 10am to 1pm

**Upcoming Events**

**Tuesday, May 19**

7pm – Ladies Evening Guild – F. Room  
7pm – Youth Group – Youth Room  
7:15pm – ESL Alpha Course - Office

**Wednesday, May 20**

9am - Exercise – Parish Hall  
10am – Healing Service – Sanctuary  
7:30pm – Choir Practice – Sanctuary

**Thursday, May 21**

1pm – Outreach Comm. – Family Room

**Friday, May 22**

9am Exercise – Parish Hall

**Saturday, May 23**

1pm – Memorial Service – Sanctuary  
for the late Patricia Tuckey;  
Reception in the Hall follows the Service

**Sunday, May 24**

Children's Choir Rehearsal after the  
10am Service in the Sanctuary

**Saturday, May 30**

11am – 2pm – ACW's Spring Tea – Hall

